The Brook Center
Health Education & Wellbeing

Statement of Inclusive Excellence
The Division of Student Development recognizes the educational benefits of diversity for students, faculty and staff. We are committed to engaging in reflection, dialogue and experiences that both challenge and affirm multiple perspectives. Our Marianist charism calls us to value the dignity of every person and to advocate for social justice.

Overview
The Health Education and Wellbeing Graduate Assistant (GA) for the Brook Center is responsible for the creation, management, and implementation of a variety of holistic programs that assist the university community with moving toward a campus wide culture of wellbeing. Topics for programming include sleep, nutrition and food insecurity, body image, vaccinations, social media safety, infectious disease, physical health, goal setting, and other topics that develop as a need across campus and nationally. The time frame of this position is from August 1st to May 15th and includes a 20 hour work week.

Responsibilities
● Develop and implement health education and wellbeing programming, including launching campus wide initiatives and providing presentations to students in classrooms, student organizations, and student staff
● Work collaboratively with the coordinator of health education and wellbeing and utilize public health and student development theory to design, implement and assess campus wide educational initiatives, such as the LifeHacks Workshop Series, Flyer Pulse, Stress Less Week, etc.
● Co-instruct a one-credit, ten week mini course covering a variety of wellbeing topics, with a strong focus on mental health and social connectedness
● Co-advise special interest houses with a health and wellbeing focus
● Oversee operations and develop Breaking Bread, a three-week intercultural program hosted in conjunction with the Office of the Rector and Center for International Programs an average of two times a semester
● Design and implement a communication plan for Health Education and Wellbeing by crafting and distributing wellbeing communication through social media outlets, campaigns, and programs and maintain the office’s social media outlets for marketing and educational purposes.
● Assist with benchmarking, research review, and needs assessments of the student population to identify student strengths and opportunities for growth in regards to healthy lifestyle choices to inform educational programming
● Collaborate with staff throughout Student Development and with staff, faculty, administrators, and students throughout the University.
• Expected to work some nights and weekends to better assist with campus programming.
• Other duties as assigned

**Professional Development Opportunities**
• Serve as an advisor for one or more student groups
• Support students in their journey toward discovering a healthy lifestyle
• Serve on various departmental and divisional committees
• Teaching experience

**Remuneration**
• Competitive stipend
• Tuition Remission – Up to 24 credit hours, not to exceed $14,686/academic year
• Health Care: Offered enrollment in University of Dayton health care plan as applicable to Graduate Assistants

**For more information, contact:**
Coordinator of Health Education and Wellbeing
(937) 229-1292