Dear Upward Bound Students and Families,

I hope my letter finds you and your family well. I wanted to reach out to let you all know that I, and the Upward Bound staff are still here to support you.

I hope you have had a safe and restful Spring Break. Although you will be unable to physically return to school on March 30, learning still needs take place. You will have to exhibit self-discipline and responsibility in your educational efforts. This means that you will have to use self-motivation each day in accessing ALEKS and other online learning tools being offered by Dayton Public Schools. This is not the time to slack off, but to discipline ourselves to continue the great strides we were already making academically.

Stay-at-Home orders and social distancing are going to require that we be a little more creative in how we connect with our Upward Bound family. There are several ways that we will stay connected during the Stay-at-Home order:

**Chromebooks**
We are currently working to provide Chromebooks to students who do not have a desktop or laptop computer at home. If you need a Chromebook to do schoolwork online, please contact us by phone, email, or Remind to let us know.

Spectrum is offering 60 days of free internet to students:
https://www.spectrum.net/support/internet/coronavirus-internet-offer-students/

Spectrum also offers their Internet Assist Program to families that qualify:
https://www.spectrum.com/browse/content/spectrum-internet-assist

Low cost internet is also available from Internet Essentials at www.internetessentials.com.

**Zoom**
We will be meeting virtually via Zoom. Zoom is a teleconferencing platform that allows people to have face-to-face meetings using a computer or a phone. The Zoom app can be downloaded from the Google Play or Apple App stores, or by going to their website at www.zoom.us. You will need to create an account to use the app or the website, but that is free.

Ms. Ashantice will meet with you all weekly on Zoom on the same schedule as after school tutoring:

- Mondays—Meadowdale @4:00pm, **Meeting ID: 250-882-856**
- Tuesdays—Dunbar @3:00pm, **Meeting ID: 815-774-978**
- Wednesdays—Belmont @4:00pm, **Meeting ID: 748-689-171**

We will also conduct other sessions, such as our Saturday sessions via Zoom. To earn points toward your stipend, you will need to participate in the Zoom meetings. If you are unable to participate due to lacking the technology needed to participate, please let us know.

**Phone**
As always, you can reach us by phone at the main UD-UB number: (937) 229-3580.
Email
We are also available via email:
Dr. Ieesha Ramsey  irmsey1@udayton.edu
Ms. Ashantice Johnson-Knox  johnsonknoxa1@udayton.edu
Ms. Elizabeth Kindell  kindelle1@udayton.edu

Remind
If you need to add yourself to the Remind text messaging:

Students: Text @udub2018 to 81010
Parents: Text @udubp to 81010

Remind is the fastest way for us to communicate with students and parents, as important communications and quick questions are communicated this way. And messages can be sent both ways through Remind.

Facebook
You can also follow us on Facebook for updates: U Dayton Upward Bound

One Call Now
We will also communicate via One Call Now to keep you updated. If your phone number has changed within the last 6 months, please email your new number to irmsey1@udayton.edu so that the calling list can be updated.

We are truly living in unprecedented times. However, we are all in this together and we will all come through it. Please use wisdom and common sense--if you do not need to go out for essential reasons, please stay home. Wash your hands well (for 20+ seconds) and wash them often. And this last one is the hardest thing to do of all--Don’t touch your face. The virus can enter our bodies through our eyes, nose, and mouth.

Please stay focused on your goals so that when all of the Stay-at-Home orders and quarantines are lifted, you can continue on to success. Now that Spring Break has ended, it is time to get back to work and strive toward success!

All the Best,

Ieesha Ramsey

Dr. Ieesha Ramsey
Director
University of Dayton Upward Bound Program