Thank you for your inquiry about changing your major into the Department of Health and Sport Science. We offer informational change of major meetings during the fall and spring semesters and ask that you plan to attend one to learn more about the qualifications that must be met in order to transfer to the department. Please complete this Google Form before attending a change of major meeting: https://forms.gle/XShqy7qWmmYjieDj8

We recognize that students are often seeking advice on what courses they should take in the upcoming semester if they are wanting to change into HSS and/or waiting to complete requirements. However, we are unable to advise you until you are in the department. You must seek advising from your current major/advisor.

Review the required courses for our majors in the catalog or using the "What If" option in DegreeWorks:

1. **Filter by degree**  
   a. Bachelor of Science in Health Science  
   b. Bachelor of Science in Sport and Wellness

2. **Filter by major**  
   a. Dietetics  
   b. Health Science  
   c. Sport and Wellness

3. **Filter by concentration**  
   a. B.S. in Health Science   
      i. Integrative Physiology  
      ii. Exercise and Movement Science  
      iii. Occupational and Behavioral Studies  
   b. B.S. in Sport and Wellness  
      i. Health and Fitness  
      ii. Community Health  
      iii. Sport Management

Several courses that apply to our degree programs are open to all majors (e.g. CAP courses, ACC 200), and some courses in the department are open to all majors (e.g. HSS 201, HSS 295). This is noted in the course registration page.