

**Dr. Rebecca M. Gonter-Dray EdD, RDN, LDN**  
Clinical Coordinator in Dietetics & Assistant Clinical Professor  
Department of Health and Sport Science  
University of Dayton

**EDUCATION**

**Doctor of Education in Leadership for Organization (EdD)** **2023**  
University of Dayton, Dayton, OH  
*Dissertation in Practice title: Enhancing the dietetic undergraduate cultural competency journey.*

**Master of Science in Education in Human Services** **2018**  
University of Dayton, Dayton, OH

**Bachelors of Science in Dietetics** **1994**  
University of Cincinnati, Cincinnati, OH

**POSTGRADUATE TRAINING**

**Board Certified as a Specialist in Pediatric Nutrition** **2005-Jan 2021**  
Commission on Dietetics & Registration

**Supervised Practice: Dietetic Internship**  
**1994-1995**  
Miami Valley Hospital, Dayton, OH

**LICENSURE/CREDENTIALS**

*Registered & Licensed Dietitian/Nutritionist (819317)* **1995 - Present**  
Commission of Dietetic Registration

*Licensed Dietitian (4044)* **2007-Present**  
State Medical Board of Ohio

**AWARDS/RECOGNITION**

- Nutrition and Dietetics Educators and Preceptors (NDEP) North Central Outstanding Dietetic Educator Award in the Didactic Program in Dietetics category (2025)
- Ohio Outstanding Dietetics Educator Award (2025)  
Academy of Nutrition and Dietetics & Ohio Academy of Nutrition and Dietetics
- Ohio Recognized Dietitian of the Year Award (2019)  
Ohio Academy of Nutrition and Dietetics
- Nominated for Student Leadership Awards - Advisor for SDA (2022)  
University of Dayton

**PROFESSIONAL EXPERIENCE**

**Administrative Experience** **2018- Present**  
*Clinical Coordinator in Dietetic*  
University of Dayton  
Department of Health and Sport Sciences

**Faculty Experience** **2018-Present**  
*Assistant Clinical Faculty*  
Department of Health and Sport Sciences-Dietetics  
University of Dayton

<i>Adjunct Instructor</i> Department of Health and Sport Sciences-Dietetics University of Dayton	2008-2018
<b>Clinical/Practitioner Experience</b>	
<i>Dietitian Liaison, Dayton Children's Hospital</i> Dayton Children's Hospital, Dayton, OH	2013-2018
<i>Nutrition Blog and Nutrition Media Representative</i> Dayton Children's Hospital, Dayton, OH	2012-2018
<i>Dayton Children's Logo Ambassador</i> Dayton Children's Hospital, Dayton, OH	2016-2018
<i>Clinical Work Workgroup Volunteer Coordinator</i> Dayton Children's Hospital, Dayton, OH	2017-2018
<i>Nutrition Clinic Dietitian</i> Dayton Children's Hospital, Dayton, OH	2013-2018
<i>Pediatric Intensive Care Dietitian</i> Dayton Children's Hospital, Dayton, OH	2000-2013
<i>Pediatric Home Health Care Dietitian</i> Dayton Children's Hospital, Dayton, OH	2000-2013
<i>Clinical Dietitian</i> Upper Valley Medical Center, Troy, OH	1996-2000
<i>Level II Special Care Nursery</i> Upper Valley Medical Center, Troy, OH	1998-2000
<i>Level II OB/Women's Services Unit</i> Upper Valley Medical Center, Troy, OH	1998-2000
<i>Prenatal Clinic</i> Upper Valley Medical Center, Troy, OH	1998-2000
<i>WIC Nutritionist, Women, Infants and Children</i> Montgomery County, Dayton, OH	1995-1996
<b>Business Experience</b>	
<i>Owner &amp; Registered Dietitian Consultant, G-D Nutrition, LLC</i> Vandalia, Ohio	2008-Present

### Teaching and Advising

#### **COURSES**

##### **Courses Taught**

##### ***University of Dayton, 2011-Present***

1. HSS 113 Introduction to Dietetics 2018-present, Fall semester

- a. Integrated intentional weekly vocational discernment assignments and activities along with the dietetics profession, 2020
2. HSS 395 Nutrition in the Lifecycle 2018-present, Fall semesters up to 2021; Spring 2022-present
  - a. Mid evaluation, 2018
  - b. Became a HSS elective, 2022
3. HSS 210 Introduction to Foods lecture 2020-present, Fall semester
4. HSS 210 Introduction to Foods Lab 2020-2022, Fall semester
  - a. Updates course site for semester for adjunct professor to teach
  - b. Dinner and the Desert experiential learning for theme meal located off campus, 2023-present
5. HSS 295 Nutrition and Health, 2018-present, Spring semester
  - a. Updates course site for semester for adjunct professors to teach
  - b. Moved online course to in-person format (2024), taught Spring 2024 (2 sections), 2025 (1 section)
  - c. Communicates with 1-5 adjunct professors and assists with troubleshooting student needs
  - d. Taught in summers 2019, 2020, 2021, 2022
  - e. Study Abroad to Italy, 2024 summer
6. HSS 431 Sports Nutrition, 2019, 2021, Spring semester
  - a. Updates course site for semester for adjunct professor to teach
7. HSS 309 Theories and Techniques for Health Behavior Change, 2023-present, Fall semester
  - a. Collaborated with program, Community Health, and the Brook Center and developed course and obtained curriculum approval, 2023
8. HSS 304 Institutional Quantity Food Production and Buying, 2022, Spring semester
9. HSS 494 – Assessment of Nutritional Status, 2021, 2022, Spring semester
  - a. Co taught Spring 2021
10. HSS 302 Community Nutrition, 2025, Spring semester

## **Study Abroad**

### ***University of Dayton***

1. CAP/HSS focused Program in Italy, 2024 Summer
  - a. Co-created program with History of Foods professor
  - b. Identified and organized activities to support learning abroad
  - c. Provided mental and academic support for students abroad
  - d. Supported students' cultural competence and humility journeys while abroad

### ***Interprofessional Education***

#### **Integrative Culinary Medicine Program (2022 to present)**

- Developed and implemented interprofessional education curriculum, 2023-2025
- Collaborates with Grandview Medical Center physician lead regarding program
- Provides education each academic year to 50 medical residents (Grandview Hospital) and UD dietetic undergraduate and graduate students
- Guest lecturer, Culinary Medicine (2018, 2019, Mar 2021, April 12, 2022, April 23, 2022)

#### **Guest lectures for undergraduate programs**

- Personal and Community Health- Abortion chapter (2019)
- HSS 114 – Explanation Dietetics program and profession (2024)

#### **Guest lectures for interprofessional graduate programs (2018-present)**

- Doctor of Physical Therapy program on Sports Nutrition (2018, 2019, 2021, 2022, 2023)
- Counselor Education's master's program on Mood and Food (2018, 2019)
- Masters Dietetics & Nutrition Pediatric Outpatient Nutrition Counseling (2019)

## **ADVISING AND MENTORING**

### ***Academic Professional Advising***

2018-2019: 21 undergraduates

2019-2020: 20 undergraduates  
2020-2021: 24 undergraduates, 6 graduates  
2021-2022: 16 undergraduates (Fall 2021); 23 undergraduates (Spring 2022)  
2022-2023: 25 undergraduates (Fall 2022); 17 undergraduates (Spring 2023)  
2023-2024: 12 undergraduates (2023 Fall), 25 undergraduates (2024 Spring)  
2024-2025: 31 undergraduates

### ***Engagement and Recruitment***

1. Meeting with prospective students to UD Dietetics program
  - 2023-2024: \_\_\_ undergraduate
  - 2024-2025: 2 undergraduate, 1 high school
2. MDN optional interview – UD representative (Fall 2024)
3. University of Dayton Open Houses (2018-Present)
4. MDN/PH Open Houses
  - 2024: 1

### ***Research Advising***

Graduate Research Committee member

#### *Ongoing (4)*

1. Ian McDonald (MDN): Expected completion December 2025
2. Christina Green (MDN): Expected completion December 2025
3. Audrey Musselman (MDN): Expected completion December 2025
4. Ann Vigil (MDN): Expected completion December 2025

### ***Honors Thesis Advisor***

#### *Ongoing (1)*

1. Katherine Heublein: Expected completion April 2026

#### *Completed (12)*

1. Anna Fiessinger (MDN): 2024  
“Peer Mentoring in Dietetics Programs”
2. Elizabeth Bockler (MDN): 2024  
“Exploring Early Career Dietitians’ Perceptions of Vocational Discernment”
3. Naomi Juergens (MDN): 2024  
“The Factors Influencing the Frequency of Parental Engagement of Preschool-Age Children in Home-Cooking Using the Theory of Planned Behavior”
4. Haley Beeler (MDN): 2023  
“Cooking Skills for the Adult”
5. Rachael Harmon (MDN): 2022  
“Exploring the relationship between fine motor skills, cooking skills, nutritional intake, and cooking exposure among preschool children”
6. Cara Confer (MDN): 2022  
“Exploring the relationship between fine motor skills, cooking skills, nutritional intake, and cooking exposure among preschool children- Parent’s perspectives”
7. Haley Stewart (MDN): 2022  
“Parental Involvement in a Sports Nutrition Education Program”
8. Amber Marks (MDN): 2022  
“Sport Nutrition Education with Adolescent Athletes”
9. Jess Groch (MDN): 2021  
“Building Student Athlete Self-Efficacy to Improve Diet Quality and Body Composition”
10. Taylor Paeth (MDN): 2021  
“Dietetic Student Involvement in a Sports Nutrition Education Program for University Athletes”
11. Gabrielle Palmeri (MDN): 2020

“Breastmilk Promotion Strategies in the NICU and Employing Theory of Planned Behavior to Determine Breastfeeding Continuation of Preterm Infants Post-Discharge”

12. Elizabeth Miles (MDN): Fall 2020

“How the Eating Identity Impacts Food Shopping Behaviors”

Professional Dietetic Internship Inservice Advisor

*Completed (4)*

1. Ashley Wolf (MDN): 2023  
“Supplement use in Sports Nutrition”
2. Jess Groch (MDN): 2021  
“DEI in the Dietetics Profession”
3. Abigail Hill (MDN): 2020  
“Update to Infant and Child Nutrition”
4. Liana Sans (MDN): 2020  
“Effectiveness of the Health at Every Size (HAES) approach to nutrition counseling versus promoting caloric restriction and exercise for people who are overweight and obese”

## **PROFESSIONAL PRACTICE/DEVELOPMENT/RESEARCH**

### **PROFESSIONAL PRACTICE AREA: CLINICAL COORDINATOR IN DIETETICS**

**ACEND Accredited Program- undergraduate on program in dietetics**

- Coordinates and leads Registered Dietitian Nutritionist community collaborative meetings (2018, 2019)
- Manages, safety trainings for dietetic majors that volunteer with community partners
- Manages affiliate agreements between Dietetics Program and community partners
- Co-manages UD Alum LinkedIn

***Manager Produce One Food Lab (2023-Present)***

Student Food Lab worker

- Meets weekly and communicates regularly with Student Food Lab worker
- Coordinates weekly cleaning
- Manages shared lab calendar
- Manages community events in lab
  - 2023:
    - Fall: 1 day weekly by HST 379 History of Foods, 1 University group, 1 athletic team with RDN
  - 2024:
    - Spring: 2 days weekly by HST 379 History of Foods
    - Summer: 1 Community organization
    - Fall: 2 University group, 3 University club

***Advisor***

Student Dietetic Association (2018-Present)

- Mentor students in leadership roles as they serve university, program, and community; semester check-ins
- Added leadership roles: DEI, Food Pantry, Food Recovery
- Advising social media group for a college cookbook (2022-2024) and recipes for Food Pantry (2023)

Sports Nutrition & Wellness Club (2018-Present)

- Mentor students in leadership roles as they serve program, university, and community; semester check-in's
- Mentor majors in sports nutrition assessment, evaluation, intervention, and nutrition counseling
- Connects UD program alum to mentor students in club activities

Culinary Club (2024-Present)

- Mentor students in leadership as they serve the university

- 6 times an academic year uses Food Lab space for club meetings

### ***Mentor***

1. Gem City Market remote cooking demonstration (Spring 2021)
  - Six videos created with mentoring of 7 students in this project
2. Collaboration with Communications (2021-Present) (6)
  - Collaborates with UD Communications Department on embedding dietetics major cooking demonstration into Advanced Communication's and Lighting classes
  - Mentor dietetic majors in selecting recipe, storyboarding recipe, practicing, preparing self and set for filming
    - 2024: Halle Reed, [Magical Meals](#)
    - 2024: Sofia Yonkus, [UniversityDelights](#)
    - 2023: Rachel Bull, [UD College Cookbook](#)
    - 2023: Kate Sebastian and Sofia Yonkus, [UD elicious](#)
    - 2022: Allison Ladd, [Lemony Summer Squash and Orecchiette](#)
    - 2021: Allison Ladd, [Avocado Feta Dip](#)
3. East End community cooking demonstrations (2018-20)
4. Nutrition education posters for the University of Dayton RecPlex (2018-22)

### **Masters of Dietetics and Nutrition partnered Premier Health Dietetic Internship**

#### ***Preceptor (12)***

University of Dayton Sports Nutrition rotation for PH dietetic internship (MDN) (2020-Present) (12 students)

- Manages rotation for those interested MDN students
- Collaborates with Premier Health Dietetic Internship Director on rotation needs
- Creates rotation, collaborates with UD and non-UD Sports RDN alums for rotation, provides networking connection for graduate students
- Mentor majors in sports nutrition assessment, evaluation, intervention, and nutrition counseling
  - Fall 2020: 2 students
  - Fall 2021: 1 student
  - Fall 2022: 4 students
  - Fall 2023: 4 students
  - Fall 2024: 1 student
- Provided interactive DEI seminar on Cultural Humility Practices in 2021 as part of Premier Health's preceptor internship workshop

#### ***Selection Committee, member***

Masters of Dietetics and Nutrition partnered Premier Health Dietetic Internship (2019-Present)

- Review of internal and external applications

### **RESEARCH and SCHOLARLY ACTIVITIES**

#### ***Refereed Journal Articles (3)***

1. Stewart., H, Marks, A., **Gonter-Dray, B.**, and Cuy Castellanos, D. (2023). Goal Setting and Parental Participation in a piloted High School Football Sports Nutrition Education Program, *Journal of Nutrition and Exercise*, 6(1). <https://doi.org/10.53520/jen2023.103135>
2. Confer C, Castellanos DC, Beerse M, **Gonter-Dray R.** Parental perceptions of nutritional intake, cooking skills, and food skills among preschoolers. *Nutrition and Health*. 2023;0(0). [doi:10.1177/02601060231200517](https://doi.org/10.1177/02601060231200517)
3. Groch, J, **Gonter-Dray, R.** Cuy Castellanos, D. Building Collegiate Student-Athlete Self-Efficacy to Improve Diet Quality through a Pilot Nutrition Intervention. (2022). *Journal of Exercise and Nutrition*, 5(2). <https://doi.org/10.53520/jen2022.103122>

#### ***Articles Under Review***

### **Ongoing (1)**

1. 2023-Present: Undergraduate IPE Scoping Review

### **Dissertation in Practice (1)**

1. **Gonter-Dray, R. M.** (2023). *Enhancing the Dietetic Undergraduate Cultural Competemility Journey* [Doctoral dissertation, University of Dayton]. OhioLINK Electronic Theses and Dissertations Center. [http://rave.ohiolink.edu/etdc/view?acc\\_num=dayton1687969573860093](http://rave.ohiolink.edu/etdc/view?acc_num=dayton1687969573860093)

### **Invited Presentations**

#### *National and State*

#### *Refereed State Conferences and Symposium Presentations (2)*

1. **Rebecca Gonter-Dray**, Marisa Van Schuyver (May 15, 2015) *Cutting Edge: Clinical Dietitian Roles in Pediatrician Offices*. Ohio Academy of Nutrition and Dietetics State.
2. **Rebecca Gonter-Dray**, Marisa Van Schuyver (September 5, 2014) *Cutting Edge: Clinical Dietitian Roles Outside the Hospital*. Ohio Nutrition Council.

#### *Local*

1. **Rebecca Gonter-Dray** (July 21, 2023) *Enhancing the Dietetics Undergraduate Cultural Competemility Journey*. [University of Dayton Summer 2023 Leadership in Organizations Scholars' Conference](#). Dayton, OH.
2. **Rebecca Gonter-Dray** (September 12, 2017) *Motivational Interviewing*. Dayton Dietetic Association meeting. Dayton, OH.
3. **Rebecca Gonter-Dray**, Emilie Westcott (September 13, 2016) *Registered Dietitian Liaison Program*. Dayton Children's Obesity Grassroots Roundtable to AAP 2015 president, Dr. Hassink. Dayton, OH.
4. **Rebecca Gonter-Dray**, Marisa Van Schuyver (May 6, 2015) *Cutting Edge: Clinical Dietitian Roles in Pediatrician Offices*. Dayton Children's Hospital Grand Rounds. Dayton, OH.
5. **Rebecca Gonter-Dray**, Marisa Van Schuyver (September 9, 2014) *Cutting Edge: Clinical Dietitian Roles in Pediatrician Offices*. Dayton Dietetic Association. Dayton, OH.
6. **Rebecca Gonter-Dray** (August 2003) *Pediatric Vegetarianism*. Medical Grand Rounds. Dayton Children's Hospital. Dayton, OH.

#### *Community*

1. **Rebecca Gonter-Dray** (May 9, 2024) *The Dietetics Program at the University of Dayton*. University of Dayton. Dayton, OH.
2. **Rebecca Gonter-Dray** (July 20, 2023) *What influences the development of cultural competence and cultural humility for the undergraduate dietetic major?* University of Dayton EdD Immersion Program – Breakout session panelist. Dayton, OH.
3. **Rebecca Gonter-Dray** (May 13, 2022) *What influences the development of cultural competence and cultural humility for the undergraduate dietetic major?* University of Dayton EdD Immersion Program – Breakout session panelist. Dayton, OH.
4. **Rebecca Gonter-Dray** (November 12, 2021- 3 times) *Functional Nutrition*. Marianists University of Dayton Leadership Scholars group. Dayton, OH.
5. Diana Cuy Castellanos, Matthew Beerse, **Rebecca Gonter-Dray**, Gerry Gallo (April 23, 2021) *Pilot Nutrition, Fitness and Injury Screening Clinic - Accomplishments and Outlook*. University of Dayton Thomas Hunt Day. Dayton, OH.
6. **Rebecca Gonter-Dray** (October 19, 2021) [Cultural Humility Practices](#). Premier Health, Dayton, OH.
7. **Rebecca Gonter-Dray** (April 3, 2019) *Heart disease is related to 1 in every 4 deaths. Do you have the lifestyle that increases your risk?* Cargill Corn Milling, Inc, Dayton, OH.
8. **Rebecca Gonter-Dray** (March 27, 2019) *Heart disease is related to 1 in every 4 deaths. Do you have the lifestyle that increases your risk?* Cargill Corn Milling, Inc, Dayton, OH

## **Print Media Authored Articles**

### Articles

1. **Rebecca Gonter-Dray** (1998) *Diet and Colon Cancer*. Upper Valley Medical Center Cancer Committee's Annual Report. Troy, OH.
2. **Rebecca Gonter-Dray** and Alex Iasuda (1995) *Making Casseroles*. Pro-Health magazine. Miami Valley Hospital. Dayton, OH.

Dietitian/Mommy Blogger, *Activities to Zucchini*, Dayton Children's Hospital (2011-2018)

Dayton, OH

o Authored 156 blogs

o Sample blogs:

- o [The newest craze in packing your lunch](#), November 14, 2017
- o [Six tips for picky eaters](#), November 5, 2017
- o [Recipe: gluten free strawberry pretzel salad](#), August 30, 2016
- o [4 ways the Fitbit can change your home](#), May 23, 2016
- o [What influences our supermarket decisions](#), December 3, 2015
- o [What I think about what kids drink](#), March 3, 2015
- o [Balancing a Child's Thanksgiving Plate](#), November 26, 2014
- o [Easy energy breakfast bars recipe](#), September 30, 2014
- o [Jimmy Kimmel asks "What is Gluten?"](#), May 28, 2014
- o [Stay healthy with 5210!](#), July 30, 2013
- o [What's making our kids overweight?](#), April, 2, 2013
- o [More bang for your buck](#), October 23, 2012
- o [How to thaw a turkey](#), November 22, 2011
- o [How to pack a healthy school lunch](#), September 30, 2011

Guest Blogger (2012- 2013)

Academy of Nutrition and Dietetics

- o Tips for a Healthy School Year, Kids Eat Right blogroll, August 2015
- o 2014 NNM Activities to Zucchini blog, March 2014

Dayton Mom Spot

- o What are Probiotics, November 12, 2012
- o 6 Tips in Dealing with Picky Eaters, January 15, 2013

## **Print/Web Media Interviews (12)**

1. "Don't Let Cookouts Turn Your Stomach", Cox Media, July 10, 2017
2. "Is it okay to eat? Dining out when your child has food allergies". Dayton Parent Magazine. (September 1, 2014)
3. "A Pediatric Nutrition Specialist Mom Gives School Lunch Advice". Dayton Daily Newspaper. (August 6, 2014)
4. "[Spreading Awareness about Food Allergies](#)". Dayton Daily Newspaper. (May 13, 2014)
5. "[Make Nutritious Eating a Lifestyle](#)". Dayton Daily Newspaper. (March 11, 2014)
6. "[Keeping Kids Active on Snow Days](#)". Dayton Daily Newspaper. (January 10, 2014)
7. "[Sugar and knowing your healthiest options](#)". Dayton Daily Newspaper. (December 20, 2013)
8. "Healthy Eating During the holidays". Dayton Parent Magazine. (November 2013)
9. "Avoiding Childhood Obesity". Dayton Parent Magazine. (September 2013)
10. "Enjoy Halloween without Overindulging". Dayton Daily Newspaper. (September 6, 2013)
11. "Pack a powerfully healthy school lunch". Dayton Daily Newspaper. (August 27, 2013)
12. "[Healthier School Lunches Leave Some Students Hungry](#)". Dayton Daily Newspaper. (October 4, 2012)

## **Broadcast Media Interviews (12)**

Registered Dietitian Nutritionist, Television & Newspaper Interviews (2012-present)

Dayton, OH

1. "Cooking as a family in my Home". Fox 45. (November 7, 2018)
2. "AAP Juice Guidelines". Fox 45. (July 25, 2017)
3. "Teal Pumpkins Promise Treats for kids with food allergies". WDTN. (October 28, 2015)
4. "Making Healthy Choices". Fox 45. (January 29, 2015)
5. "Making the Grade: Healthy Breakfasts". Fox 45. (August 18, 2014)
6. "Making the Grade: Getting Those Picky Eaters to Eat". Fox 45. (August 12, 2014)
7. "Making the Grade: Packing Healthy Lunches". Fox 45. (August 4, 2014)
8. "Experts Question Banning Whole, 2% Milk in Day Cares". Fox 45 TV. (April 29, 2014)
9. "First Lady Pushes No Junk Food Ads in Schools". Fox 22. (February 26, 2014)
10. "Obesity now a Disease". Channel 2/CW. (July 10, 2013)
11. "Celiac Disease". Channel 2. (May 22, 2013)
12. "USDA Smart Snacks for Schools Guidelines". Channel 2/CW. (February 19, 2013)

Registered Dietitian Nutritionist, Television Cooking Demonstrations (2011- Present) (14)

Dayton, OH

1. Living Dayton Cooking with UD Student [Avocado Feta Toast](#). WDTN. (December 16, 2021)
2. Living Dayton Cooking with UD student [Avocado Feta Dip](#). WDTN. (December 9, 2021)
3. [Living Dayton Summer Fruit Boats](#). WDTN. (July 27, 2016)
4. Living Dayton Low Carb Recipes. WDTN. (November 9, 2015)
5. Living Dayton Chocolate Bark. WDTN. (December 23, 2014)
6. Living Dayton After School Snack. WDTN. (October 6, 2014)
7. Living Dayton Healthy Bean Soup. WDTN. (September 24, 2014)
8. Breakfast on the Go – 3 healthy tips. Fox 45. (August 26, 2013)
9. Living Dayton Packing School Lunches. WDTN. (August 6, 2013)
10. Living Dayton Making Fruit Parfaits. WDTN. (July 31, 2013)
11. Crazy over Chickpeas cooking hummus. Fox 45. (July 8, 2013)
12. Living Dayton Making pancakes for breakfast. WDTN. (April 2, 2013)
13. Living Dayton How to Build a Healthy Salad. WDTN. (March 6, 2013)
14. Living Dayton Craisin Pumpkin Muffins. WDTN. (November 21, 2012)

Registered Dietitian Nutritionist, YouTube (2013-2014) (3)

Dayton Children's Hospital

Dayton, OH

1. [Show Me the Sugar](#) (December 26, 2014)
2. [A Child's Thanksgiving Plate](#) (November 25, 2014)
3. [Healthy Lifestyles for Families](#) (May 9, 2013)

Registered Dietitian Nutritionist, Facebook Live (2017) (1)

Dayton Children's Hospital

Dayton, OH

1. "Bento Boxes" (November 14, 2017)

## **PROFESSIONAL DEVELOPMENT**

### ***Clinical/Professional Practice/Scholarship***

*Clinical Practice (CDR Portfolio Available Upon Request)*

*270 CEU of 75 CEU/5 yrs required for the 2021-2026 CEU Cycle*

### ***Academic- Institutional***

- o CITI Trained, Collaborative IRB Training Initiative (expires January 2028)
- o The Next Thing Program, University of Dayton (2018-2019)

- o Learned how to use Isidore to improve course Isidore sites (3 hours)
- o Integrating Vocation into Capstone Courses and Experiences, University of Dayton (2019-2020)
  - o Developed a better understanding of vocation and identified ideas how to integrate into HSS 113 (3 hours)
- o Exploring Vocation Amidst a Pandemic, University of Dayton (2020)
  - o Featuring Dr. Leonard DeLorenzo from Notre Dame's McGrath Institute for Church Life with reflection on the topic (2 hours)
- o Teaching Fellows, University of Dayton (2020-2021)
  - o Selected 1 of 16 university wide to participate in intensive training for teaching (180 minutes every month times 8 months)
- o Anti-Hazing, University of Dayton (2022-Present)
- o UD's IC series - Session 1: The Underlying Aspect of Culture, Monday, January 24, 2022, IEA Series - What is Intercultural Competence and How Does it Impact What I Do
- o Topic: ACEND Diversity Webinar: Panel Discussion on Strategies to Improve Diversity and Inclusion in Dietetics Education, May 17, 2022

### ***Community***

- o Virtus Trained, National Catholic Risk Retention Group, Inc (2015-2023)
  - o Trained on the best practices designed to help prevent wrongdoing and promote right doing within Catholic religious organizations (2 hours training plus monthly mandatory training bulletins)

## **SERVICE**

### **APPOINTED**

#### ***University***

#### ***Unit***

#### ***Department***

- o Member, Health and Sport Science Curriculum Review Committee (2020- Present)
  - o Chair, Health and Sport Science Curriculum Review Committee (2022-2024)
- o Member, Fitness Testing (TAPP) Committee (2020-2024)
- o Member, HSS Awards and Honors Committee (2023-present)
  - o Identified Drees Speaker 2024-25

### **ELECTED**

#### ***University***

- o CAP-C representative for SEHS (Jan 2021-Present)
- o Provost Faculty Voice Advisory (2024-Present)

#### ***Unit***

- o Executive Congress Committee as CAPC-C representative (2021-2022)
- o Undergraduate Academic Affairs Committee as CAPC-C representative (Jan 2021-Present)

#### ***Department***

- o Chair, Health and Sport Science Curriculum Review Committee (2022-present)

### **OTHER**

#### ***University***

#### ***Completed***

- o Subject matter project advisor: *Better Box*. Engineering Capstone Project. Easton Alger, Kumail Alkhatem, Abdulmohsen Alsagan, Da'Ron Chinn, Lauren Drankoff (2020)

- o Subject matter project interviewee: Communications Project Registered Dietitian Nutritionist interviewee with Gretchen Hianik (2022)

### **SEARCH COMMITTEE SERVICE**

- o Member: Sport Management Tenure Track Search Committee, failed search Spring 2022

### **PROFESSIONAL SERVICE**

#### ***Reviewer Activities***

- o Journal of Dietetic Education Peer Review, February 2023
- o “Nutrition Support” chapter in 2<sup>nd</sup> edition of the Pediatric Manual of Clinical Dietetics

### **COMMUNITY SERVICE**

- o Volunteer and leader: St. Vincent de Paul Monthly lunch program, 2019-present
- o Chaminade Julianne Science Fair Judge, 1998
- o Chaminade Julianne youth sports volunteer at Dayton Greek Festival, 2016- 2019
- o Volunteer, Dayton Foodbank, 2018- 2020
- o St. Christopher boys’ volleyball coach, 2014- 2020
- o Chaminade Julianne Capstone mentor, 2017
- o Recess and cafeteria worker volunteer, St. Christopher Catholic grade school, 2016-2017

### **PROFESSIONAL MEMBERSHIPS**

Member: Academy of Nutrition and Dietetics

Member: Ohio Academy of Nutrition and Dietetics

Member: Dayton Dietetic Association

Member: Sports and Human Performance Nutrition DPG

Member: Pediatric Nutrition Practice Group DPG

Member: Food and Culinary Professionals DPG

Member: Nutrition Educators of Health Professionals DPG

Member: Dayton Dietetic Association

- Council for Professional Interest (2019-2020)

- President, Dayton Dietetic Association (2020-2022)

- Nominating Chair, Dayton Dietetic Association (2022-present)