



University of Dayton

Special Programs and
Continuing Education



OSHER LIFELONG LEARNING INSTITUTE

Fall Program Catalog

September 18-November 3, 2023

Online Registration Begins August 7, 2023



Celebrating 29 Years of Lifelong Learning!

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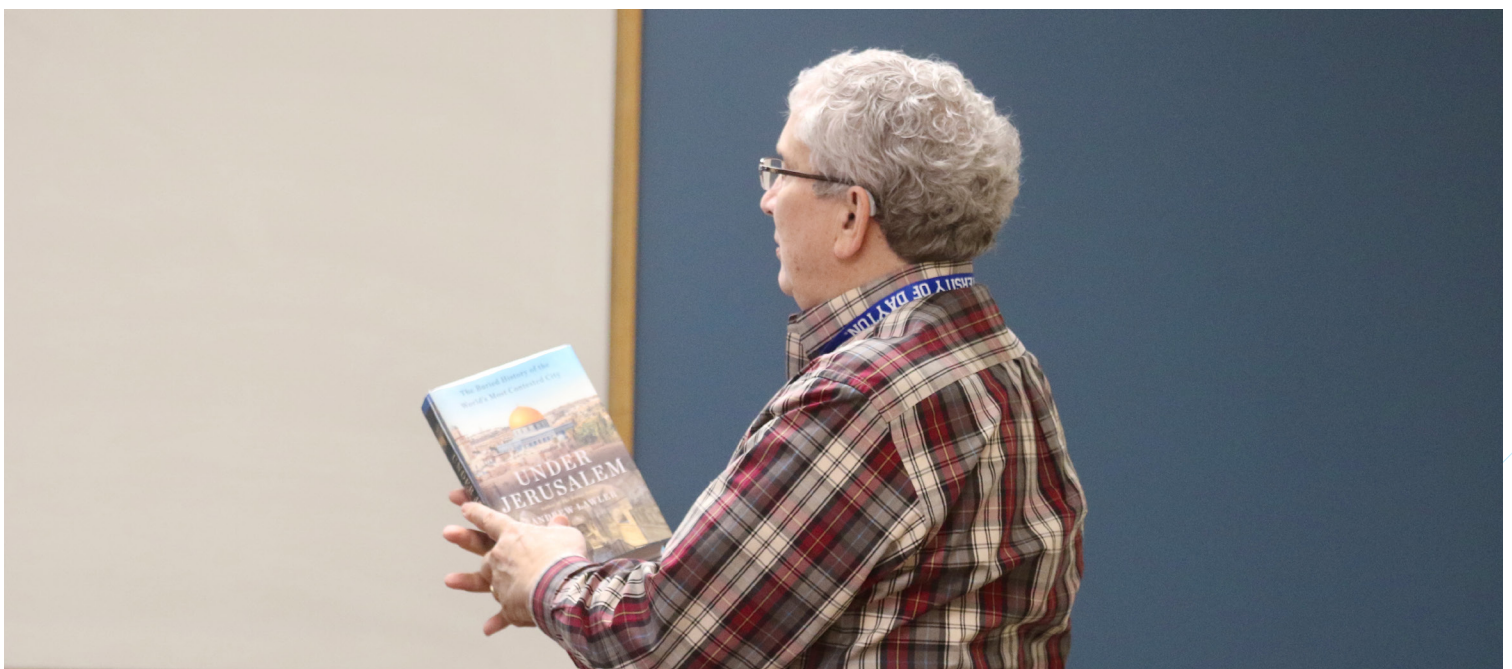
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WELCOME TO THE OSHER LIFELONG LEARNING INSTITUTE AT THE UNIVERSITY OF DAYTON

The Osher Lifelong Learning Institute (UDOLLI) began 29 years ago as the University of Dayton Institute for Learning in Retirement or UDILR. Since 2004, we have been proud members of the Osher Lifelong Learning Network, a group of more than 100 institutes across the country dedicated to meeting the needs of adult learners over 50 years of age who wish to gather for the joy of learning and personal fulfillment.

OUR MISSION STATEMENT

The purpose of the Osher Lifelong Learning Institute at the University of Dayton is to offer adults 50 years or better a wide variety of seminars based on the peer-learning concept and designed to be intellectually stimulating in an informal and noncompetitive environment.

We are a vibrant community

We are adults with wide-ranging interests in art, current events, health and fitness, history, literature, music, religion and science. A curriculum committee works with the Executive Director of Special Programs and Continuing Education to select our curriculum on the basis of member requests, the expertise of moderators, variety and balance. Moderators include University of Dayton (UD) professors and community professionals who lead peer-to-peer informal lecture and discussion seminars that typically meet once a week for two hours, for three to eight weeks.

Our seminars are noncredit

There are neither tests nor grades, nor educational requirements. Participation is essential, ranging from keeping up with assigned readings and contributing to seminar discussion to sharing the results of one's own research. A majority of our seminars are held on the University of Dayton River Campus in Daniel J. Curran Place, 1700 South Patterson; others are on the UD main campus with a few at off-site locations, such as the Boonshoft Museum of Discovery. The map on page 56 identifies the location of Daniel J. Curran Place and other UD buildings.

UDOLLI is a cooperative venture

We rely on the contributions and participation, both in seminars and out, of each member. Members assist the Executive Director of Special Programs and Continuing Education by moderating seminars, coordinating lecture series, leading small group discussions, organizing activities and volunteer projects, serving on the board of advisors and committees, acting as seminar liaisons, helping in the office and volunteering for all other tasks that keep us going.

Becoming a member of UDOLLI is easy

Registering for seminars is simple and convenient. Page 55 gives complete registration information and procedures. Once you register for a seminar, you automatically become a UDOLLI participating member for the current academic year. The term of membership conforms to the academic calendar, beginning in September and ending in June.

Friends of the Institute are individuals who donate \$80 or more each year to support UDOLLI's goals; Life Members are individuals making a one-time donation of \$2,000 or more; and Distinguished Service Life Members are individuals giving UDOLLI extraordinary service. Life and Distinguished Members may attend seminars at no cost.

We are part of the University of Dayton's Office of Special Programs and Continuing Education, which is directed by Julie Mitchell and sponsors lifelong learning and professional development programs. Founded in 1994 as the University of Dayton Institute for Learning in Retirement, we have grown from the original 98 members to more than 2,000 members.

Enjoy member benefits

As a UDOLLI member, you are invited to participate in UDOLLI activities and related continuing education-sponsored events such as the Duane W. Chapman Senior Symposium, Senior Fellows undergraduate audit program, New Horizons Music, Dayton Celebration Chorus and University programs. Page 51 gives more information about these programs.

As a UD community member, you are invited to participate in UD-sponsored activities such as lectures, recitals, and art and cultural events, and enjoy campus privileges such as Roesch Library and the RecPlex (membership fee required). You're welcome to shop at the UD bookstore and eat at the campus coffee bars or Riverview Cafe, Curran Place. For identification, you'll use your name badge received upon registering for your first seminar.

You may qualify for a grant

If you meet certain financial criteria, you may qualify for a UDOLLI grant, entitling you to enjoy all UDOLLI member benefits and attend seminars at no cost or a reduced cost. Please contact Julie Mitchell at jmitchell1@udayton.edu, or call the office of Special Programs and Continuing Education at 937-229-2605 for additional information. All requests are confidential.

RTA

If you wish to ride the RTA, call the RTA Ride Line at 937-425-8300 for schedule and senior discount information.

Are you interested in moderating a seminar?

UDOLLI is grateful to its volunteer moderators who share their knowledge and provide a comprehensive curriculum. Moderators become Friends of the Institute for the academic year in which they teach. They and their spouses can enjoy member benefits and may attend seminars during the year at no cost. If you are interested in learning more about becoming a moderator, Julie Mitchell will be happy to talk with you. Call Special Programs and Continuing Education at 937-229-2605 or email jmitchell1@udayton.edu for more information.

UDOLLI Privileges

Your UDOLLI nametag gives you access to:

- University Libraries
- The RecPlex (membership fee required)
- UD bookstore

Call 937-229-2347 for more information.

For questions and additional information

UDOLLI is interested in helping you attain your lifelong learning goals. To read our catalog online, visit go.udayton.edu/UDOLLI. For more information or to be added to our mailing list, please call the office of Special Programs and Continuing Education at 937-229-2605 or 937-229-2347.

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Intermediate/Advanced iPad

Red Lanyard Technology Review

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More International Murder Mystery Videos: Seminar V

Movie Music NEW

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Beginner Pickleball

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Walking Along the Waters 1.0 NEW

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Prologue to Civil War: America in the 1850s

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Introduction to Geology

Dining in Dayton Sampler

Wines of France and Italy (aka More Fun with Grapes) NEW

An Introduction to the Amazon Rainforest

Travel Adventures 2023

No Bubbles, Still Wine

Beginner Mah Jongg

Introduction to Artificial Intelligence NEW

Behind the Scenes of University of Dayton Athletics

Celebrating Metroparks: Anniversary Year — Looking Back, Planning Ahead

Fabulous Fall Flavors NEW

Baseball History 1900-1960 NEW

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Football 101

Advanced Football Strategies

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How to Communicate Effectively with
Your Doctor

Antioxidant and Anti-Inflammatory Supplements
and Food Health NEW

Living and Working in Southeast Asia — What
I've Learned after 15 Years Abroad NEW



ZOOM

Worth a Second Look

Ending the War to End All Wars

Windows 11 Basics

ZOOM a Mac and Learn NEW

Story of the Miami Valley Chautauqua

Russo-Ukrainian War Today

Business in the Headlines: Contemporary
Issues for Non-Business Majors NEW

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From Role to Soul: Helpful Lessons on the
Second Half of Life NEW

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How to Communicate Effectively with
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Beyond the Suffragists: The History of the
American Women's Rights Movement

Twain, James and O'Connor Tell Us How NEW

Music from the Great Beyond NEW

Prayer: God's Gift to Us NEW

The Mathe*Magical* Nature of the Universe NEW

Grilling and Barbecuing — BarBQue U

MONDAY SEMINARS

Dining in Dayton Sampler

Don't miss this opportunity to meet some of Dayton's leading restaurant owners, chefs and a pastry expert, and experience one of Dayton's newest restaurants. The 2023 Fall UDOLLI Program speaker panel includes a combination of your favorites. Each of these establishments has a distinguished reputation among the city's "Dining Out" crowd. Their loyal customer base continues to be the catalyst for attracting new patrons over the years. You have the opportunity to learn not only about the "old days," but also behind-the-scene stories of these respected Dayton eateries and insights into the how, why and what is required to meet customers' expectations. Come hear what makes these fine eating restaurants, bistros, brewery, café and pastry shop successful.

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|----------|--|
| Sept. 18 | Ashley's Pastry, Where Details Make the Difference
Speaker: Theresa Hammonds

TBD |
| Sept. 25 | Meadowlark and Wheat Penny, Contemporary and American Cuisine
Speakers: Liz Valenti and Dave Rawson

Doubleday's Grill Tavern
Speaker: John Thomas |
| Oct. 2 | CoCo's Bistro Where You Are Always Welcome
Speaker: Karen Wick Gagnet

TBD |
| Oct. 9 | The Pine Club, One of the Great Steakhouses in the Country
and a Landmark in Dayton
Speakers: Karen Watson and Chris Ryan

TBD |
| Oct. 16 | Dorothy Lane Market, Fine Foods, Take-Out Dinner
Speaker: Jerry West

Jay's Seafood Restaurant
Speaker: Amy Haverstick |
| Oct. 23 | TBD

Marion's Piazza, Dayton's Number One Pizza
Speakers: Carol Pollack and John Davis |

6 Mondays, September 18-October 23

9:30-11:30 a.m., Daniel J. Curran Place

Pat Madden is a long-term member of UDOLLI, past president, curriculum chair and advisor.

The Influenza Pandemic of 1918-1919

The influenza pandemic of 1918-19 killed 50-100 million people worldwide. There were several major factors: That influenza variant caused hyperimmune responses, especially in young adults. World War I conditions spread the virus and disrupted social structures. Medical education and practice in the United States was also defective. This series of talks will examine these factors and explain how diseases spread (epidemiology). It will look at lessons learned and their implications for future pandemics and the recent COVID-19 pandemic.

Participants will need internet and email access to receive materials and lecture outlines.

Required Text: “The Great Influenza” by John M. Barry ISBN-10: 0143036491. \$12 new, \$2 used on Amazon.com.

6 Mondays, September 18-October 23

9:30-11:30 a.m., Daniel J. Curran Place

Rev. William Stang M.D. is a Catholic priest and physician. He retired as Professor of Biology and Dean of CORE at Saint Joseph’s College Indiana in 2017. There, he taught Microbiology/Immunology, Human Physiology, Histology and other courses for 42 years. His degrees include: Master of Divinity, Catholic Theological Union (1977), Master of Arts in microbiology-immunology, Indiana State University (1981) and Doctor of Medicine, Indiana University (1987).

Dark Comedies NEW

These comedies dare to attempt to find humor in death, even murder.

1. Joan Bennett in “The Housekeeper’s Daughter” (1937) 79 minutes
2. Alec Guinness in “Kind Hearts and Coronets” (1949) 104 minutes
3. James Whitmore in “Mrs. O’Malley and Mr. Malone” (1950) 69 minutes
4. Shirley MacLaine in “The Trouble with Harry” (1955) 99 Minutes
5. Glenn Ford in “The Gazebo” (1959) 100 minutes
6. Peter Sellers in “The Battle of the Sexes” (1960) 88 minutes

There will be an introduction before and discussion after each film.

6 Mondays, September 18-October 23

9:30-11:30 a.m., Daniel J. Curran Place

Michael McFadden has a B.S. in education (1967) and an M.A. in history, both at the University of Dayton. He taught English and social studies at Chaminade High School in Dayton from 1967 to 1973 and was a trainer at Metropolitan Insurance from 1979 to 1984. As a film buff, he has seen thousands of movies including quite a few dark comedies.

The Art of Grandparenting – 2023 Style

How have societal, medical and technological advances impacted the art of grandparenting in 2023? Join us to explore why the role of grandparent is critical to the holistic development of children and how you can maximize your relationship with your own grandchildren, despite these obstacles.

6 Mondays, September 18-October 23

9:30-11:30 a.m., Daniel J. Curran Place

Linda Fischbach has a doctorate in counselor education from the University of Cincinnati and 40+ years' experience as a licensed professional clinical counselor, RN and adjunct professor at UD. She and her husband, Wayne, have a blended family of six children and 11 grandchildren.

Introduction to iPhone

This is an entry-level seminar to better acquaint new iPhone users with features such as email, photos, Siri, calendar, alarms and features. The goal is to increase comfort in using the Apple iPhone.

6 Mondays, September 18-October 23

9:30-11:30 a.m., Daniel J. Curran Place

Neil Jones has been an active UDOLLI participant since 2005. He is a former small business owner with degrees from Miami University and Wayne State University.

The Soundtrack of Your Life NEW

Take a musical magical mystery tour to find the soundtrack of your life. This seminar will examine the specific ways that music has affected you physically, emotionally and even spiritually. Music is an evocative art form; it can instantly put you in touch with powerful memories of people and relationships, of specific times and places, and even transformational experiences.

You will be doing some informal writing, such as brainstorming and freewriting, on topics such as:

- The Power Of Music
- Music You Associate With Your Parents/Family
- Music Or Lyrics Person?
- Music You Associate With Different Periods Of Your Life
- First Concert
- Music That Saved Your Life, Etc.

You will use these prompts to help you select 10-12 songs that will make up the unique soundtrack of your life. You will write mini-narratives about each of these essential songs and turn them into a personal essay. We will examine song lyrics and play clips of your favorite songs in this seminar. In short, you will closely examine the role that music has played in your life and reflect on its relative importance to you now.

6 Mondays, September 18-October 23

12:30-2:30 p.m., Daniel J. Curran Place

Rick Strader is retired from teaching in the English Department at Wright State University, where he taught for 30+ years. He taught English 1100 (academic writing and reading), English 2100 (research writing and argumentation), English 204 (Great Books) and a few writing courses in the Honors Department. He won several teaching awards at WSU and received excellent student evaluations consistently in his seminars and online at ratemyprofessors.com. Rick received his Bachelor of Science in English education and his Master of Arts degrees in English from Wright State.

Playing with Words: Poetry Writing Workshop NEW

A poet lives inside all of us if given a chance to emerge. This seminar will give you the opportunity to express yourself in many different ways. Various forms, themes and styles will be at your disposal: from the ridiculous to the sublime, from free verse to rhyme and meter. No experience necessary, but those who do have experience may raise their game a little or try something new. The sharing of your writing will be encouraged — one on one, small group, all participants — but not required. We will read and discuss interesting models of published poets, and use these as springboards for our own writing. Feedback will be available from the moderator and perhaps from participants, according to your wishes, with an emphasis on the positive.

Seminar Limit: 20

6 Mondays, September 18-October 23

12:30-2:30 p.m., Daniel J. Curran Place

Jim Brooks taught English and creative writing at Chaminade-Julienne High School for 37 years and at Miami University for 12 years. He has published around 30 poems and is part of a network of poets in the Miami Valley area.

Zentangle III

This Zentangle seminar is for those who have taken at least one previous Zentangle seminar. No beginners, please. In this seminar we will continue to learn patterns and different ways patterns can be used in Zentangle projects or Zentangle Inspired Art (ZIA) projects. Continue your Zentangle journey using this relaxing and creative art form!

Basic Zentangle supplies will be provided by the moderator for a fee of \$15 per participant. During the course of the seminar, occasionally we might use colored pencils or markers which will not be provided, so participants will need to bring their own.

Materials Fee: \$15

Seminar Limit: 20

6 Mondays, September 18-October 23

12:30-2:30 p.m., Daniel J. Curran Place

Peg Farmer has been a Certified Zentangle Teacher (CZT) since 2010 and enjoys sharing it with other UDOLLI participants. She has been involved with UDOLLI as a student, seminar liaison and moderator since 2004. Her work experience was in social service, as well as public and private administration. In addition to Zentangle, her interests include reading, experimenting with different art forms, playing the Native American flute and supporting the Dayton Dragons.

The Ghost at the Feast — America and World Order NEW

America and the collapse of world order 1900-1941 — How America's power could affect the fate of the world — power, leadership or dominance?

6 Mondays, September 18-October 23

12:30-2:30 p.m., Daniel J. Curran Place

Terry Martin is retired from Coca-Cola USA. He majored in history, and is a book collector and seller of used books.

Beyond the Suffragists: The History of the American Women's Rights Movement

ZOOM

From the 1848 Seneca Falls Convention, when women first organized to win the right to vote, to present day and MeToo activists, the women's rights movement has had a significant impact on American society. This seminar will review the history of feminism in the United States and will consider the challenges and controversies it presents for us today.

6 Mondays, September 18-October 23

12:30-2:30 p.m., ZOOM

Dianne Herman is a graduate of the University of California at Berkeley, where she majored in History and Political Science. She earned a master's degree in political science from Pennsylvania State University. Dianne was a part-time instructor for 30 years at Sinclair College, where she taught courses in the Sociology Department. Dianne is a retired social worker who specialized in children and youth behavioral health.

Famous Battles of the American Revolution NEW

This seminar will examine the five battles of the American Revolution that won our independence. From Bunker Hill all the way to Yorktown, we will travel with the American soldiers to see how they defeated the world's greatest army. We will look at maps, tactics and videos, read eyewitness reports and study the impact of each battle.

6 Mondays, September 18-October 23

3-5 p.m., Daniel J. Curran Place

Greg Gibson is a former Presbyterian minister, attorney, professor and now a professional portrait painter. He studied history in college and theology at Princeton Seminary. He is a graduate of University of Dayton Law School and practiced law in Dayton for 35 years.

Arming American Civil War Troops — How the North and South Were Equipped NEW

Despite an overwhelming Northern advantage in industrial capacity, during most of the Civil War both Union and Confederate infantry and cavalry were equipped with small arms of adequate quantity and comparable capability. How did this happen? Why did the Union Army decide not to adopt more advanced weapons that were available? How did the South overcome its disadvantage in manufacturing? Who made these weapons, and where and how were they made? What issues were there with procurement? These questions and more will be addressed.

3 Mondays, September 18-October 2

3-5 p.m., Daniel J. Curran Place

Mike Taint, Lt. Col. USAF (retired) has 21 years' military experience, a good deal of it in weapons research and development, and acquisition. He was also a project manager in the defense industry for 15 years. He has a B.A. in history, summa cum laude, from Norwich University with a specialization in military history, a master's in computer science from University of Dayton and a master's in political science (public administration) from Wichita State University. He is a member of the Society for Military History and Ohio Academy of History. This is his fifth UDOLLI seminar.

Wines of France and Italy (aka More Fun with Grapes) NEW

Explore the classic world of French and Italian wines. We will sample several wines each week, representing the major regions of each country. During this four-week seminar, we will learn how to read the label, match wines with foods, understand the differences of each region and enjoy the wines. The purpose of the seminar is to have fun and get past the snobbery associated with the world of wine. No experience necessary. If you like to travel or have a trip planned, here is a great way to get prepared for your adventure.

Optional Texts: Optional texts to consider (available online or any major bookstore) “The World Atlas of Wine” by Hugh Johnson and Jancis Robinson (~\$36); or “The Wine Bible” by Karen MacNeil (~\$36). Used versions may be available.

Supplies and Wine Fee: \$50

4 Mondays, September 18-October 9

3-5 p.m., Daniel J. Curran Place

Dennis Hall has been involved with the American Wine Society (AWS), the country's largest consumer wine education organization, for over 30 years, including as chairman of the local Dayton chapter for the last 15 years, leading monthly educational tastings. He has managed gourmet grocery wine departments in Los Angeles and Dayton (DLM Oakwood) as well as owned Fairfield Wine in Beavercreek for six years. He has degrees in hospitality management and beverage management from UCLA as well as presented numerous professional seminars across all aspects of the wine, beer and liquor industry. He moderated the Fun with Grapes seminar previously for UDOLLI.

Agatha Christie's “Miss Marple” Movies NEW

We will watch four “Miss Marple” movies starring Margaret Rutherford: “Murder She Said” (1961), “Murder at the Gallop” (1963), “Murder Ahoy” (1963) and “Murder Most Foul” (1964). The first week will be devoted to some background information on Agatha Christie, and the last week we will watch “4.50 from Paddington” with Joan Hickson, the story on which “Murder She Said” was based.

6 Mondays, September 18-October 23

3-5 p.m., Daniel J. Curran Place

Mary Ann Gasior has a Ph.D. in English literature, taught at Wright State and other universities, and was a member of the UDOLLI Board of Advisors for six years. She has previously offered seminars on such topics as Jane Austen, F. Scott Fitzgerald, the Dayton Literary Peace Prize, Southern women writers, science fiction, and biographical movies about famous artists, as well as several on Agatha Christie and other mystery writers, the most recent focusing on the novel “Eight Perfect Murders.”

Planning for Financial Success in Retirement

This six-week-long seminar takes an approachable look at retirement preparedness — intended to help retirees focus on family, health and simply enjoying a life of personal significance, covering the following topics:

1. Laying the groundwork for financial success in retirement
2. A framework for investment and cash flow management in your golden years
3. Covering health care costs during retirement: Medicare and long-term care planning
4. Social Security claiming strategies
5. Structuring your estate plan to seamlessly pass your savings on to loved ones
6. Bringing it all together: Seminar recap and developing your comprehensive plan

6 Mondays, September 18-October 23

3-5 p.m., Daniel J. Curran Place

Sayre Payne is a financial planner with a decade of experience in the financial services and legal industries. He serves as a fiduciary for clients under the “fee-only” structure of Birchcreek Wealth Management, a Registered Investment Advisory firm in Dayton. Sayre helps clients make decisions that are aligned with their values by establishing a road map through prudent arrangement of assets, liabilities, income and expenses — in conjunction with a deep understanding of their tolerance for risk.

Sayre obtained his bachelor’s degree in international studies from The Ohio State University and his law degree from the University of Dayton School of Law. Prior to entering private practice, Sayre served in Afghanistan as an infantry officer with the 101st Airborne Division.

Worth a Second Look

A blue starburst graphic with the word "ZOOM" in white capital letters inside.

What makes a photograph worth a 1,000 words, or a second look? Capture special moments. Go beyond documentation to creation. This seminar focuses on creativity in photography.

5 Mondays, September 18-October 16

3-5 p.m., ZOOM

Susan Brenner holds a Ph.D in Teacher Education (literacy), has extensive seminar teaching (graduate and undergraduate) – in-person and online, taught workshops on photography for Sinclair and has presented workshops on photography for Friendship Force International (online).

TUESDAY SEMINARS

The Performing Arts Meet the Written Word NEW

The performing arts provide a wealth of robust stories for authors who love to write historical fiction, biographies and more. Let's explore some rich examples and discuss what we learn from each selection. We will introduce each week with some background on the authors, context for the storyline and reviews of the book. This will be followed by a discussion of the book itself.

Week 1: "Saving the Music" by Vincent B. LoCoco

Week 2: "The Violin Conspiracy" by Brendan Slocumb

Week 3: "Mao's Last Dancer" by Li Cunxin

Week 4: "The Great Passion" by James Runcie

Week 5: "The Opera Sisters" by Marianne Munson

Participants should try to read each book in advance of the related seminar if possible.

6 Tuesdays, September 19-October 24

9:30-11:30 a.m., Daniel J. Curran Place

Suzanne Crippen began her career with Ohio Bell/AT&T in 1968 as a service representative and worked for them and their divested companies until her retirement from Avaya in 2001. She earned her B.A. in sociology from the University of Dayton. She has attended seminars for UDOLLI and OLLI at the University of South Carolina for over 20 years. She has presented in the Travel Adventure Series on Ireland, Poland, Germany, Napa Valley, U.S. Capitals and a seminar on the history of the circus with her husband Patrick. Most recently they both presented a six-week seminar on postwar Germany. In spring of 2023, Suzanne moderated a seminar with Carol Prewitt on Working Toward Greater Understanding. Suzanne has read each of the books for this seminar. She has also been on the Board of Directors of the Opera Guild of Dayton and on the Dayton Philharmonic Volunteer Association for many years. She is an avid supporter of the Performing Arts in Dayton and in South Carolina.

She has also served as a seminar liaison. She travels extensively, loves gardening, volunteering for the arts community and is an avid genealogist.

Country Rock

"It's basically a Southern soul group playing country- and gospel-oriented music with a steel guitar" was how Gram Parsons described what became to be known as "Country Rock." While cross-pollination between rock and country occurred throughout the history of both genres, the term is generally used to refer to the wave of rock musicians of the late 1960s and early 1970s who began to record country-flavored records. Besides Parsons, other Country Rock founders include The Byrds, Buffalo Springfield, Neil Young, and Bob Dylan. We will follow the movement from these founders through its height of popularity in the 1970s with performers such as the Eagles, Emmylou Harris, Linda Ronstadt and The Band.

6 Tuesdays, September 19-October 24

9:30-11:30 a.m., Daniel J. Curran Place

Walt Wurst has a BBA from the University of Kentucky (1970) and an MBA from the University of Dayton (1980). Retired after working for 35 years as a financial manager for the US Air Force at Wright-Patterson AFB, Walt is now able to spend more time on his life-long affinity for all types of music of the 20th Century. He has moderated numerous seminars on various music topics.

Barbarians and the So-Called Dark Ages

Most of us have heard of the Barbarians who lived in what we've come to call the DARK AGES. But were these times really so dark? What can we learn about these people and how they lived? Were they really "so different" from the Romans who eventually defeated them?

In the last 35 years, through archaeological discoveries, we have come to learn much more about these people and what they could have contributed to the world — if the world really had the chance to know them. Historians from various universities will address these and other questions during the included short DVD clips. These barbarians include Celts, Goths, Huns, Vandals, Franks, Lombards, Angles, Saxons, Vikings and Mongols complete with timelines, maps, video clips and major figures, as well as their interactions with the Romans and WHY these tribes did not survive.

7 Tuesdays, September 19-October 31

9:30-11:30 a.m., Daniel J. Curran Place

Carolann Cannon has been reading history all her life and studying theology for the past 30+ years. She has a Master of Arts in theological studies from UD in 1986 and is certified as both a catechist and a catechetical leader by the Archdiocese of Cincinnati. She has moderated three church history seminars for UDOLLI which include the women of the period, as well as *Who Do You Say That I am — a Christology, the Crusades, the Papacy and the Bishops of Rome, and Bible Basics: The Old and the New Testaments*.

An Introduction to the Amazon Rainforest

Rainforests are one of the most endangered ecosystems in the world. This seminar provides a brief overview and introduction to the ecology of a tropical rainforest in the Amazon. We will explore these amazing forests and discover some of the unique animals, plants and wildlife found in this area of the Amazon River basin. Discussions will include why these areas have the highest diversity of life on earth, conservation efforts and Indigenous people of the rainforests. Our journey starts with traveling over the Andes mountains to Manu Biosphere Reserve, an ancient, protected rainforest. Manu is a designated UNESCO Heritage site, located in the Amazon lowland region of Peru.

5 Tuesdays, September 19-October 17

9:30-11:30 a.m., Daniel J. Curran Place

Marcia Wendeln is a tropical biologist, researcher and emeritus faculty with the Department of Biological Sciences at Wright State University. She has studied at the Smithsonian Tropical Research Institute in Panama and taught a variety of courses at Wright State for 30 years. Courses included tropical ecology, medicinal plants, Indigenous cultures and conservation biology. Field seminars in Ecuador and Peru have allowed students to explore the diverse rainforests of the Amazon. Primary research focus is wildlife conservation and endangered species in the rainforests of Central and South America.

Prayer: God's Gift to Us NEW

This seminar reflects on prayer as God's gift, God's grace to us. God takes the initiative, and we are called to respond. This meaning of prayer is illustrated by scriptural accounts of God's encounter with key biblical figures.

6 Tuesdays, September 19-October 24

9:30-11:30 a.m., ZOOM

William P. Roberts, Ph.D. is professor emeritus of theology at the University of Dayton, and the author/editor of 14 books.

Windows 11 Basics

Learn basic concepts of Windows 11 and how to navigate in and perform simple tasks on your desktop/laptop. The pace of this seminar allows for explanation/demonstration of concepts followed by hands-on opportunities on your own PC. Questions to be answered include: What IS Windows? How do I move around in it? What ARE these little pictures (icons) and what do they mean? When I save something, how do I find it again? What are flash/USB drives and the cloud? How can I type something simple in Word? I get lost in Google Chrome; how do I find my way back or how do I ever find a site again? Note that in order to avoid overwhelming participants, this seminar is held **twice each week for 60 minutes**.

Fundamental information and definitions crucial to all subsequent seminars will be covered the first session. **Please do not register if you will miss the first session.**

This seminar is not intended to fix broken PCs or to teach the installation of printers or other hardware.

This seminar is NOT "What's New in Windows 11?" Those already familiar with Windows should not register for this seminar.

This is a hands-on seminar so participants should have his/her own Windows desktop or laptop with Windows 11. Important: This seminar does NOT apply to tablets, smartphones, iPads, iPhones or other Apple devices.

Seminar Limit: 20

6 Tuesdays, September 19-October 24 AND 6 Thursdays, September 21-October 26

12:30-1:30 p.m., ZOOM

Shari Kern earned her bachelor's in computer science from the University of Dayton. She loves helping people master technology and learn to use it more effectively. She has served on the UDOLLI Board of Advisors and is a member of the Red Lanyard Team.

Prologue to Civil War: America in the 1850s

This seminar will look at key events — political, economic, social, legal and cultural — in the history of the United States between 1848 and 1861 that deepened the sectional division between North and South and led to the outbreak of the Civil War in 1861. We will also look at key individuals who played critical roles in this story. Was the conflict inevitable? And even if it was, did specific decisions and actions determine when and how it would happen?

6 Tuesdays, September 19-October 24

12:30-2:30 p.m., Daniel J. Curran Place

John Weaver is a retired history professor from Sinclair who has also taught at Wright State and UD. He holds a master's in history from the University of North Carolina at Chapel Hill and a Ph.D. from The Ohio State University, where his dissertation was on the birth of the Republican Party in Ohio in the 1850s. This is his third time moderating a seminar for UDOLLI.

More International Murder Mystery Videos: Seminar V

In this fifth international murder mystery video seminar, we'll watch more TV mysteries filmed in countries such as England, France, Germany, Italy and New Zealand. In addition to the mystery series, this session we will revisit some new episodes from previous seminars. We'll watch both quirky and serious detectives and private investigators. In addition to interesting mysteries, we'll see scenic locales and learn about the actors, creators, judicial systems, cultures and locations of these series.

NOTE: All videos are in the language of the country of origin with English subtitles.

5 Tuesdays, September 19, October 10, 17, 24, 31

12:30-2:30 p.m., Daniel J. Curran Place

Luanne Handley-Blair is a civilian retiree from the U.S. Air Force where she worked in international logistics and program management at WPAFB and in Virginia. Luanne and her husband enjoy finding and watching murder mystery movies and series from the U.S. and other countries. While living in Northern Virginia, they first started watching international mysteries that are now available through streaming channels and libraries. This will be her fifth seminar.

Stories from Life's Other Side: Listening to the Brokenness in American Society NEW

Growing up in the 1950s and early 1960s in a small railroad town in southern West Virginia the moderator for this seminar often heard a relative or neighbor describe a person as being from the "wrong side of the tracks." His mother was more circumspect, referring to such people as being from "life's other side." Even as a kid he came to understand that such folks were viewed as "ne'er-do-wells" and part of the underbelly of the community. Regular, decent folks were advised to have nothing to do with them or at best pray that their misguided lives might be turned around.

Even today many well-intentioned people are prone to immediate judgment toward drug addicts, the homeless, prostitutes, alcoholics, those with family dysfunction and generational trauma, mentally ill street people, impoverished white Appalachians and other folks living on the fringes of society. That said, our Judeo-Christian traditions proclaim a God who radically loves all people; a God who meets people in their present conditions. New Testament narratives confront us with a Jesus who was drawn to those marginalized by society; indeed, one who challenged conventional attitudes toward the broken and disenfranchised.

In this seminar we will watch interviews with several dozen individuals — folks that many might derisively suggest occupy the underbelly of American society. Each interview is between 12 and 20 minutes in length and each has the visual ability to draw us deeply into the stories shared. Through these intimate interviews we are compelled to grapple with and perhaps begin to understand the basic humanity and turning points in life that led to these individuals' present circumstances.

The interviews were conducted by a highly regarded photographer and filmmaker, and are stark, heartbreaking and often unsettling — yet they are meant to create an awareness of things that are broken in our society.

How can our society be healed or at least made better? Or are we on a downward spiral with no return? In this seminar we'll raise some troubling questions about life in America today. Maybe we'll find a few answers. Or maybe we'll just kick the can down the road again. Pointedly, this seminar is intended as an exercise in intentional listening, consciousness raising and perhaps a bit of compassion. Your moderator primarily will be in the role of conversation facilitator.

6 Tuesdays, September 19-October 24

12:30-2:30 p.m., Daniel J. Curran Place

Dr. Ed Garten is a University of Dayton emeritus dean and professor, and a UDOLLI Distinguished Moderator. An ordained United Methodist clergyperson, in an earlier life he attained extensive sensitivity and group process training while studying for his Master of Divinity. Over his career as a private consultant, he applied his process skills with over 90 colleges and universities around the United States and abroad. This will be his 21st UDOLLI seminar. He promises that this seminar will be very different than any prior seminar he's moderated. Don't expect any of Ed's off-beat humor in this seminar as no humor will be found here. But you will be challenged!

Living Younger for Longer: Movement, Nutrition and Additional Strategies for Healthy Aging

Join us to explore actionable techniques to turn on your body's key longevity switches, reduce inflammation and support the health of our immune system. Exercise, sleep improvement, stress reduction and simple dietary strategies for living a more vibrant, highly engaged, functional lifestyle will be discussed and experienced.

Come prepared to move and improve your techniques for living longer and in better health.

Recommended Text: "Food: What the Heck Should I Eat?" by Mark Hyman, MD. Available on Amazon.com.

6 Tuesdays, September 19-October 24

12:30-2:30 p.m., Personally Fit, 3578 Kettering Boulevard

Ellie Shulman in an IIN certified health and lifestyle coach and a certified yoga instructor. She taught cooking classes at Dorothy Lane Market and Lofinos Market for many years. She is a past president of UDOLLI and she has taken seminars every fall and spring since its founding in 1994.

Becky Cobb is the founder of Personally Fit, a Dayton-based personal training and wellness center. Becky is certified through ACSM, IIN and FMS, and has enjoyed helping people with their exercise and fitness programs for 40 years!

Travel Adventures 2023

In this six-week seminar, you will have the opportunity to join fellow UDOLLI members as they describe their travel adventures. In addition to viewing beautiful and informative photography, you will learn some of the history, culture and political circumstances of these locales. Destinations to be visited will include domestic locations such as Texas and the mountain states, as well as the foreign countries of Mexico, Germany, Italy and Cuba.

6 Tuesdays, September 19-October 24

3-5 p.m., Daniel J. Curran Place

Bob Evers is a native Ohioan and retired chemist who received his undergraduate and graduate degrees from the University of Dayton and Notre Dame, respectively. He retired from the Air Force Research Laboratory after 38 years of service and served also as an adjunct faculty member at Wright State University. He traveled widely during his working years and in retirement, particularly to Europe but also to Asia, South America and Africa. Bob has served as moderator of this travel seminar for the past 13 years and is always looking for volunteer presenters.

History of Jazz, Part 1

Whether you are a long-time jazz lover or a person completely new to the music, this seminar will be for you. Over the course of four seminars, we will cover the evolution of jazz, America's greatest gift to the arts.

The majority of the time will be spent listening to the music. Each recording will be introduced, describing what to listen for. At times, the moderator will demonstrate certain styles on the piano. The recordings will be accompanied by photographs of the musicians, as well as stories of their lives. If possible, video performances will be shown. Since jazz is a player's art, rather than a composer's art, one cannot separate the music from the musician.

In part one, we will cover definitions and elements of jazz, song forms, syncopation, blues tonality, swing and the most misunderstood concept — improvisation. We will then cover the prehistory of jazz (ragtime, blues, marching bands), New Orleans jazz (and what was unique about New Orleans to lead to the birth of jazz), Louis Armstrong, Chicago jazz, Harlem stride, Early Big Bands, Duke Ellington, Swing Big Bands, Kansas City jazz, and finishing with small group swing (Coleman Hawkins, Lester Young, Ben Webster, Johnny Hodges, Benny Goodman, Roy Eldridge, Art Tatum, Django Reinhardt, Charlie Christian).

6 Tuesdays, September 19-October 24

3-5 p.m., Daniel J. Curran Place

Bill Lavin recently retired after 31 years as a radiologist at Miami Valley Hospital. Dr. Lavin minored in jazz studies at Duke University, studying with noted educators Jerry Coker, Dwike Mitchell, Willie Ruff and the great Mary Lou Williams. Dr. Lavin is able to draw upon his large collection of jazz recordings and literature to present this seminar.

Tennis Instruction

Offering tennis instruction to all levels of tennis players. Participants will need to provide their own rackets.

Seminar Limit: 16

6 Tuesdays, September 19-October 24

3-5 p.m., UD Graul Tennis Complex at UD

Oliver Davis is a graduate of the University of Dayton in mechanical engineering technology, 1983. He got involved in tennis in 1969 at Dunbar High School. He's coached at the high school and collegiate levels and has taught tennis classes at Sinclair Community College for 13 years. Oliver still plays and gives private lessons to youth and adults. He also conducts youth and adult tennis camps.

Twain, James and O'Connor Tell Us How NEW

The works of Twain, James and O'Connor all thrill with their power and skill and human understanding. As all great writers do, each of them covertly intended to influence their readers' thinking and behavior. But they disagreed with each other. Heartily. Reading some of the finest stories, we shall enjoy ferreting out their creators' intentions and how much of their varying beliefs we would choose to use as worthy prescriptions for our own lives.

6 Tuesdays, September 19-October 24

3-5 p.m., ZOOM

Frank Henninger taught college and graduate courses in American and world literature for 57 years, and continually for UDOLLI since its first years. He directed the University of Dayton American Studies Program 1968-98.

No Bubbles, Still Wine

Restaurant wine lists provide a great guide to what the Wine Director and the Chef think will pair well with what is on the menu. Good pairings make the entire dining experience better. Some pairings are fairly simple — a nice cabernet or Tuscan goes easily with steak. But when you're faced with more exotic seasonings and flavors, how does the restaurant decide on their recommendations? This seminar will look at wine lists from the perspective of restaurants offering Mexican and Asian spices and small plates. We'll also discuss why you don't need to drink white wine with fish all the time.

The seminar will start with a session by a local wine distributor. Following sessions will be on site at local restaurants and will include tasting opportunities and discussions with the restaurant's Wine Director.

Seminar Limit: 25

6 Tuesdays, September 19-October 24

3-5 p.m., Daniel J. Curran Place and various area restaurants

Tom Gaudion has attended UDOLLI seminars over the last six years, including Bill Schuerman's bread seminar. He now bakes sourdough bread in a wood-fired oven at Carillon Brewing Company. He has moderated seminars in Dayton's Beer History for UDOLLI. He joined the UDOLLI Board of Advisors in 2021.

WEDNESDAY SEMINARS

Innovation that Changed the Direction of Civilization NEW

This seminar is about major human innovations through history and how they significantly changed the course of civilization. The control of fire for heat and cooking nearly a million years ago was, perhaps, the first major development to make human lives better. Since then, certain developments in transportation, energy, agriculture and trade have changed the direction of human civilization. An explosion of innovations since 1850 led directly to an explosion in human population. What were the events of that period and why did they happen?

While technology has served to advance our civilization, we must now consider the cumulative impact of these developments on our resilient, but limited, planet. We will also speculate about significant future technologies that will move us in new directions.

5 Wednesdays, September 27-October 25

9:30-11:30 a.m., Daniel J. Curran Place

Tom Cammel is an enthusiast of astrophysics, space exploration and technology. He has moderated seminars about *Exploration of the Cosmos*. He has an engineering degree from the University of Dayton and is a retired product manager from Trimble Navigation.

Music from Broadway and Hollywood NEW

In this seminar we will look back at the many great songs of Rodgers and Hammerstein and many other great songwriters who made Hollywood and Broadway a musical dream. We will see and hear the songs from “South Pacific,” “The Sound of Music,” “Oklahoma,” “Carousel” and “My Fair Lady.” The seminar will include many other music and musical films including “Phantom of the Opera,” “The Lion King,” “Camelot,” “Funny Girl” and “Chicago.” The Disney classics, “West Side Story,” “Breakfast at Tiffany’s,” “Cats,” “Singin’ in the Rain” and many others will be included. Music from the films and Broadway shows will be played.

Discussion about the music and songwriters will follow each 40-minute presentation.

6 Wednesdays, September 20-October 25

9:30-11:30 a.m., Daniel J. Curran Place

Gary Ruff has degrees from Wright State University and University of Dayton. He is a retired high school teacher. Gary’s hobbies include music and adult softball. He previously moderated over 50 seminars for UDOLLI. Gary has over 4,000 45 RPM records from mostly the 50s, 60s and 70s. Gary has moderated *History of Sci-Fi Films*, *Major Events of the 20th Century* and many music seminars.

Important, but Unfamiliar Speeches in American History

This seminar will explore famous speeches in American history that have been largely forgotten. Some were given by famous figures, others by “saints behind the scenes.” They all impacted and shaped our history. One prevented a military takeover of Congress; another saved the Constitution; another led to the resignation of Nixon. All of them remind us of the power of words.

6 Wednesdays, September 20-October 25

9:30-11:30 a.m., Daniel J. Curran Place

Greg Gibson is a former Presbyterian minister, attorney, professor and now a professional portrait painter. He studied history in college and theology at Princeton Seminary. He is a graduate of University of Dayton Law School and practiced law in Dayton for 35 years.

Bring a Mac and Learn

This three-week seminar offers hands-on instruction for MacBook laptop users. You must bring your MacBook to every session. Topics covered include: basic navigating, system preferences, organizing files and some of the most popular apps, including: calendar, photos and Safari. Moderator will be demonstrating with the latest operating system, Ventura. Seminar size is limited and consistent attendance is required. If you are uncertain about your equipment, contact the moderator, Mary Riordan, before signing up for the seminar.

NOTE: There is an alternative ZOOM seminar covering the same material on three later dates. Please sign up for only ONE of these seminars.

Seminar Limit: 15

3 Wednesdays, September 20-October 4

9:30-11:30 a.m., Daniel J. Curran Place

Mary Riordan is a long-time Mac user. She is rarely seen without her laptop. Her professional background is in educational technology, high school teaching and guidance counseling.

ZOOM a Mac and Learn NEW

ZOOM

This three-week ZOOM seminar offers intermediate instruction for Mac computer users. Topics covered include: Basic navigating, System Preferences, organizing files and some of the most popular apps, including: calendar, photos and Safari. Moderator will be demonstrating with the latest operating system, Ventura. Seminar size is limited, and consistent attendance is required. If you are uncertain about your equipment, contact the moderator, Mary Riordan, before signing up for the seminar.

NOTE: There is an alternative in-person seminar covering the same material on three earlier dates. Please sign up for only ONE of these seminars.

Seminar Limit: 10

3 Wednesdays, October 11-25

9:30-11:30 a.m., ZOOM

Mary Riordan is a long-time Mac user. She is rarely seen without her laptop. Her professional background is in educational technology, high school teaching and guidance counseling.

From Role to Soul: Helpful Lessons on the Second Half of Life NEW

ZOOM

What makes the biggest difference in having a good and long life? This four-session seminar will review the major tasks in “the second half of life” as reflected in the works of Jung, Rohr, Tolle and Harvard research. We will review the transition from our role identity to being more true to our heart and soul with the importance of letting go and dealing with regrets, mystery and meaning.

One of the key tasks is “facing death;” we will discuss the research on near-death experiences and its contribution to the dying process. This seminar is a combination of lectures, meditations, poems and some great questions for discussion.

Seminar Limit: 30

4 Wednesdays, September 20-October 11

9:30-11:30 a.m., ZOOM

Roger Fortman has been a consultant, executive coach, teacher and licensed clinical counselor for over 35 years. He has worked with UDOLLI for the past 15 years as a consultant and moderator. He has been an executive coach and national presenter for the National Hospice and Palliative Care Organization in Washington, D.C. and a leadership instructor at the University of Dayton’s Center for Leadership. He has done international training work in Sweden.

Beginner Pickleball

Pickleball is the new cool sport. Think of it as ping pong meets badminton meets tennis, and since it’s on a smaller court anyone can play! Join us for a ton of fun and a little bit of friendly competition. The seminar will be held at the Activity Center Park, 221 N. Main Street, Centerville. It will be outside, so please dress accordingly.

Please bring a pickleball paddle. If you do not have one, a few extras will be available to use during the lesson.

6 Wednesdays, September 20-October 25

12:30-1:30 p.m., 221 North Main Street, Centerville

*This seminar will be moderated by two **Loris**, a **Stephanie** and a **Jack**. The four of them started playing three years ago and fell in love with the game. It has changed their lives. They can now run faster, jump higher, move like lightening and their hair has never been shinier.*

Grilling and Barbecuing – BarBQue U

ZOOM

This seminar will cover the history of grilling/smoking foods; the equipment and fuels used; rubs and sauces used; cooking methods; the preferred foods, meats, fruits and vegetables used; baking pizza; maintenance of your equipment; and propane and fire safety. Cookout party themes, decor, table setups, libations and background music will be reviewed.

2 Wednesdays, September 20 and 27

1-3 p.m., ZOOM

Tom Perry is an oral surgeon and is an accomplished “Hobby Chef” with a diverse interest in cuisines. He is from Texas where Barbecue is known as its own “Food Group” and where preparing it is a way of life. Besides sourdough bread baking, pizza making and cooking diverse cuisines from scratch, his outdoor passion is in grilling and/or smoking techniques. He helped acquire the Lang Competition BarBQue Smoker at Moraine Country Club and has cooked for the membership there on many occasions. He teaches a variety of classes at the Dorothy Lane Market Culinary Center where he creates his own recipes. He was featured in Food Editor Ann Heller’s Column of the Dayton Daily News on two occasions for his gourmet dutch oven cooking. He is very excited to share his passion for outdoor cooking with you in this seminar!

Introduction to Geology

We will look at several geology topics to better understand the planet on which we live. We will look at common rocks and minerals, and learn how to identify them. We will study the Earth's structure to include global plate tectonics, and deformation and fracture of rocks. We will investigate volcanoes, earthquakes and other life-threatening phenomena. We will look at how the land is shaped by rivers, oceans, wind and glaciers with emphasis on glaciations in the Dayton area. We will delve into the history of Earth looking at past life through fossils. We will learn how to interpret both topographical and geologic maps.

6 Wednesdays, September 20-October 25

12:30-2:30 p.m., Daniel J. Curran Place

Gary Abernathy has a bachelor's degree in chemical engineering from the University of Missouri and a master's degree in geophysics from Wright State University.

Beginner Mah Jongg

Want to learn a new game? Mah Jongg it is. This seminar will be for beginners only. Please don't sign up if you already have played the game recently. The seminar will be moderated by three people who have played Mah Jongg for 10+ years and enjoy weekly games. You will learn about the game from experts' videos, then will play the game together. Don't be intimidated by this game, there is a learning curve, but it's a great game for the brain.

Seminar Fee: \$15 for the new 2023 NMJL cards for play.

Seminar Limit: 12

6 Wednesdays, September 20-October 25

12:30-2:30 p.m., Daniel J. Curran Place

Leila Oliver is a retired civilian after 35 years working at Wright-Patterson AFB. Her last assignment was a technology transfer manager for the Sensors Directorate, Air Force Research Lab. In this job she coordinated marketing of technology from the lab to private industry, working also with the legal office to transfer patents of the lab's technology. She also presented the material to military and civilian audiences.

Leila is a native of Fairborn and a graduate of Antioch University. She has been playing Mah Jongg for over 10 years and wants to share the game with others.

Fitness in Your 60s, 70s, 80s and Beyond NEW

A broad look at fitness designed and focused on a mature audience. The seminar will touch on equipment demonstrations, history of fitness, exercise methodology, exercise physiology, supplements and recovery methods. A home gym will be planned for each participant.

6 Wednesdays, September 20-October 25

12:30-2:30 p.m., Daniel J. Curran Place

Rich Munn has over 20 years as a personal trainer. He is a veteran presenter on local, state and national levels. He is a staff member of Powerstation Gym, TFit Training and Frequency Fit. Rich is also a competitive body builder, participating in 16 shows.

Lasting Scars: The Story of Dayton's Most Violent Decade: 1965-1975

ZOOM

Dayton's worst riot erupted on the West Side in the summer of 1966 after a random murder of a Black man by a white shooter. Black leaders and citizens were fed up with discrimination, poverty, segregated schools, crime and unemployment. Decades of white-only leadership at city hall offered little help and relied on Dayton Police to "Keep the lid on the West Side." Jews also faced discrimination in employment and "racial restrictions." Dayton's population has since been cut in half. Dayton's Police Chief said in 2023, "The City is still considered one of the most racially segregated and violent cities in America." The goal is to learn from our checkered past and address issues that face us today. Mr. Marshall Weiss, author of "Stories of Jewish Dayton," will join us for one session.

Recommended Books: "Blood in the Streets: Racism, Riots and Murders in the Heartland of America" by Daniel Baker & Gwen Nalls AND "Stories of Jewish Dayton" by Marshall Weiss.

5 Wednesdays, September 20-October 18

12:30-2:30 p.m., ZOOM

Lt. Dan Baker retired from the Dayton Police Department after 25 years. He commanded the Violent Crime Detective Bureau, the Fifth Police District and established the Hostage Negotiation Team. Dan holds B.S. and M.S. degrees from UD. After DPD, Dan was director of Classified Nuclear Safeguards and Security Programs at the U.S. DOE Mound in Miamisburg, Hanford Nuclear Reservation in Washington State and Oak Ridge National Security Complex in Oak Ridge, Tenn. Other experiences include executive director of the University of Tennessee Law Enforcement Innovation Center and National Forensic Training Academy.

Dan also served as executive director of the Cincinnati Citizens Complaint Authority following the 2001 riot. For 20 years Dan was an Ohio Licensed Professional Mental Health Counselor with a focus on drug and alcohol treatment. He served as a volunteer at the Nova House residential facility. Dan is also a board member of the Montgomery County Juvenile Court's Building Bridges Work Therapy Program.

Dan and his wife, Attorney Gwen Nalls, authored "Blood in the Streets: Racism, Riots and Murders in the Heartland of America" that details one of the most violent decades in America and Dayton, 1965-1975.

Learn to Play Guitar: Intermediate

You now know tuning and chords. Let's see where to go with that. This seminar will continue where the beginner one left off — starting with the music already learned. The goal is to smooth out and speed up your playing. New chords and music will be added as progression is made.

Equipment Needed: Acoustic guitar and access to a printer.

6 Wednesdays, September 20-October 25

3-5 p.m., Daniel J. Curran Place

Marsha O'Connor is a self-taught musician, having played guitar for over 40 years. She is very versatile on other string instruments as well.

Introduction to Artificial Intelligence NEW

This seminar provides an introduction to foundational areas of artificial intelligence, basic concepts, applications and implications of AI in various aspects of our lives. Topics will include history, machine learning, neural networks, virtual assistants and self-driving cars. We will also discuss issues and concerns surrounding AI such as economic impacts, privacy, ethics and bias. As quickly developing as this topic is, our final session will examine the news of just the previous five weeks.

There will be guided opportunities during each seminar to experiment with publicly available AI systems.

There will be exercises using publicly available AI chat bots. Participants should bring their own Wi-Fi equipped computer to each session.

Equipment Needed: Wi-Fi enabled computer

Preparation for first session: Register with ChatGPT, Bard and/or Bing.

6 Wednesdays, September 20-October 25

3-5 p.m., Daniel J. Curran Place

Fran O'Connor is a happily retired businessperson and software systems engineer. Now she is enjoying UDOLLI, volunteering and being a grandmother. She loves new technology and likes to learn new things.

Paul Piszkiwicz is retired and relocated from Chicago, Illinois in 2014. Paul worked at various levels for the Chicago/Cook County sewage treatment and stormwater management agency in positions including budget management, enterprise software implementation, project management and local area networks. He has B.S. and M.S. degrees in biology from the University of Illinois at Chicago, and an MBA in business systems from DePaul University. Paul lives in rural Sugar Creek Township with his wife, Christy, and about 150,000 honeybees.

Music from the Great Beyond NEW

ZOOM

Music plays a large role in our lives, often taking us back to places and people from our past. This seminar will explore the music of artists who died during the 21st century, featuring an eclectic mix of artists and musical genres, from the popular to the lesser known. A good set of speakers or headphones are recommended to get the most from the music presented.

4 Wednesdays, September 27-October 18

3-5 p.m., ZOOM

John Sheehan has moderated seminars for UDOLLI since 2012, on topics from photography to nuclear weapons, aviation to the literature of European spies, the diversity of Texas music, The Patriot Act, the life and literature of Larry McMurtry and the rise of facism in democratic societies. John retired from Wright-Patterson AFB in 2006 as the Chief of Ground Safety for the Air Force Materiel Command, and is the author of "Gunsmoke: USAF Worldwide Gunnery Meet" published by Motorbooks International.

Movie Music NEW

Movies. Music. Put ‘em together and you often get magic. Find out in this fast-paced seminar by somebody who loves both movies and music. We’ll start with Max Steiner (born 1888), the first of the great film composers, and work our way up to Michael Giacchino (born 1967), best known for his Pixar scores. In between we’ll sample the works of dozens of composers from A (John Addison) to Z (Hans Zimmer). You’ll hear their genius at work in over 100 live performances and extracts from many of your favorite films. You might even be inspired to watch some!

6 Wednesdays, September 20-October 25

3-5 p.m., Daniel J. Curran Place

Fred Oliver is a retired WPAFB engineer and longtime movie, music and showbiz fan. He’s been a UDOLLI student since 2011 and a moderator since 2014. This will be his 24th offering. Past seminars on science fiction, film noir, big band music, the easy pop era, American musical theater, comedy and the great American songbook (with Bill Lavin) received good reviews.

Behind the Scenes of University of Dayton Athletics

This six-week seminar will entail a comprehensive focus on University of Dayton athletics, including the challenges that we face in intercollegiate athletics, the student-athlete experience, staying compliant, the role of our coaches and academic support, along with social media and technology.

6 Wednesdays, September 20-October 25

3-5 p.m., Daniel J. Curran Place

Krystal Warren was promoted to the associate athletics director of Student Development and Community Engagement in June 2021. In her new role, she serves as the athletics liaison to the UD Career Services Center to introduce career opportunities, internships, resumes and interview preparation, professional networking, employer engagement and other post-graduate opportunities for student-athletes. She also is the central hub, supporting student-athletes in the commercial use of student-athlete Name, Image and Likeness (“NIL”). She advises the Student-Athlete Advisory Committee, coordinating the executive board, team representatives, its governance and actions. Warren leads department-wide efforts for the Catholic and Marianist vision of education by connecting athletics to learning, leadership and service by student-athletes being active and engaged in our community through service and engagement. She also works with student-athletes to integrate them with the A-10 Commission on Racial Equity, Diversity and Inclusion, and the Flyers Plan for Excellence. Having been with the UD Division of Athletics since July 2008, Warren was previously an assistant director of athletics for Athletics Communication. She earned a bachelor’s degree in communications with a focus in journalism from Urbana University in 2000. She graduated from the University of Dayton in 2015 with a master’s degree in public administration and also completed the political science department’s non-profit leadership certificate. Krystal lives in Dayton, with her husband Jeremy.

THURSDAY SEMINARS

The Stories We Tell: How We Teach, Learn and Remember History

Our knowledge and ideas of history are affected by many different things. Historians are influenced by their social, political, religious and economic beliefs, as well as their concepts of the purpose of written history. History, as they say, is written by the winners, until unheard voices have their say. Textbooks and school curricula are determined by people with their own agendas. For many of us, our understanding of historical events comes mostly from historical fiction and films.

6 Thursdays, September 21-October 26

9:30-11:30 a.m., Daniel J. Curran Place

Rita Duschman Rich is a retired speech/language pathologist with a lifelong love of history and communication. She has previously moderated this seminar on ZOOM and she has moderated other seminars on history and language for UDOLLI.

A History of Carrier Aviation

The seminar will cover the history of carrier aviation from its beginning in 1910 up to modern times with a special emphasis on WWII. Differences in combat doctrine, training and equipment among the various navies (U.S., Britain and Japan) will be pointed out. All major carrier operations in WWII will be covered in detail. Post WWII carrier operations in Korea, Vietnam and the Middle East will be discussed. Descriptions of present-day carrier air groups from all nations will be provided in the final session.

6 Thursdays, September 21-October 26

9:30-11:30 a.m., Daniel J. Curran Place

Mark Cannon is a Ph.D. scientist with a strong interest in military history. He has moderated seminars on WWI, WWII, a History of Strategic Air Power, the Civil War, the American Revolution and Napoleon.

Intermediate/Advanced iPad

This seminar on Apple iPad is for people who are experienced with the iPad and use it regularly. It is not for the beginning iPad user. The seminar will explore the latest iPad operating system (iPadOS) and a number of the latest features and capabilities of the iPad. It will also look at recent enhancements to a number of the commonly used iPad apps. Participants must bring an iPad that will support the current iPadOS [iPad Pro, iPad Air (3rd gen or later), iPad (5th gen or later) or iPad mini (5th gen or later)] updated to the latest iPadOS to each session. Students must also have an email address and fill out a pre-seminar survey.

Equipment Needed: iPad Pro, iPad Air (3rd gen or later), iPad (5th gen or later) or iPad mini (5th gen or later)

Seminar Limit: 20

6 Thursdays, September 21-October 26

9:30-11:30 a.m., Daniel J. Curran Place

John Bramhall is retired from the Ohio Air National Guard, active in the Dayton area ballroom dance community, former computer programmer, longtime iPhone, iPad and Mac computer user.

Knowing Your Worth: To Be and Become Your Best Self (Part 2)

The purpose of this seminar is to help participants understand the iiChange Transformation Model and learn how to use it to continually transform into our best self. Building on what we learned in Part 1, participants will learn about the conditions needed to be present to effect change — learn and practice tools that can assist the process and to develop the tenacity required to implement change.

To evaluate your interest in this seminar, we invite you to answer these questions:

How do you approach change, with fear or with curiosity? Are you creating an environment that opens you up to embrace what's next in your life? Do you embrace diversity? Can you see the positives and drawbacks in every situation? Would it be helpful to know about a process that allows you to grow and enhance the capability of diverse people to creatively come together in unity?

During the six-week-long seminar we will explore the concepts, skills and tools related to:

- The conditions of trust, curiosity, creativity and tenacity that support transformation
- The iiChange Process components of authentic communication, expansive dialogue, creative integration and tenacious transformation
- The tools that support the iiChange Process

Seminar Limit: 20

6 Thursdays, September 21-October 26

9:30-11:30 a.m., ZOOM

Kathy Hollingsworth is president of Innovative InterChange®, Inc., an independent consulting and facilitation company dedicated to providing clients with workshops and coaching for effective collaboration and rapid learning. Prior to forming Innovative InterChange Inc. in 2003, Kathy spent 29 years in banking, leaving National City Bank as president of the Dayton Region. Kathy has a bachelor's degree from Wittenberg University and an MBA from Case Western University.

Carolyn Reveal, RN, BSN, CD, has been an RN for over 40 years and practices as a cancer doula. Carolyn has been a caregiver for numerous people during their cancer journey and most recently her husband who died of ALS. She acts as a patient liaison and advocate for the elderly and helps individuals navigate life changes. Carolyn has studied holistic nursing, self-awareness, mindfulness, meditation and is a student of the Enneagram.

Carolyn is an active collaborator at The Well Women's Center and is a volunteer for the Dayton Performing Arts Alliance and Muse Machine.

Anna Magnusson was adopted from Seoul, Korea and grew up in Iowa. She went to high school in Des Moines and earned her undergraduate degree at the University of Iowa. Following her days at the University of Iowa, she worked for Opera Carolina, Dayton Contemporary Dance Company and Kids Voting. She also worked in the Advancement Department and earned her master's degree in public administration at Wright State University. She lived in England for more than three years before returning to her home state in 2018. Her most recent position is with Able Up Iowa serving as their executive director.

Frank Hollingsworth is a partner for Innovative InterChange, Inc. The value of authentic, productive and sustainable interactions with people and organizations at all levels has always proven true, whether it be during his corporate career at NCR Corp. and Reynolds and Reynolds, volunteering within the community, engaging with family and friends or learning something new with other life-learners. He is a huge admirer of the Wright Brothers, who solved problems by observing, testing, failing and making adjustments before trying again. A second-generation South Floridian, Frank has been proud to call Dayton home for nearly 40 years but doubts he can ever be a snowbird. There's way too much to do in Dayton.

Celebrating Metroparks: Anniversary Year – Looking Back, Planning Ahead

1. Wegerzyn 9/21: How Benjamin Wegerzyn's gift became today's park, the present beauty and how the park will expand in the future.
2. Aullwood 9/28: When John and Marie Aull married 100 years ago, they began planting the land around their home and creating what is now Aullwood Garden. Learn about the Aulls, their part in the Dayton community and how their garden became and remains a timeless example of working with and for nature.
3. Englewood 10/5: An area created by the building of Englewood dam and developed over the years into a haven for all nature lovers, providing hiking, outdoor play, waterfalls and fantastic bird watching, all in a magnificent venue.
4. Sugarcreek 10/12: Site of the Osage orange tunnel, woods, prairies and wonderful hiking trails, this park provides year-round beauty and adventure
5. Carriage Hill 10/26: One of the first properties acquired by MetroParks, Carriage Hill is an 1880s working farm. Learn its history and experience the tranquility of another age in this beautiful setting.
6. Adventure Central 11/2: Along the Mad River, this wonderful facility combines hiking trails with river adventures and youth programming to provide a great family experience for all.

Seminar Limit: 40

6 Thursdays, September 21, 28, October 5, 12, 26, November 2

9:30-11:30 a.m., Various Dayton Parks

Betty Hoevel is an education coordinator for Five Rivers MetroParks and is responsible for sustainable horticulture, nature appreciation and park history programs. She has an M.A. from Rice University. A lifelong gardener and veteran of the green industry, she creates, coordinates and teaches sustainable gardening and history seminars and gives park tours at MetroParks; develops and oversees programming and features for Wegerzyn's Children's Discovery Garden; and presents gardening talks for news programs, local clubs and organizations. Betty has moderated several MetroParks programs for UDOLLI.

Fabulous Fall Flavors New

Each session is a one-hour cooking lesson. Participants will be served the recipe demonstrated and prepared by a DLM Culinary Center staff instructor and provided a copy of the recipe.

Seminar Fee: \$80

4 Thursdays, September 28, October 12, 19, 26

10-11 a.m., Dorothy Lane Market Culinary Center

***Dorothy Lane Market (DLM) Culinary Center** is a cooking school for the home cook. The seminars consist of a variety of themes. Offerings include hands-on seminars, as well as demonstration seminars. There are many local instructors from the area as well as Culinary Center staff. The wine and food pairing seminars are very popular, as well as technique seminars. Private seminars (events) for office parties, bridal and baby showers, birthday parties, etc., are also available. DLM Culinary Center is passionate about all things food, but most of all cooking for their wonderful customers.*

Women and Investing

Due to many factors, women may find themselves, at some time during their lives, responsible for managing their own finances. The goal of this seminar is to help women feel more confident about making financial decisions by educating them on different facets of wealth management.

6 Thursdays, September 21-October 26

12:30-2:30 p.m., Daniel J. Curran Place

***Tricia Marteney** is a financial advisor with Edward Jones in Centerville. Because of her own life experience, her practice focus is working with clients 50 and over, helping them make a successful transition into and living in retirement, and working with and educating women on all things finance so they feel confident discussing and making decisions about their own finances. During her free time, she enjoys watching her son play soccer, spending time with family and friends, playing golf, baking/cooking and reading.*

Nations of the World 3 NEW

Come and explore your world! We will be looking at 12 of the smaller nations in six different cultural areas. Discover the governments, economy and culture of some nations that you may not be familiar with. Learn more about nations you are familiar with. Here is your chance to consider what makes each nation interesting and unique. Join us as we tour the world.

6 Thursdays, September 21-October 26

12:30-2:30 p.m., Daniel J. Curran Place

***Janet Hess**, a former social studies teacher, hopes everyone learns more about the world we live in.*

***Tim Riordan** worked in city governments in Cincinnati and Dayton. He has moderated several UDOLLI seminars and enjoys learning about nations of the world.*

Critical Presidential Elections NEW

All presidential elections seem critical at the moment but, as George Orwell might have said, “Some presidential elections are more critical than others.” As used here, critical elections are those where issues may become dominant; where new parties may be born while others vanish; where voters may shift their historic allegiance to ideology, issues, leaders and the rules of the political system. The resulting changes generally occur over one or two election cycles and endure for decades. Examining historic critical presidential elections provides a framework to better understand the political dynamics of future elections.

4 Thursdays, September 21-October 12

12:30-2:30 p.m., Daniel J. Curran Place

David Vomacka is a degreed Psephologist with a minor in American history whose lifelong passion for all things political was born during a critical family meeting on September 13, 1952.

Debunking Myths about Islam: A Journey from Fact to Fiction

This seminar is designed as an opportunity to come to an understanding of the various myths and misconceptions that surround Islam. Given the fact that general unawareness in our society about Islam is very common, it is quite understandable that this lack of information can easily lead to a fear of Muslims and mosques. Many Americans in Dayton have never been inside a mosque or met a Muslim. The number of those who have met a Muslim woman and conversed with her is even less. The seminar hopes to open up a dialogue about the common misconceptions about Islam with the hope that the participants will bring their own questions to the table.

6 Thursdays, September 21-October 26

12:30-2:30 p.m., Daniel J. Curran Place

Bushra Shahid has a master's degree in English literature. Her focus is on community, building relations and fostering a better understanding of different faiths. She initiated a women's interfaith group in Dayton that has been going strong for the past seven years. She moderates a seminar on Islam for UDOLLI every year. Currently, she is working on a research article for publication titled, “The Experiences of Muslim Women in Leadership Roles.” She also works as an editor and reviewer of Islamic books. So far, around 15 books have been published, which she worked on as part of a team. Within her Islamic community, she has several leadership roles. She has also helped create and build various other projects in which her community, the Ahmadiyya Muslim Community, is actively involved.

Exploring Aviation History at the National Museum of the United States Air Force

The National Museum of the United States Air Force is the world's oldest and largest museum of military aviation. This overview seminar goes beyond the aircraft to the stories of the people that made history and will include the recently opened new space, research and development, airlift and presidential gallery exhibits. The format will include a short classroom presentation followed by a tour of the aircraft galleries.

Seminar Limit: 20

6 Thursdays, September 21-October 26

12:30-2:30 p.m., National Museum of the U.S. Air Force

Paul Cooper is a retired Air Force Brigadier General and pilot with 35 years of service. He has combat experience in Vietnam, Desert Storm and Bosnia, and has commanded three different air bases. He is a graduate of both the Industrial College of the Armed Forces and Air War College, and has a master's degree in aviation history. He is past president of UDOLLI and serves on the Board of Trustees at the Foundation of the National Museum of the U.S. Air Force.

The Tragedy of King Lear NEW

Shakespeare's "King Lear" is often considered the best tragedy of his late period. Each seminar session will focus on one act. As Lear says, "nothing comes from nothing."

Required Book: Any Shakespeare text of "King Lear."

6 Thursdays, September 21-October 26

3-5 p.m., Daniel J. Curran Place

Gary Mitchner is professor emeritus of English and former poet laureate of Sinclair. He is a published poet and the poet laureate of UDOLLI.

Baseball History 1900-1960 NEW

The seminar will cover baseball history from 1900 to 1960. Six videos from Ken Burns' "Baseball" series will be shown, one for each decade. Detailed handouts will be distributed, one for each session. The handouts will cover the records of each baseball superstar and significant World Series and game events.

6 Thursdays, September 21-October 26

3-5 p.m., Daniel J. Curran Place

Franklin Lewis has been a UDOLLI member since 2004 and a moderator since 2005 (36 seminars). He served as a member of the UDOLLI Board of Advisors from 2014-2020. He has a B.A. in English literature from Case Western University and a J.D. from The Ohio State College of Law. He served as an attorney (Judge Advocate) in the U.S. Air Force for three years and then practiced public utilities law in Cleveland for 38 years. He has been an avid baseball fan since he was nine years old.

Afro-Indian Art Quilts: Create Your Own NEW

This seminar presents Afro-Indian quilts and the techniques used to make them. Using these techniques, participants will design and create their own art quilt. These are definitely not your grandmother's quilts. Everyone is welcome. No prerequisite skills needed except the desire to create an art quilt.

Seminar Limit: 15

6 Thursdays, September 21-October 26

3-5 p.m., Daniel J. Curran Place

After at least 60 years as a seamstress, but with a love of visual arts, **Carroll Schleppi** began art quilting on her retirement 20+ years ago.

She has exhibited in national and local quilt shows and has a commissioned quilt, Redlining in Dayton, on permanent display at Sinclair Community College. At the University of Dayton, she taught in the Engineering Technology and Mathematics Departments.

Walking Along the Waters 1.0 NEW

Join Tim on walks near bodies of water across northern Montgomery County, from downtown Dayton to Huber Heights, Vandalia and Englewood. These walks will be longer (three to four miles plus) and may include dirt woodland trails as well as paved bike paths and may include hills. These walks are not suitable for those using walking aids. Please dress according to the weather, wear proper footwear and leave valuables in a safe place.

Seminar Limit: 25

6 Thursdays, September 21-October 26

3-5 p.m., Various Locations

Tim Ziegert is a graduate of the University of Dayton with a BSBA in accounting and an MBA in finance from Xavier University. He is certified in management accounting and in employee benefit management (CMA, CEBS).

Tim is a former comptroller, corporate secretary and director for Leisure Lawn, Inc. He is also a former instructor in small business administration for Urbana University at London Correctional Institution (ODRC) and both Ohio Dominican and Urbana Universities' adult education programs.

Air Defense of the United States NEW

ZOOM

In 1916, no less a visionary than Alexander Graham Bell warned about the possibility of airship raids on the U.S. For the next 25 years, experts studied the problem of air defense and laid the foundation for the future. From a small beginning, more than a dozen ever more sophisticated interceptor aircraft were introduced, ranging from World War II P-61 Black Widows to today's F-15s. Total numbers rose from a single P-61 to a peak strength of almost 1,500 interceptors of various kinds. This seminar will trace the history of defending the United States from air attacks, covering the early pre-WWII days to recent "balloon incursions" and responses.

4 Thursdays, September 28-October 19

3-5 p.m., ZOOM

John Sheehan has moderated seminars for UDOLLI since 2012, on topics from photography to nuclear weapons, aviation to the literature of European spies, the diversity of Texas music, The Patriot Act, the life and literature of Larry McMurtry and the rise of facism in democratic societies. John retired from Wright-Patterson AFB in 2006 as the Chief of Ground Safety for the Air Force Materiel Command, and is the author of "Gunsmoke: USAF Worldwide Gunnery Meet" published by Motorbooks International.

FRIDAY SEMINARS

Chi Gong and Tai Chi for Exercise, Strength and Mindfulness

Tai Chi is an ancient Chinese form of exercise, moving meditation. Participants will be introduced to a flowing series of moves that allows them to increase strength, balance and flexibility. All participants are welcome. The moves can be adapted to suit physical challenges. It may also be practiced in a seated position.

Seminar Limit: 12

7 Fridays, September 22-November 3

9:30-11:30 a.m., Daniel J. Curran Place

***Gene Idol** started training in TaeKwonDo in 1974 and eventually reached 5th degree black belt. After achieving the rank of 1st degree in 1977, he began learning Tai Chi and has been practicing ever since. Gene added the Chi Gong routine in 2018 after hip replacement surgery.*

Business in the Headlines: Contemporary Issues for Non-Business Majors NEW

If you earned your MBA and spent a long and successful career as a business executive, congratulations! But this seminar is probably not for you. Instead we'll be targeting folks with an interest in business issues, but who've not yet been exposed to the learning and the lessons of business education.

In this seminar, we'll be looking at basic business financial statements, the good points (and bad) of debt, why companies acquire or merge with other firms, how they manage risk, and how they succeed (or fail) at crisis management. What exactly is "DEI," and why is it such a controversial topic in today's business world? What are sustainability and supply chains, and why are they suddenly everywhere in the news? Throughout the seminar, we'll examine these and similar issues through the headlines of the day.

6 Fridays, September 22-October 27

9:30-11:30 a.m., ZOOM

***Dr. Bud Baker** is emeritus professor of management at Wright State University, where he spent 30 years in a variety of teaching and administrative positions. Prior to that, he served for 20 years in the U.S. Air Force, as a Military Airlift Command navigator, Strategic Air Command missile crew commander, U.S. Air Force Academy professor and aircraft acquisition program manager at Wright-Patterson AFB. Dr. Baker is a frequent guest speaker in various UDOLLI seminars.*

Socrates Café

This seminar will take a "deep dive" into concerns of the individual, society, as well as the natural world. Conversations will cover questions related to age-old philosophical questions and contemporary issues ranging from objective and subjective experiences. How do we come to know what is true? What is meaningful? Additionally, we will explore philosophical topics which will arise naturally, via discussion. The hope is everyone will participate at their own level of comfort. Respectful conversation between seminar attendees is expected and appreciated. This seminar is not intended to be lecture-centered. It will emphasize and encourage discussion as much as possible.

If you feel as though you have answered all of humanity's questions, needs and objectives, this may not be the seminar for you. If you want to explore ideas about life, knowledge, beauty and meaning, within a discussion milieu, then this IS the seminar for you.

Seminar Limit: 12

6 Fridays, September 22-October 27

12:30-2:30 p.m., Daniel J. Curran Place

***Brian Mays** is a retired educator of people from ages 6-90. He has significant education and experience teaching gifted children and adults. Brian has degrees in psychology, biology and advanced degrees in gifted education. He has taught philosophy and is currently writing a book that will cover major philosophical ideas that have contemporary importance.*

Create Beautiful Holiday Cards

During this seminar, we will learn techniques to make holiday cards to send to family and friends. A different stamping/paper crafting technique will be taught each week. Participants will make 4 cards of the same design each week (all new layouts for 2023!) so that at the end of the seminar you will have 24 handmade holiday cards.

Materials needed for card making, including all cardstock, printed papers and envelopes will be in a kit for each student. Special equipment such as die-cutting machines, heat-embossing tools, stamps, inks, etc., will be available during each session. Participants will need to bring a basic tool kit (paper snips, small ruler, adhesives, bone folder, score board and trimmer). A list will be provided.

Materials Fee: \$30

Seminar Limit: 20

6 Fridays, September 22-October 27

12:30-2:30 p.m., Daniel J. Curran Place

***Bobbie Goetz** is a paper-crafter enthusiast. She teaches paper-crafting and stamping seminars, and has moderated for UDOLLI since 2018.*

***Lynn Wilmes** became a paper crafter in 2018, when she caught the bug taking a seminar for UDOLLI. She began moderating with Bobbie in 2019.*

Spanish Survival Fun

 ZOOM

You will learn Spanish survival expressions! Enjoy an interactive ZOOM seminar environment in which you will practice speaking with others in Spanish and watch videos about the cultures of the Spanish speaking South American regions.

This seminar is designed for participants who have never taken Spanish before and for those who would like to sharpen their basic Spanish knowledge. A PowerPoint presentation will be shared every week by email. It will contain everything covered, including an audio recording for you to practice your listening skills and your pronunciation at your own pace. Get ready to sing along and have fun! Don't miss it. No te lo pierdas!

Seminar Limit: 15

6 Fridays, September 22-October 27

12:30-2:30 p.m., ZOOM

Martha Lahanas, a native of Bogota, Colombia, has taught Spanish at Wright State University, University of Dayton and Sinclair Community College as an adjunct teacher. She has also worked as a substitute teacher for the Miamisburg school district. Martha is the president of Semantech Inc., an IT family business. She has a bachelor's degree in international business and languages from Universidad Colegio Mayor de Cundinamarca, a bachelor's degree in mass communication from Wright State University and a M.S. in education from Capella University.

The MatheMagical Nature of the Universe NEW

We count 12 inches, hours and months and 16 ounces in a pint, or pound. Isn't counting by 10s easier? Yes, and all relate to the makeup of our bodies, atomic and molecular structures, and cosmic mechanics; based in an ancient system of mathematics. Religious and national symbols, and classic architecture come from the same "science." What makes your horoscope just right?

Come learn the real Da Vinci Code! The mathemagical nature of the universe is almost as easy as 1-2-3.

This incredible series has enthralled participants to see that math is a topic to excite, and definitely not just for scientists and engineers!

Recommended Text: "Explore the Sacred through Geometry," found on Amazon.com for \$12.

Equipment Needed: Highly recommended: A notebook, a compass to make circles and geometric drawings, a straight edge or 12 inch ruler, colored pens or pencils and scissors.

NOTE: And if you buy the book, please do not read ahead. It is recommended to use it as a reference afterward!

4 Fridays, September 22-October 13

12:30-2:30 p.m., ZOOM

Paul Stang is an electrical engineer (M.A.). He is a world traveler and international teacher, presenter and author of a unique curriculum that is able to help people understand and embrace the magic that underlies their existence and that there is a real scientific mind behind creation.

FRIDAY SELECTED TOPICS

Story of the Miami Valley Chautauqua

The history of the Miami Valley Chautauqua will be covered from its beginnings through the present. The roots of the Chautauqua Movement during the 1870s are covered along with the founding of Miami Valley Chautauqua in 1896, and a timeline of its expansion and key events throughout the 20th century. By 1904, there were about 150 independent Chautauquas at various locations in the USA. The original Chautauqua Institute is still operating in New York as well as a dozen other 21st century Chautauqua organizations including Camp Chautauqua now located on the site of the former Miami Valley Chautauqua Park.

1 Friday, September 22

9:30-11:30 a.m., ZOOM

Bob Bowman holds B.S., M.S. and Ph.D. degrees in chemistry and was employed at the Mound Laboratory from 1969 through 1984. He also worked for three aerospace organizations in Southern California and retired in 2018 from the Oak Ridge National Laboratory. Bob is presently a board member of the Mound Science and Energy Museum Association, has been active in several historical societies and has spoken on various topics.

Football 101

This one-time seminar is for those who have minimal knowledge of football but would like to learn more. We will start with “this is a football.” We will go over positions, basic rules, fundamental plays, fundamental techniques and football terminology. After this seminar, you should have a better understanding of football and be able to watch the game with a new understanding and enjoy football discussions.

1 Friday, September 22

12:30-2:30 p.m., Daniel J. Curran Place

Jim Place spent 49 years as a high school teacher, administrator and football coach. His 2002 Chaminade Julianne High School football team won the Ohio high school state championship. A proud alumnus of the University of Dayton, Jim received its Distinguished Alumni award for Christian Service in 2019.

25 Songs The Beatles Gave Away NEW

We all know and love the Beatles — and we all have favorite Beatles songs. My favorite, among many Beatles favorites, is “And I Love Her.” But did you know that the Beatles gave away, to other artists, 25 songs they composed?

This seminar will feature those 25 songs by the artists who recorded them. Among the artists you will recognize are, Billy J. Kramer, the Rolling Stones, and Peter and Gordon. Those that you may not recognize include, The Fourmost, Tommy Quickly, the Applejacks and Cilla Black.

This seminar will increase your knowledge of The Beatles.

1 Friday, September 29

9:30-11:30 a.m., Daniel J. Curran Place

Since **Sam Kurtz** was an English major, he doesn’t know for sure how many seminars he has moderated for UDOLLI. He thinks the number is 18, but who knows?

Red Lanyard Technology Review

This seminar provides training on UD’s seminar technology for the Red Lanyard Team. The Red Lanyard Team provides technical support to moderators and guest lecturers in the use of UD’s seminar technology. In this role, the team provides first-touch response and support. They provide training, perform diagnosis, troubleshooting and trouble ticket reporting support. The UDOLLI Red Lanyard Team provides assistance with equipment in seminars, including troubleshooting, equipment check-out and training. They escalate network, server and application issues to UDIT when necessary.

Seminar Limit: 15

1 Friday, September 29

9:30-11:30 a.m., Daniel J. Curran Place

Fran O'Connor has 40+ years' experience in the establishment of systems engineering methods and practices, as well as consulting, development and project management. She provided expert consulting support in the areas of system needs assessment, requirements analysis and system specification to a variety of government and industrial customers. Fran's professional experience has included all aspects of software design, development, testing, installation, implementation, maintenance and support as well as experience with a number of relevant technology bases.

Advanced Football Strategies

This seminar is for those who have a basic understanding of football but would like to delve into offensive and defensive systems, strategies, play calling, game situations and what to look for in the game within the game.

1 Friday, September 29

12:30-2:30 p.m., Daniel J. Curran Place

Jim Place spent 49 years as a high school teacher, administrator and football coach. His 2002 Chaminade Julianne High School football team won the Ohio high school state championship. A proud alumnus of the University of Dayton, Jim received its Distinguished Alumni award for Christian Service in 2019.

Steeped in Tradition: The Story of Tea NEW

The most popular beverage in the world — tea — has its own history, culture and traditions. Originally found only in China, it is now raised in many areas of the world, including here in the U.S. In this seminar you can learn more about its history, types, processing, tools and brewing methods. We hope to make this a multi-sensory experience, involving smell, touch and taste. This seminar is for all, not just those who like tea as a regular beverage or who enjoy a nice cuppa in the afternoon.

1 Friday, September 22

9:30-11:30 a.m., Daniel J. Curran Place

Both **Janet Hess** and **Robyn Wolf** prefer tea to any other beverage. Each has tea from several different providers.

Janet kept a hot pot at the schools where she taught so she could enjoy a cup of tea during breaks. She was also known to offer the occasional tea party when discussing the American Revolution in U.S. history seminars.

Robyn has been a longtime tea drinker (coffee has never passed her lips). She has enjoyed all tea flavors and drinks it hot or cold. Herbal teas are her current passion.

How to Communicate Effectively with Your Doctor

This seminar will identify factors which can impede effective communication between you and your doctor or other healthcare provider. Ineffective communication can lead to sub-optimal care which is frustrating to both patient and provider alike. While some factors are beyond your control, such as the time allotted for your visit, here are many factors which you can control, such as prioritizing your questions and organizing your medical information. Concerns such as how to ask for a second opinion without offending the provider and identifying red flags in the relationship with your provider will also be discussed.

1 Friday, October 6

9:30-11:30 a.m., Daniel J. Curran Place

Dr. Robert (Bob) Goldenberg is retired from the active practice of medicine and surgery, as well as the faculty of Wright State University Boonshoft School of Medicine where he was the chair of the department of otolaryngology (ear, nose and throat). He graduated from Stanford University in 1963, the University of Louisville School of Medicine in 1968 and completed his residency at the University of Illinois in 1973. He was stationed at the U.S. Naval Hospital at Camp LeJeune, NC from 1974-1976 after which he returned to practice at Good Samaritan Hospital where he was born. He has extensive research experience and many publications in his field.

FDR's Tree Army — The Civilian Conservation Corps NEW

This seminar will explain how FDR's Tree Army changed the U.S. quality of life and significantly impacted the lives and families of the men who performed the work. This program greatly helped the country deal with the Depression and Stock Market Crash.

1 Friday, October 6

12:30-2:30 p.m., Daniel J. Curran Place

Bill Deitzer has presented 30 PowerPoint presentations in the last 15 years covering the history and beauty of U.S. National Parks and related stories and activities. He has hiked in 50 of the 63 large National Parks and has completed all 800 miles of trails in the Great Smokies NP and volunteers as a trail maintainer there.

Antioxidant and Anti-Inflammatory Supplements and Food Health NEW

Learn about the role of oxidation and inflammation in general and immune health; the gut-brain-microbiome axis; and the Mediterranean diet. The pros and cons regarding common supplements in these categories and examples of diagnostic testing for antioxidant blood levels will also be discussed.

1 Friday, October 13

9:30-11:30 a.m., Daniel J. Curran Place

Dr. Cathy Rosenbaum is a holistic clinical pharmacist who has traveled to China to study herbal research and global healthcare solutions. She has a background in the pharmaceutical industry, hospital-based practice, academia, medication quality/safety, and integrative health, consulting and certified health coaching. She is a published author, national radio show host and international speaker.

You Too Can Take Great Photos!

Join me for this two-hour workshop where you will learn how you too can take great photos. This workshop is less about the camera you use, and more about how to capture and share great moments. We will discuss how to select the right subject, incorporate emotions into our photos, create impact and much more. We will talk about the “rules” of photography, and which ones you should try to incorporate into your photos and when to ignore them. This is an interactive seminar and I encourage people at all photographic skill levels to join the discussion.

1 Friday, October 13

9:30-11:30 a.m., Daniel J. Curran Place

Stephen Goldberg is retired from the Eastman Kodak Company where he held various positions in engineering and marketing, leading the development and support of large-scale printing systems. He is a photographer and has participated in UDOLLI for about eight years, during which time he moderated seminars on how to use Photoshop and presented several entertaining photographic based travelogues. Stephen belongs to several photography clubs and enjoys traveling with his wife Marsha, sharing the world as seen through the lens of his camera. He was recently invited to conduct this same workshop in Budapest where he also participated in an international art exhibition.

Living and Working in Southeast Asia — What I’ve Learned after 15 Years Abroad NEW

Compare and contrast the modern-day cultures of Cambodia, Laos, Thailand and Vietnam from the perspective of someone who lived and worked in these countries for 15 years. (2007-2021) Learn how these countries measure up in areas such as healthcare, education, entertainment, transportation, cuisine and communication. Understand what it takes to thrive in a country vastly different from our own. Listen to real-life experiences traveling throughout the entire region of Southeast Asia and (hopefully) gain an appreciation for how wonderful it can be!

1 Friday, October 13

12:30-2:30 p.m., Daniel J. Curran Place

Cynthia Hauck is a Dayton native who has traveled extensively both home and abroad throughout her life. Her background is in technology, primarily in the publishing industry, including 14 years at LexisNexis. Cynthia received her MBA in international marketing from UD.

In 2007, at the age of 48, Cynthia moved to Manila without ever having been there. She worked in a senior leadership role for a major outsourcing technology company and also a smaller publishing company. In 2011 she moved to Cambodia to take a lead role transforming a technology company with offices in Cambodia, Laos and Kenya. Her final post was to head up operations for a marketing and advertising company. She returned to the U.S. in 2021, but continues to think of Southeast Asia as her second home.

Ending the War to End All Wars

ZOOM

After four years of grueling warfare, in 1919 the world's focus turned from the battlefield to diplomacy. The victors assembled to write a treaty which would ensure lasting peace — or did they? We will look at the proposal of the Fourteen Points, the armistice, the major victors and their goals, the treaty itself, the response in the United States to the treaty, and other topics. The verdict — the treaty to end all wars made another war inevitable.

1 Friday, October 20

12:30-2:30 p.m., ZOOM

Alzada Roberts is a graduate of the University of Illinois and the University of North Carolina at Chapel Hill. She taught American history for 34 years before retiring in 2001. Alzada moved to this area in 2006 and became involved with UDOLLI as a liaison, moderator and board member. She has presented on World War I, Richard Nixon, Jim Crow, Presidential Elections, the Spanish American War and Imperialism, and the Treaty of Versailles.

Unlikely Ohio NEW

Nineteenth century Ohio combined valor, opportunity ... and ineptitude. Perhaps the most valorous was John P. Parker, a slave who purchased his freedom, moved to Ripley and guided over 200 slaves to freedom. Opportunity included the world's first Mormon church, near Cleveland; Ohio's 70+ year utopian community, Zoar and New Lexington, which describes itself as “near the birthplace of Januaries Aloysius McGahan, liberator of Bulgaria.” The most inept undertaking was likely the 1899 Cleveland Spiders, who, playing in the American Association, compiled the worst ever single-season record of 20 wins; 134 losses.

1 Friday, October 20

12:30-2:30 p.m., Daniel J. Curran Place

Mark Bernstein wrote 11 published books on American history and biography and 100 magazine pieces for *Smithsonian*; *Smithsonian Air & Space* and elsewhere. The best-selling book was “World War II on the Air,” about Edward R. Murrow's work on creating broadcasts from Europe, sold with a CD of archival broadcasts narrated by Dan Rather of CBS News. The local favorite is “Grand Eccentrics,” which tells how the Wright Brothers, John H. Patterson, Charles Kettering, Arthur Morgan and James Cox made turn-of-the-century Dayton America's first silicon valley. The others include first-ever biographies of former Ohio governor John J. Gilligan and former Ohio congressman William McCullouch. Mark was also a longtime contributing editor to *OHIO* magazine.

Feeling the Beat NEW

Everyone is welcome to join! Dancing Salsa and other happy rhythms is wonderful fun. It is never too late to start dancing. Learning to dance is as easy as counting one, two, three. Transform your lifestyle today by learning easy, low impact, fun steps to feel the beat while having fun. Interesting delicious salsa recipes, as well as learning about famous singers and dancers, will be part of the experience.

6 Tuesdays, September 19-October 24

6-8 p.m., Daniel J. Curran Place

Martha Calderon Lahanas, a native of Bogota, Colombia, grew up dancing to Colombian and international music at family parties. Her love for dancing continued throughout the years. As a teenager, she joined a dance group directed by her chemistry teacher, who was also and still is a Colombian musician. He stayed after school to teach the kids about Colombian traditional music and dances. Martha's passion for dancing led her to join the college dance group. The group performed at local events organized by the university. Experienced and personable, Martha loves dancing and loves teaching.

You Too Can Take Great Photos!

Join me for this two-hour workshop where you will learn how you too can take great photos. This workshop is less about the camera you use, and more about how to capture and share great moments. We will discuss how to select the right subject, incorporate emotions into our photos, create impact and much more. We will talk about the "rules" of photography, and which ones you should try to incorporate into your photos and when to ignore them. This is an interactive seminar and I encourage people at all photographic skill levels to join the discussion.

1 Tuesday, September 19

6-8 p.m., Daniel J. Curran Place

Stephen Goldberg is retired from the Eastman Kodak Company where he held various positions in engineering and marketing, leading the development and support of large-scale printing systems. He is a photographer and has participated in UDOLLI for about eight years, during which time he moderated seminars on how to use Photoshop and presented several entertaining photographic based travelogues. Stephen belongs to several photography clubs and enjoys traveling with his wife Marsha, sharing the world as seen through the lens of his camera. He was recently invited to conduct this same workshop in Budapest where he also participated in an international art exhibition.

Russo-Ukrainian War Today

ZOOM

History is unfolding before us. Vladimir Putin is the dictator of a brutal Russian police state, presiding over a rapidly collapsing economy. A dictatorship that is engaged in a vicious and losing imperialist invasion of Ukraine. The impact of the war upon the U.S. economy will be presented. Putin's invasion of Ukraine, and how he is losing the war, will be detailed, including military tactics.

1 Tuesday, September 26

6-8 p.m., ZOOM

Dr. Elmo E. (Joe) Roach is a native Daytonian, Chaminade 1956, UD B.A. 1963 and A USMC Veteran. He earned his Ph.D. in Russian history from The Ohio State University in 1968. In the 1990s, he was director of a U.S. exchange program in Samara on the Volga River and in Ekaterinburg in Siberia with support from Caterpillar Inc. In 1994, he was selected as a foreign member of the Russian Academy of Natural Sciences, Moscow, section on geopolitics. He is an emeritus history professor, Bradley University.

FDR's Tree Army — The Civilian Conservation Corps NEW

This seminar will explain how FDR's Tree Army changed the U.S. quality of life and significantly impacted the lives and families of the men who performed the work. This program greatly helped the country deal with the Depression and Stock Market Crash.

1 Tuesday, September 26

6-8 p.m., Daniel J. Curran Place

Bill Deitzer has presented 30 PowerPoint presentations in the last 15 years covering the history and beauty of U.S. National Parks and related stories and activities. He has hiked in 50 of the 63 large National Parks and has completed all 800 miles of trails in the Great Smokies NP and volunteers as a trail maintainer there.

How to Communicate Effectively with Your Doctor

 ZOOM

This seminar will identify factors which can impede effective communication between you and your doctor or other healthcare provider. Ineffective communication can lead to sub-optimal care which is frustrating to both patient and provider alike. While some factors are beyond your control, such as the time allotted for your visit, here are many factors which you can control, such as prioritizing your questions and organizing your medical information. Concerns such as how to ask for a second opinion without offending the provider and identifying red flags in the relationship with your provider will also be discussed.

1 Tuesday, October 3

6-8 p.m., ZOOM

Dr. Robert (Bob) Goldenberg is retired from the active practice of medicine and surgery, as well as the faculty of Wright State University Boonshoft School of Medicine where he was the chair of the department of otolaryngology (ear, nose and throat). He graduated from Stanford University in 1963, the University of Louisville School of Medicine in 1968 and completed his residency at the University of Illinois in 1973. He was stationed at the U.S. Naval Hospital at Camp LeJeune, NC from 1974-1976 after which he returned to practice at Good Samaritan Hospital where he was born. He has extensive research experience and many publications in his field.

Story of the Great 1913 Floods in Southwest Ohio

 ZOOM

After giving an overview of one of the most massive series of storms that occurred in recorded U.S. history, the scope and impacts from the Great Flood of 1913 on the watersheds of the Great Miami, Little Miami and Scioto rivers will be presented that included the loss of hundreds of lives. The unique actions taken by the citizens in southwestern Ohio that led to the formation of the Miami Conservancy District are described. The resulting construction of dams and extensive levees has prevented similar devastating floods from occurring in the Great Miami River region for over 100 years.

1 Tuesday, October 10

6-8 p.m., ZOOM

Bob Bowman holds B.S., M.S. and Ph.D. degrees in chemistry and was employed at the Mound Laboratory from 1969 through 1984. He also worked for three aerospace organizations in Southern California and retired in 2018 from the Oak Ridge National Laboratory. Bob is presently a board member of the Mound Science and Energy Museum Association, has been active in several historical societies and has spoken on various topics.

Never Give a Sucker an Even Break NEW

Talk is cheap. Email, texts and auto-dialing are cheaper. Responding, however, can be very expensive. There are a lot of people out there who would love to separate you from your hard-earned assets. We will review common themes and tactics of scammers, and suggest ways to avoid becoming a victim.

Topics include:

- Sources: Email, texts, phone calls, front door
- Hooks: Empathy, ignorance, authority, fear, panic, greed
- Red flags and warning signs
- Credit reports, identity theft

1 Tuesday, October 17

6-8 p.m., Daniel J. Curran Place

Paul Piszkiwicz is retired and relocated from Chicago, Illinois in 2014. Paul worked at various levels for the Chicago/Cook County sewage treatment and stormwater management agency in positions including budget management, enterprise software implementation, project management and local area networks. He has B.S. and M.S. degrees in biology from the University of Illinois at Chicago, and an MBA in business systems from DePaul University. Paul lives in rural Sugar Creek Township with his wife, Christy, and about 150,000 honeybees.

SEMINARS FILL QUICKLY!

Register early. Online registration begins August 7th. See page 55 for details.

90

SEMINARS IN ALL

20

ZOOM

39

NEW

28

REPEATED FAVORITES

23

UPDATED SEMINARS

ADDITIONAL PROGRAM INFORMATION

Severe Weather and Other Community Emergencies—UDOLLI seminars will be cancelled when the University of Dayton is closed for inclement weather. If the situation is ambiguous, there will be a message on the office phone at 937-229-2347. Listen for details on WHIO-TV or WHIO-AM/FM radio.

Housekeeping—We are an organization run mostly by volunteers. Please help by keeping classrooms and common areas clean.

Lunch—Options include the Daniel J. Curran Place cafeteria, ArtStreet Café, Kennedy Union and nearby restaurants—or you may bring a brown-bag lunch.

Quiet in the Halls—Socializing is highly encouraged, but not outside seminars in progress.

Seminar Liaison—UDOLLI members act as seminar liaisons for the moderators, helping to ensure that announcements are made, and equipment is set up and handouts are distributed. Not only are seminar liaisons essential to the smooth functioning of UDOLLI, but volunteering as a liaison also provides an opportunity to become better acquainted with moderators and classmates.

Training will be provided! If you would like to volunteer to be a seminar liaison, please contact the UD Special Programs and Continuing Education at 937-229-2605. Thank you!

ATTENDANCE

We encourage you to attend all seminars and activities for which you have registered. Our moderators volunteer their time so it is important for them to know it is valued and appreciated.

- If you are registered for seminars and circumstances prevent you from attending seminars, before the session begins or after the session has started, please call Special Programs and Continuing Education at 937-229-2347 to cancel your seminar registration.
- An early cancellation helps another member attend a seminar that was full or at its capacity.
- Do not attend a seminar for which you have not registered, because some seminars have seminar limits or recommended text readings or materials.

UDOLLI MEMBER MERCHANDISE

Express your UDOLLI pride with merchandise that has been created with you in mind. UDOLLI has partnered with the University of Dayton bookstore to showcase a collection of apparel and bags that allows you to show your support of this special program in a subtle and professional way. The items from this collection are perfect for the classroom, a Flyers basketball game or any occasion. The proceeds from items purchased from this collection will support UDOLLI initiatives and programming. Items can be purchased online at <https://shop.udayton.edu/blog/udolli-partnership>. Once on the site please scroll down for the information. If you have any questions, please contact the University of Dayton bookstore at (937) 229-3233.

THANK YOU CONTRIBUTORS

Thank-you to all the life members, distinguished service life members, friends and financial supporters. Your support and hard work have contributed greatly to UDOLLI.

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Jim Miller
**Denotes deceased*

OTHER CONTINUING EDUCATION PROGRAMS AT UD

SENIOR FELLOWS

If you are 60 years of age or better, you can become a UD Senior Fellow. Membership in the Senior Fellows program includes the privilege of attending any two seminars for which you meet the prerequisite—undergraduate—each term on an audit basis. (*Books and special fees are extra.*)

DAYTON CELEBRATION CHORUS

The Dayton Celebration Chorus is an adult community chorus that serves the city of Dayton and the Miami Valley region. Open to all interested adult singers and requiring no audition, the Chorus sings a diverse repertoire of both sacred and secular choral literature, with an emphasis on American music. Founded in 2003 as the Schuster Center Celebration Choir, the organization was first sponsored by the Victoria Theatre Association. In 2014, the group affiliated with the University of Dayton Office of Special Programs and Continuing Education.

Performance venues have included the Schuster Center for the Performing Arts, Courthouse Square Grande Illumination, Kroc Center, Dayton Art Institute, Victoria Theatre, The Greene, UD Arena, Fifth Third Field, and various churches and retirement communities. Chorus members have enjoyed performance opportunities with the Dayton Philharmonic Orchestra's Holiday Festival Community Chorus, the UD New Horizons Band, the Miami Valley Symphony, and various guest artists and conductors. DCC has been selected annually to sing the National Anthem for the Dayton Dragons at Fifth Third Field.

For registration information, please visit:

[Udayton.edu/continuing_education/noncredit_offerings/daytoncelebrationchorus/](http://udayton.edu/continuing_education/noncredit_offerings/daytoncelebrationchorus/).

NEW HORIZONS MUSIC

Learn to play music in a band as a senior adult—even if you have no musical experience! Playing music is a special joy that will help you maintain mental and physical health. It is also a way of experiencing life—playing music from the past keeps us in touch with those feelings; daily practice keeps us active in the present; and striving for new goals attaches us to the future. One band member describes it as “serious fun.”

As a member of New Horizons Music, you will meet new friends and work with them as a team to learn music for concerts and other performances in the community. New Horizons ensembles typically perform many times each year in venues ranging from formal concerts to shopping malls and from parks to retirement and nursing homes.

UD New Horizons Music offers adults 50 years of age or better the opportunity to begin a musical instrument and provides a re-entry point for those who have been away from active music making for many years. Instruments taught include: flute, oboe, bassoon, clarinet, saxophone, trumpet, French horn, trombone, baritone, tuba and percussion.

For registration information, please visit: https://www.udayton.edu/continuing_education/senior_programs/nhmp/index.php

THE FANTASTIC FLYER FOLLIES

The University of Dayton Special Programs and Continuing Education recently launched a traveling performance company exclusively for seniors. Are you a singer, dancer, musician or actor? Join us! No experience? No problem. Just bring your energy, enthusiasm and most importantly your love of musical theater!

Stay active, have fun and be a part of Dayton's Fantastic Flyer Follies!

Enrollment is \$40 for each six-month period.

For additional information and how to register, Contact Jacqueline Heman at 937-435-3353, or Barbara Hayde at bhayde043@gmail.com.

CONNECTING GENERATIONS & CULTURES

A TALENT BANK & CLEARING HOUSE PROGRAM

With age comes experience and wisdom that can be priceless when shared with others

1. What Is This Program About?

The UDOLLI Connecting Generations & Cultures (CGC) program connects UDOLLI to the Dayton area community utilizing our vibrant, highly educated, experienced and talented members. Connecting Generations & Cultures is a Talent Bank & Clearing House program for community organizations. We put your talents to work by connecting you to organizations to help carry out their mission. As members of our program, many of you are ready and anxious to share your decades of knowledge, experience and wisdom with those who can benefit.

2. Connecting Criteria

The CGC program has been reaching out to various community groups, and many have reached out to us. We connect to organizations that meet any one of these criteria: is it educational, cultural, civic, social, governmental, inter-generational? Can our members and the organization's members contribute to and benefit from the connection experience? As opportunities come along we promote them to UDOLLI members. Check out our connected organizations at right. Let us know of any organizations you feel would make a good connection with our program.*

*NOTE: A recommendation is no guarantee we will make a connection. We carefully review every idea to ensure it fits within UDOLLI's mission and the objectives of the Connecting Generations & Cultures program. Our Executive Director makes all final decisions. All UDOLLI members involved with any Connecting Generations & Cultures program must understand and accept that they represent the Osher Lifelong Learning Institute at the University of Dayton and must adhere to all rules and regulations that may apply to the University and our program.

3. Connecting You

Here's how we get you connected. We communicate an organization's needs in a variety of ways: email, newsletter, seminar announcements, special presentations and promotional flyers. You'll learn about the organization, decide if you're interested and then you reach out to the organization's contact directly. You are then on your way to a new adventure.

Your connection could be for a single project or an ongoing program.

For example, you could share your ideas during a creative planning session or work with the organization on a regular basis to carry on their mission. There may be several of your fellow UDOLLI members involved in the same activity, or it might be just you. Whatever project or organization you get involved with, you will meet new friends and perhaps build lifelong relationships. You may even find that a connection can be life changing. You may be a senior, but you're not done yet! You can share your years of experience and wisdom to make our community a better place.

4. Our Connected Partners

The following list includes all organizations to-date we have connected with since the inception of CGC in 2013. With some of our connections our members have been deeply involved working on a variety of projects, while with others we are just getting started in making deeper connections. The connection may currently be active or inactive. Our members have contributed their expertise in a variety of ways: teaching, mentoring, donating, facilitating deliberation discussions, and facilitating creative and strategic planning sessions.

1. National Issues Forums Institute (Kettering Foundation)
2. Mound Street Academies
3. Miracle Clubhouse (Miami Valley Goodwill Easter Seals)
4. Ohio Law Enforcement Association
5. UD Center for International Programs
6. UD Center for Human Rights
7. UD Alumni Mentoring
8. The Collaboratory
9. The Dayton Foundation Del Mar Encore Program
10. Discovery Lab Global
11. Village to Village Network
12. Miami Valley Foodbank
13. Hillel Academy



REGISTRATION AND RELATED INFORMATION

Remember these helpful tips and important facts as you register.

- The \$80 registration fee entitles you to select as many seminars as you wish.
- Payment is due when you register. Your confirmation letter serves as your receipt/invoice.
- You can register for UDOLLI seminars online or by phone or fax. Email requests will not be accepted.
- Seminars may be canceled if fewer than 10 persons register. You will be notified should that occur.
- Once a seminar reaches its specified “seminar limit,” you will be waitlisted and notified if an opening occurs.
- If you cannot attend the first day of your seminar, please let us know by calling 937-229-2347. Otherwise, you may be withdrawn from the seminar.

About refunds. To receive a refund of your \$80 registration fee, please notify Special Programs and Continuing Education, 937-229-2347, by **September 11, 2023**. After that date, refunds are not given.

Parking permits. In order to park on campus, everyone must properly display a valid University of Dayton permit. This also includes handicapped-designated spaces.

The fee for parking is \$60 per permit issued; however, as a courtesy and thank you for your continuing support of the UDOLLI, especially during the pandemic, we are offering **one pass per household free of charge to you**. If a spouse or someone else in the household requires a second permit, the fee of \$60 will apply.

After you have registered and prior to the start of the fall program, you will be contacted by the Office of Special Programs and Continuing Education with regard to ordering your parking permit. You may then stop by the office during the first week of seminars to pick up the permit you have ordered. Office hours are Monday through Friday 8:30 a.m.-4:30 p.m.

The R1 permit is also valid on the main campus, after 4 p.m. weekdays; open parking (without a permit) is allowed on weekday evenings after 7:30 p.m. and on weekends.

Once you receive your permit, please keep it in a safe place for use during the program. Remember to display it properly from the rearview mirror. Lost or stolen permits, as well as parking citations, are the responsibility of the member. Replacement permits cost \$60 per person, per permit.

Face coverings. Face coverings remain optional in most shared indoor spaces on campus.

FOOD DRIVE

University of Dayton Special Programs and Continuing Education and UDOLLI will be holding food drives.

Please lend a hand and bring in canned goods during the dates provided below:

Fall Program: October 9 - 13, 2023

Winter Program: February 5 - 9, 2024

Spring Program: April 9 - 12, 2024

DATES TO REMEMBER

2024 WINTER SEMINARS

Registration Begins December 4, 2023
Seminar Dates January 16–February 26, 2024

2024 SPRING SEMINARS

Registration Begins February 5, 2024
Seminar Dates March 18–May 3, 2024

**Prayer Service and Ice Cream Social
in Celebration of the UDOLLI 2023—
2024 Program Year**

Sunday, September 17, 2023 1:30 p.m.

**Dribble Through the Years of Sports for
Girls and Women in the State of Ohio**

Thursday, October 5, 2023 6:00 p.m.

Legacy Writers: An Evening with the Arts

Thursday, November 9, 2023 6:00 p.m.

SEMINARS IN SEARCH OF A MODERATOR

- Great American Cities
- Carillon Park—Presentations from our UDOLLI Volunteers
- Rob Reiner Movies : The Sure Thing, Misery, A Few Good Men, When Harry Met Sally, Princess Bride, Spinal Tap
- Trail of Tears and Indian Removal
- Pulitzer Prize Photographs
- The Library of Congress;
- Assassinations in America
- Important Supreme Court Justices
- The Packard Museum and the Dayton Automobile Industry
- Banned Books
- Famous Trials: Leopold & Loeb; Lindbergh; Scopes; OJ Simpson

Are you interested in moderating a seminar?

Moderators are the life blood of our program: without moderators, there's no UDOLLI. If you have a passion for a subject that might be interesting to others, consider offering it as a seminar. It can be a lot of work, but it's almost always very rewarding and a lot of fun. It also comes with perks: free seminars for you and your spouse for a year and complimentary parking for the term in which you teach. Best of all, it's easy! If you'd like to propose a topic, send a proposal to jmitchell1@udayton.edu. Include the following:

1. Your name, mailing address, phone number and email address
2. The title of your seminar, with a brief description of what the seminar participants will learn
3. Any special requirements
4. A brief biography demonstrating your expertise in the subject area and your presentation abilities.

Let us know if you'd like a sample proposal. Julie Mitchell, the executive director of UD's office of Special Programs and Continuing Education, will discuss your seminar proposal with the UDOLLI curriculum committee. If your topic is selected, you'll be asked to fill out a moderator/seminar information form. This will give us the information we need for our program catalog, explain your room setup and audio/visual requirements, and tell us the days and times you're available to moderate.

REGISTRATION PROCEDURES

You can register for UDOLLI seminars online or by phone. Due to the popularity of UDOLLI seminars, please register promptly and whenever applicable, please indicate 1st, 2nd and/or 3rd choices, if registering by telephone. If registering online, selections are live, so alternative choices are unnecessary.

Online Registration — **Recommended Registration Option** (beginning Monday, August 7 at 9 a.m.) Each registrant will need to have his/her own individual email address. (Payment is required at time of registration.) While there are two methods to register, the online choice is recommended. Online registration begins Monday, August 7 at 9 a.m. — telephone requests will be accepted on/after Monday, August 14.

Please contact the Special Programs and Continuing Education Office prior to August 7, for information on pre-registering an online profile if one has not already been created for you. If unsure, the office can assist with information regarding profiles, setting up email accounts or other registration questions.

To access the registration site, there are two options:

TO REGISTER



Online (Beginning Monday, August 7th)

To access the registration site, there are two options:

1. Go directly to the online registration site at: <https://udayton.eventsair.com/udolli/fall23reg>
2. Access the main UDOLLI webpage at go.udayton.edu/udolli. Click the navigation link **Fall 2023 Seminars**. Click **Online-Registration**, choose the correct prompt to either **create a new user account**, or sign in with your existing account.



Phone and Fax Registration (Beginning Monday, August 14th)

Call 937-229-2347 to talk with the Special Programs and Continuing Education registration specialist. If you receive a recorded message, please leave your name, telephone number and seminar selections, including alternative choices.

If registering by telephone, you may be requested to submit the completed registration form on page 59.

If registering by fax, please fax your completed registration form to 937-229-3500.



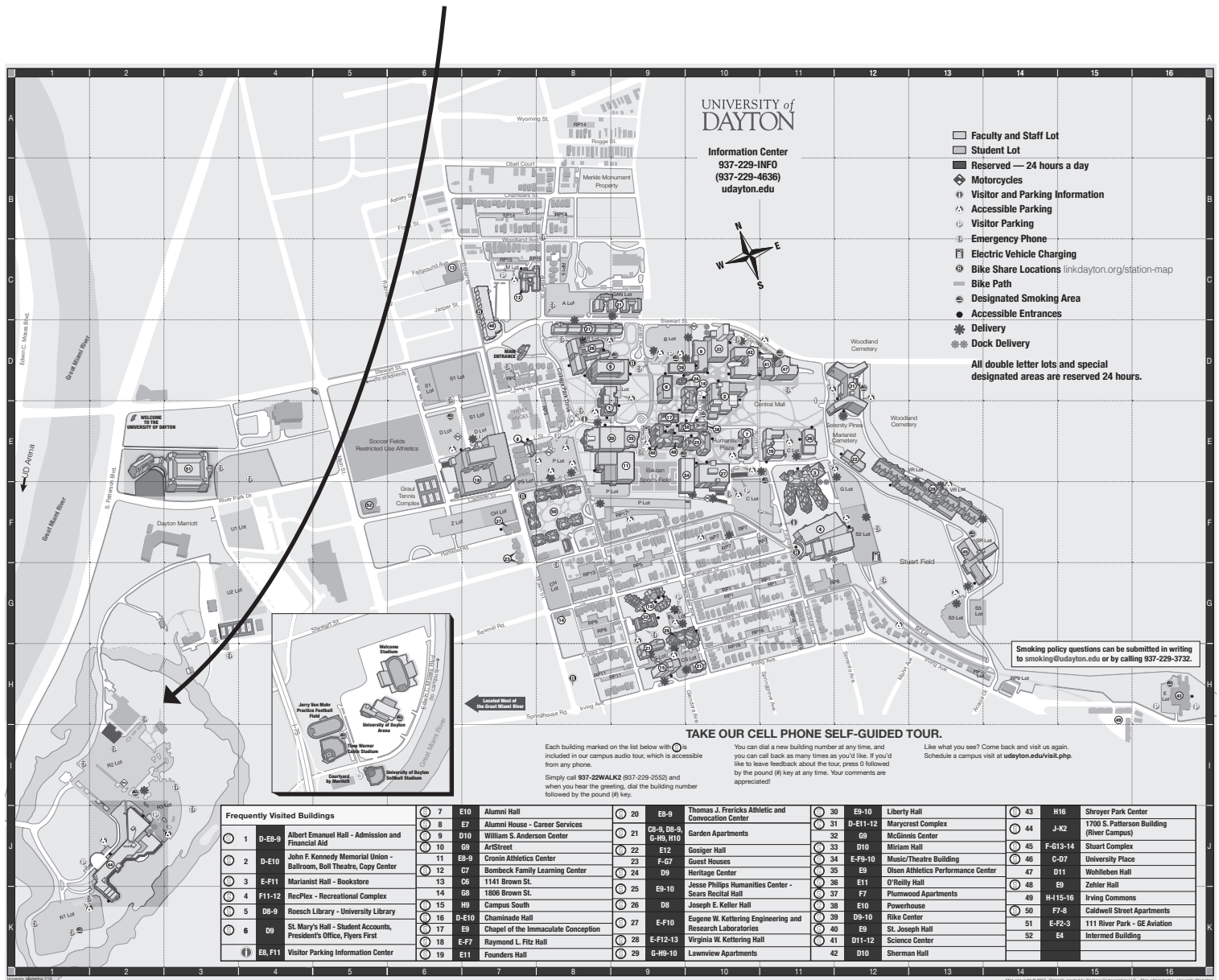
Mail Registration (Beginning Monday, August 14th)

All mail-in registrations must be postmarked after **August 14th**.

1. Complete the registration form on page 59.
2. If you pay by check or money order, make it payable to "University of Dayton." If you pay by credit card, complete the method of payment information and include your signature.
3. Any registrations received before the first date of mail registration will be held for processing on after **August 14th**.
4. Mail to:
University of Dayton
Special Programs and Continuing Education
300 College Park
Dayton, Ohio 45469-7011

CAMPUS MAP

The Office of Special Programs and Continuing Education is located on the University of Dayton's River Campus, Daniel J. Curran Place, 1700 South Patterson Blvd.





University of
Dayton



UNIVERSITY OF DAYTON OSHER LIFELONG LEARNING INSTITUTE

To respond to opportunities and contingencies beyond normal operating expenses and to support scholarships, UDOLLI relies on its development fund. Donations, accepted in any amount, are tax-deductible and can be made in honor of someone. Some companies have a matching fund policy for donations. Submit the completed company form (if applicable) with the development form.

**Thank you so much.
Your gifts are critical
to our success.**

Enclosed is my donation in the amount of \$ _____

Name _____

Address _____

City/State/ZIP _____

Telephone _____

☐ Please use my donation for a grant.

I have enclosed a matching gift form ☐ yes ☐ no

Please accept my gift in ☐ honor ☐ memory
of _____

Send notification of honor/memory gift to:

Name _____

Address _____

City/State/ZIP _____

Please check if applicable.

☐ I have included UDOLLI or UD in my estate plan.

☐ I am interested in life income or other deferred giving plans.

Please return this form with your check made payable to the
University of Dayton/OLLI to:

University of Dayton
Special Programs and Continuing Education
300 College Park
Dayton, OH 45469-7011

To donate online go to:
udayton.edu/give

Please charge my (check one)
____ Visa ____ MasterCard ____ Discover

Card number _____

3-digit V code (from reverse side of card) _____

Exp. date _____ Signature _____

Osher Lifelong Learning Institute, Fall 2023: Seminar Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	FRIDAY SELECTED
9:30-11:30 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> Dining in Dayton Sampler <input type="checkbox"/> The Influenza Pandemic of 1918-1919 <input type="checkbox"/> Dark Comedies NEW <input type="checkbox"/> The Art of Grandparenting – 2023 Style <input type="checkbox"/> Introduction to iPhone 12:30-2:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> The Soundtrack of Your Life NEW <input type="checkbox"/> Playing with Words: Poetry Writing Workshop NEW <input type="checkbox"/> Zentangle III <input type="checkbox"/> The Ghost at the Feast – America and World Order NEW <input type="checkbox"/> Beyond the Suffragists: The History of the American Women's Rights Movement ZOOM 3-5 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Famous Battles of the American Revolution NEW <input type="checkbox"/> Arming American Civil War Troops - How the North and South Were Equipped NEW <input type="checkbox"/> Wines of France and Italy (aka More Fun with Grapes) NEW <input type="checkbox"/> Agatha Christie's "Miss Marple" Movies <input type="checkbox"/> Planning for Financial Success in Retirement <input type="checkbox"/> Worth a Second Look ZOOM 	9:30-11:30 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> The Performing Arts Meet the Written Word NEW <input type="checkbox"/> Country Rock <input type="checkbox"/> Barbarians and the So-Called Dark Ages <input type="checkbox"/> An Introduction to the Amazon Rainforest <input type="checkbox"/> Prayer: God's Gift to Us NEW ZOOM 12:30-1:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Windows 11 Basics ZOOM 12:30-2:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Prologue to Civil War: America in the 1850s <input type="checkbox"/> More International Murder Mystery Videos: Seminar V <input type="checkbox"/> Stories from Life's Other Side: Listening to the Brokenness in American Society NEW <input type="checkbox"/> Living Younger for Longer: Movement, Nutrition and Additional Strategies for Healthy Aging 3-5 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Travel Adventures 2023 <input type="checkbox"/> History of Jazz, Part I <input type="checkbox"/> Tennis Instruction <input type="checkbox"/> Twain, James and O'Connor Tell Us How NEW ZOOM <input type="checkbox"/> No Bubbles, Still Wine 	9:30-11:30 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> Innovation that Changed the Direction of Civilization NEW <input type="checkbox"/> Music from Broadway and Hollywood NEW <input type="checkbox"/> Important, but Unfamiliar Speeches in American History <input type="checkbox"/> Bring a Mac and Learn ZOOM a Mac and Learn NEW ZOOM <input type="checkbox"/> From Role to Soul: Helpful Lessons on the Second Half of Life NEW ZOOM 12:30-1:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Beginner Pickleball 12:30-2:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Introduction to Geology <input type="checkbox"/> Beginner Mah Jongg <input type="checkbox"/> Fitness in Your 60s, 70s, 80s and Beyond <input type="checkbox"/> Lasting Scars: The Story of Dayton's Most Violent Decade: 1965-1975 ZOOM 1-3 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Grilling & Barbecuing - BarBQue U ZOOM 3-5 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Learn to Play Guitar: Intermediate <input type="checkbox"/> Introduction to Artificial Intelligence NEW <input type="checkbox"/> Music From the Great Beyond NEW ZOOM <input type="checkbox"/> Movie Music NEW <input type="checkbox"/> Behind the Scenes of University of Dayton Athletics 	9:30-11:30 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> The Stories We Tell: How We Teach, Learn and Remember History <input type="checkbox"/> A History of Carrier Aviation <input type="checkbox"/> Intermediate/Advanced iPad <input type="checkbox"/> Knowing Your Worth: To Be and Become Your Best Self (Part 2) ZOOM <input type="checkbox"/> Celebrating Metroparks: Anniversary Year – Looking Back, Planning Ahead 10:00-11:00 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> Fabulous Fall Flavors NEW 12:30-2:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Women and Investing <input type="checkbox"/> Nations of the World 3 NEW <input type="checkbox"/> Critical Presidential Elections NEW <input type="checkbox"/> Debunking Myths about Islam: A Journey from Fact to Fiction <input type="checkbox"/> Windows 11 Basics <input type="checkbox"/> Exploring Aviation History at the National Museum of the USAF 3-5 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> The Tragedy of King Lear NEW <input type="checkbox"/> Baseball History 1900-1960 NEW <input type="checkbox"/> Afro-Indian Art Quilts: Create Your Own NEW <input type="checkbox"/> Walking Along the Waters 1.0 NEW <input type="checkbox"/> Air Defense of the United States NEW ZOOM 	9:30-11:30 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> Chi Gong and Tai Chi for Exercise, Strength and Mindfulness <input type="checkbox"/> Business in the Headlines: Contemporary Issues for Non-Business Majors NEW ZOOM 12:30-2:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Socrates Café <input type="checkbox"/> Create Beautiful Holiday Cards <input type="checkbox"/> Spanish Survival Fun ZOOM <input type="checkbox"/> The MatheMagical Nature of the Universe NEW ZOOM 	Friday, October 13 9:30-11:30 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> Antioxidant and Anti-Inflammatory Supplements and Food Health NEW <input type="checkbox"/> You Too Can Take Great Photos! 12:30-2:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Living and Working in Southeast Asia – What I've Learned after 15 Years Abroad NEW Friday, October 20 12:30-2:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Ending the War to End All Wars ZOOM <input type="checkbox"/> Unlikely Ohio NEW
UDOLLI AT NIGHT					
6-8 p.m. September 19-October 24 <ul style="list-style-type: none"> <input type="checkbox"/> Feeling the Beat NEW September 19 <ul style="list-style-type: none"> <input type="checkbox"/> You Too Can Take Great Photos! September 26 <ul style="list-style-type: none"> <input type="checkbox"/> FDRs Tree Army – The Civilian Conservation Corps NEW <input type="checkbox"/> Russo-Ukrainian War Today ZOOM October 3 <ul style="list-style-type: none"> <input type="checkbox"/> How to Communicate Effectively with Your Doctor ZOOM October 10 <ul style="list-style-type: none"> <input type="checkbox"/> Story of the Great 1913 Floods in Southwest Ohio ZOOM October 17 <ul style="list-style-type: none"> <input type="checkbox"/> Never Give a Sucker an Even Break NEW 	Friday, September 22 9:30-11:30 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> Story of the Miami Valley Chautauqua ZOOM <input type="checkbox"/> Steeped in Tradition: The Story of Tea NEW 12:30-2:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Football 101 Friday, September 29 9:30-11:30 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> 25 Songs The Beatles Gave Away NEW <input type="checkbox"/> Red Lanyard Technology Review 12:30-2:30 <ul style="list-style-type: none"> <input type="checkbox"/> Advanced Football Strategies Friday October 6 9:30-11:30 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> How to Communicate Effectively with Your Doctor 12:30-2:30 <ul style="list-style-type: none"> <input type="checkbox"/> FDRs Tree Army – The Civilian Conservation Corps NEW 	Friday, September 22 9:30-11:30 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> The Stories We Tell: How We Teach, Learn and Remember History <input type="checkbox"/> A History of Carrier Aviation <input type="checkbox"/> Intermediate/Advanced iPad <input type="checkbox"/> Knowing Your Worth: To Be and Become Your Best Self (Part 2) ZOOM <input type="checkbox"/> Celebrating Metroparks: Anniversary Year – Looking Back, Planning Ahead 10:00-11:00 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> Fabulous Fall Flavors NEW 12:30-2:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Women and Investing <input type="checkbox"/> Nations of the World 3 NEW <input type="checkbox"/> Critical Presidential Elections NEW <input type="checkbox"/> Debunking Myths about Islam: A Journey from Fact to Fiction <input type="checkbox"/> Windows 11 Basics <input type="checkbox"/> Exploring Aviation History at the National Museum of the USAF 3-5 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> The Tragedy of King Lear NEW <input type="checkbox"/> Baseball History 1900-1960 NEW <input type="checkbox"/> Afro-Indian Art Quilts: Create Your Own NEW <input type="checkbox"/> Walking Along the Waters 1.0 NEW <input type="checkbox"/> Air Defense of the United States NEW ZOOM 	Friday, September 22 9:30-11:30 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> The Stories We Tell: How We Teach, Learn and Remember History <input type="checkbox"/> A History of Carrier Aviation <input type="checkbox"/> Intermediate/Advanced iPad <input type="checkbox"/> Knowing Your Worth: To Be and Become Your Best Self (Part 2) ZOOM <input type="checkbox"/> Celebrating Metroparks: Anniversary Year – Looking Back, Planning Ahead 10:00-11:00 a.m. <ul style="list-style-type: none"> <input type="checkbox"/> Fabulous Fall Flavors NEW 12:30-2:30 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> Women and Investing <input type="checkbox"/> Nations of the World 3 NEW <input type="checkbox"/> Critical Presidential Elections NEW <input type="checkbox"/> Debunking Myths about Islam: A Journey from Fact to Fiction <input type="checkbox"/> Windows 11 Basics <input type="checkbox"/> Exploring Aviation History at the National Museum of the USAF 3-5 p.m. <ul style="list-style-type: none"> <input type="checkbox"/> The Tragedy of King Lear NEW <input type="checkbox"/> Baseball History 1900-1960 NEW <input type="checkbox"/> Afro-Indian Art Quilts: Create Your Own NEW <input type="checkbox"/> Walking Along the Waters 1.0 NEW <input 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**UDOLLI FALL 2023 REGISTRATION FORM**

Due to the popularity of UDOLLI seminars, please register promptly
and whenever applicable, please indicate 1st, 2nd and/or 3rd choices.

Name _____
 Address _____ FIRST _____ MIDDLE INITIAL _____ LAST _____ (FORMER, MAIDEN, etc.)
 City _____ State _____ ZIP _____ Phone _____
 Date of Birth _____
Emergency Contact
 Name _____ Phone _____

University of Dayton Alumnus Class of 19 _____

Email Address _____

Online registration begins Monday, August 7th, at 9 a.m.**Phone and fax registration begins Monday, August 14th, at 9 a.m.**☐ Name badge and a tent card requested**Method of payment (seminar fee \$80):**

Payment for: Seminar fee _____

☐ Check/Money order to UD☐ Life member☐ UD/OLLI tuition remission form☐ Moderator☐ Visa ☐ MasterCard ☐ Discover ☐ American Express☐ Spouse of moderator

Card number _____ Exp. date _____ 3-digit V code from reverse side of card _____

Total _____ Signature _____

Monday**9:30-11:30 a.m.**

- ☐ Dining in Dayton Sampler
- ☐ The Influenza Pandemic of 1918-1919
- ☐ Dark Comedies NEW
- ☐ The Art of Grandparenting – 2023 Style
- ☐ Introduction to iPhone

12:30-2:30 p.m.

- ☐ The Soundtrack of Your Life NEW
- ☐ Playing with Words: Poetry Writing Workshop NEW
- ☐ Zentangle III
- ☐ The Ghost at the Feast – America and World Order NEW
- ☐ Beyond the Suffragists: The History of the American Women's Rights Movement ZOOM

3-5 p.m.

- ☐ Famous Battles of the American Revolution NEW
- ☐ Arming American Civil War Troops - How the North and South Were Equipped NEW
- ☐ Wines of France and Italy (aka More Fun with Grapes) NEW
- ☐ Agatha Christie's "Miss Marple" Movies
- ☐ Planning for Financial Success in Retirement
- ☐ Worth a Second Look ZOOM

Tuesday**9:30-11:30 a.m.**

- ☐ The Performing Arts Meet the Written Word NEW
- ☐ Country Rock
- ☐ Barbarians and the So-Called Dark Ages
- ☐ An Introduction to the Amazon Rainforest
- ☐ Prayer: God's Gift to Us NEW ZOOM

12:30-1:30 p.m.

- ☐ Windows 11 Basics ZOOM

12:30-2:30 p.m.

- ☐ Prologue to Civil War: America in the 1850s
- ☐ More International Murder Mystery Videos: Seminar V
- ☐ Stories from Life's Other Side: Listening to the Brokenness in American Society NEW
- ☐ Living Younger for Longer: Movement, Nutrition and Additional Strategies for Healthy Aging

3-5 p.m.

- ☐ Travel Adventures 2023
- ☐ History of Jazz, Part I
- ☐ Tennis Instruction
- ☐ Twain, James and O'Connor Tell Us How NEW ZOOM
- ☐ No Bubbles, Still Wine

Wednesday**9:30-11:30 a.m.**

- ☐ Innovation that Changed the Direction of Civilization NEW
- ☐ Music from Broadway and Hollywood NEW
- ☐ Important, but Unfamiliar Speeches in American History
- ☐ Bring a Mac and Learn
- ☐ ZOOM a Mac and Learn NEW ZOOM
- ☐ From Role to Soul: Helpful Lessons on the Second Half of Life NEW ZOOM

12:30-1:30 p.m.

- ☐ Beginner Pickleball

12:30-2:30 p.m.

- ☐ Introduction to Geology
- ☐ Beginner Mah Jongg
- ☐ Fitness in Your 60s, 70s, 80s and Beyond
- ☐ Lasting Scars: The Story of Dayton's Most Violent Decade: 1965-1975 ZOOM

1-3 p.m.

- ☐ Grilling & Barbecuing - BarBQue U ZOOM

3-5 p.m.

- ☐ Learn to Play Guitar: Intermediate
- ☐ Introduction to Artificial Intelligence NEW
- ☐ Music From the Great Beyond NEW ZOOM
- ☐ Movie Music NEW
- ☐ Behind the Scenes of University of Dayton Athletics

Thursday**9:30-11:30 a.m.**

- ☐ The Stories We Tell: How We Teach, Learn and Remember History
- ☐ A History of Carrier Aviation
- ☐ Intermediate/Advanced iPad
- ☐ Knowing Your Worth: To Be and Become Your Best Self (Part 2) ZOOM
- ☐ Celebrating Metroparks: Anniversary Year – Looking Back, Planning Ahead

10:00-11:00 a.m.

- ☐ Fabulous Fall Flavors NEW

12:30-2:30 p.m.

- ☐ Women and Investing
- ☐ Nations of the World 3 NEW
- ☐ Critical Presidential Elections NEW
- ☐ Debunking Myths about Islam: A Journey from Fact to Fiction
- ☐ Windows 11 Basics
- ☐ Exploring Aviation History at the National Museum of the USAF

3-5 p.m.

- ☐ The Tragedy of King Lear NEW
- ☐ Baseball History 1900-1960 NEW
- ☐ Afro-Indian Art Quilts: Create Your Own NEW
- ☐ Walking Along the Waters 1.0 NEW
- ☐ Air Defense of the United States NEW ZOOM

Friday**9:30-11:30 a.m.**

- ☐ Chi Gong and Tai Chi for Exercise, Strength and Mindfulness
- ☐ Business in the Headlines: Contemporary Issues for Non-Business Majors NEW ZOOM

12:30-2:30 p.m.

- ☐ Socrates Café
- ☐ Create Beautiful Holiday Cards
- ☐ Spanish Survival Fun ZOOM
- ☐ The MatheMagical Nature of the Universe NEW ZOOM

Friday Selected Topics**Friday, September 22****9:30-11:30 a.m.**

- ☐ Story of the Miami Valley Chautauqua ZOOM
- ☐ Steeped in Tradition: The Story of Tea NEW

12:30-2:30 p.m.

- ☐ Football 101

Friday, September 29**9:30-11:30 a.m.**

- ☐ 25 Songs The Beatles Gave Away NEW
- ☐ Red Lanyard Technology Review

12:30-2:30

- ☐ Advanced Football Strategies

Friday October 6**9:30-11:30 a.m.**

- ☐ How to Communicate Effectively with Your Doctor

12:30-2:30

- ☐ FDRs Tree Army – The Civilian Conservation Corps NEW

Friday, October 13
9:30-11:30 a.m.

- ☐ Antioxidant and Anti-Inflammatory Supplements and Food Health NEW
- ☐ You Too Can Take Great Photos!

12:30-2:30 p.m.

- ☐ Living and Working in Southeast Asia – What I've Learned after 15 Years Abroad NEW
- ☐ Russo-Ukrainian War Today ZOOM

Friday, October 20
12:30-2:30 p.m.

- ☐ Ending the War to End All Wars ZOOM
- ☐ Unlikely Ohio NEW

UDOLLI At Night**6-8 p.m.****September 19-****October 24**

- ☐ Feeling the Beat NEW

September 19

- ☐ You Too Can Take Great Photos!

September 26

- ☐ FDRs Tree Army – The Civilian Conservation Corps NEW

October 3

- ☐ How to Communicate Effectively with Your Doctor ZOOM

October 10

- ☐ Story of the Great 1913 Floods in Southwest Ohio ZOOM

October 17

- ☐ Never Give a Sucker an Even Break NEW