

# OSHER LIFELONG LEARNING INSTITUTE

Summer Program Catalog June 12-August 16, 2023

Online Registration Begins May 8, 2023



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The Osher Lifelong Learning Institute (UDOLLI) began 28 years ago as the University of Dayton Institute for Learning in Retirement or UDILR. Since 2004, we have been proud members of the Osher Lifelong Learning Network, a group of more than 100 institutes across the country dedicated to meeting the needs of adult learners over 50 years of age who wish to gather for the joy of learning and personal fulfillment.

# **OUR MISSION STATEMENT**

The purpose of the Osher Lifelong Learning Institute at the University of Dayton is to offer adults 50 years or better a wide variety of seminars based on the peer-learning concept and designed to be intellectually stimulating in an informal and noncompetitive environment.

### We are a vibrant community

We are adults with wide-ranging interests in art, current events, health and fitness, history, literature, music, religion and science. A curriculum committee works with the Executive Director of Special Programs and Continuing Education to select our curriculum on the basis of member requests, the expertise of moderators, variety and balance. Moderators include University of Dayton (UD) professors and community professionals who lead peer-to-peer informal lecture and discussion seminars that typically meet once a week for two hours, for three to eight weeks.

#### Our seminars are noncredit

There are neither tests nor grades, nor educational requirements. Participation is essential, ranging from keeping up with assigned readings and contributing to seminar discussion to sharing the results of one's own research. A majority of our seminars are held on the University of Dayton River Campus in Daniel J. Curran Place, 1700 South Patterson; others are on the UD main campus with a few at off-site locations, such as the Boonshoft Museum of Discovery. The map on page 23 identifies the location of Daniel J. Curran Place and other UD buildings.

#### **UDOLLI** is a cooperative venture

We rely on the contributions and participation, both in seminars and out, of each member. Members assist the Executive Director of Special Programs and Continuing Education by moderating seminars, coordinating lecture series, leading small group discussions, organizing activities and volunteer projects, serving on the board of advisors and committees, acting as seminar liaisons, helping in the office and volunteering for all other tasks that keep us going.

#### Becoming a member of UDOLLI is easy

Registering for seminars is simple and convenient. Pages 21-22 give complete registration information and procedures. Once you register for a seminar, you automatically become a UDOLLI participating member for the current academic year. The term of membership conforms to the academic calendar, beginning in September and ending in June.

Friends of the Institute are individuals who donate \$80 or more each year to support UDOLLI's goals; Life Members are individuals making a one-time donation of \$2,000 or more; and Distinguished Service Life Members are individuals giving UDOLLI extraordinary service. Life and Distinguished Members may attend seminars at no cost.

We are part of the University of Dayton's Office of Special Programs and Continuing Education, which is directed by Julie Mitchell and sponsors lifelong learning and professional development programs. Founded in 1994 as the University of Dayton Institute for Learning in Retirement, we have grown from the original 98 members to more than 2,000 members.

#### **Enjoy member benefits**

As a UDOLLI member, you are invited to participate in UDOLLI activities and related continuing education-sponsored events such as the Duane W. Chapman Senior Symposium, Senior Fellows undergraduate audit program, New Horizons Music, Dayton Celebration Chorus and University programs. Page 19 gives more information about these programs.

As a UD community member, you are invited to participate in UD-sponsored activities such as lectures, recitals, and art and cultural events, and enjoy campus privileges such as Roesch Library and the RecPlex (membership fee required). You're welcome to shop at the UD bookstore and eat at the campus coffee bars or Riverview Cafe, Curran Place. For identification, you'll use your name badge received upon registering for your first seminar.

#### You may qualify for a grant

If you meet certain financial criteria, you may qualify for a UDOLLI grant, entitling you to enjoy all UDOLLI member benefits and attend seminars at no cost or a reduced cost. Please contact Julie Mitchell at imitchell@udayton.edu, or call the office of Special Programs and Continuing Education at 937-229-2605 for additional information. All requests are confidential.

#### **RTA**

If you wish to ride the RTA, call the RTA Ride Line at 937-425-8300 for schedule and senior discount information.

#### Are you interested in moderating a seminar?

UDOLLI is grateful to its volunteer moderators who share their knowledge and provide a comprehensive curriculum. Moderators become Friends of the Institute for the academic year in which they teach. They and their spouses can enjoy member benefits and may attend seminars during the year at no cost. If you are interested in learning more about becoming a moderator, Julie Mitchell will be happy to talk with you. Call Special Programs and Continuing Education at 937-229-2605 or email jmitchell1@udayton.edu for more information.

#### **UDOLLI Privileges**

Your UDOLLI nametag gives you access to:

- University Libraries
- The RecPlex (membership fee required)
- UD bookstore

Call 937-229-2347 for more information.

#### For questions and additional information

UDOLLI is interested in helping you attain your lifelong learning goals. To read our catalog online, visit go.udayton.edu/UDOLLI. For more information or to be added to our mailing list, please call the office of Special Programs and Continuing Education at 937-229-2605 or 937-229-2347.

### SUMMER SEMINARS

# **MONDAY SEMINARS**

### Creating Paper Crafts/Gifts One-Day Workshop

Learn to make beautiful handmade gifts and crafts from paper and other supplies to share with family and friends.

In this seminar, participants will learn to paper craft projects and gifts. Some possible projects are ornaments, small tea light lanterns, candy bar holders and gift card holders.

Materials needed for paper project making, including cardstock, printer papers, embellishments and other supplies, will be provided for each participant. Special equipment such as die-cutting machines, heat-embossing tools, stamps, inks, etc., will be available. Participants will need to bring a basic tool kit.

Seminar time will include a break for lunch. Participants may pre-order a lunch with their registration for \$10 or bring their own. Lunches will be box lunches with sandwich, chips, fruit and dessert. When you place your order you may choose from turkey, roast beef or vegetarian sandwiches.

**Materials Fee: \$25** 

Seminar Limit: 20

1 Monday, June 12

9 a.m.-3p.m., Daniel J. Curran Place

**Bobbye Goetz** is a paper-crafter enthusiast. She teaches paper crafting and stamping seminars and has moderated for UDOLLI since 2018.

**Lynn Wilmes** became a paper crafter in 2018, when she caught the bug taking a UDOLLI seminar. She began moderating with Bobbye in 2019.

### **Exploring the Mound Cold War Discovery Center**

The Mound Cold War Discovery Center has prepared a special program, demonstrations and private tour for UDOLLI members. Site Manager, Jaclyn Miller, will begin with an overview of the Discovery Center and Mound Laboratory history. A video on the history of the Mound will be shown. Bob Bowman will provide an overview of the radioactive polonium, plutonium and tritium that were processed at the Mound for nuclear weapons and space flight missions, along with a summary of development and production of explosive components that have been used extensively in nuclear weapons. Demonstrations will illustrate the characteristics of various isotopes along with their use in diverse applications that include both common and unexpected items in homes, commerce and industry.

There will also be a collaborative presentation on bismuth, bismuth crystals and the Mound Laboratory to tell the tale of the Mound's bismuth crystal donations from 1972. Bob will explain the chemistry and application of bismuth, a metallic element, and its role in Mound Laboratory's polonium process work to produce initiators in the first generation of nuclear weapons.

Jaclyn will describe how an email turned into a research adventure which led to forging a renewed relationship between two local museums, and the wonderful rediscovery of bismuth crystal donations made by the Mound Laboratory to the Smithsonian Institute and Boonshoft Museum of Discovery.

Weather permitting, MCWDC Staff will be making bismuth crystals in the backyard of the Discovery Center after the Bismuth Crystal Presentation.

Participants will have the opportunity to tour the Discovery Center's exhibits along with Bob providing background information and explanations.

Speakers:

Bob Bowman-Mound retiree, Mound Science and Energy Museum Association board member.

Jaclyn Miller-Site/project manager, the Mound Cold War Discovery Center

Entrance Fee: \$10. Includes Mound tour, program and light refreshments.

Seminar Limit: 25

1 Monday, June 12

10 a.m.-noon, Mound Cold War Discovery Center, 1075 Mound Road, Miamisburg

**Dr. Bob Bowman** is a former Monsanto Mound senior research staff member who is also retired from the Oak Ridge National Laboratory (TN) and Jet Propulsion Laboratory (CA). He has presented seminars for UDOLLI on the Manhattan Project, Monsanto and Radioactive Isotopes. Bob has B.S. (Miami U.), M.S. (MIT) and Ph.D. (Caltech) degrees in chemistry.

Barbara Denison retired from Wright State University after 35 years of teaching information systems in the College of Business. Barbara has been a moderator, liaison and regular student. She is past president of the Board of Advisors of UDOLLI and co-chaired the Curriculum Committee.

### Senior Yoga

This exercise class will help participants move the body through a series of seated and standing yoga poses designed to increase flexibility, balance and range of motion. In addition, participants will discover various breathing techniques that help with stress and relaxation. At the end of class will be a 15 to 20 minute guided relaxation that undoubtedly will be enjoyed.

Chairs will be provided and no mats will be necessary, as we do not get on the floor, Please dress comfortably, wear comfortable supportive shoes and bring water for hydration.

#### Seminar Limit: 25

3 Mondays, June 12, 19, 26

1-3 p.m., Daniel J. Curran Place

Bethany Abney was raised in Huber Heights and graduated from Wayne High School. She is a retired teacher from Tecumseh High School. Bethany has 10 years' experience teaching Silver Sneakers Yoga at the Huber Heights YMCA.

#### **Tennis Instruction**

Tennis instruction to all levels of tennis players. Three-week session with instruction two times a week on Monday and Wednesday. This seminar will meet at The University of Dayton Graul Tennis Complex located on Caldwell Street between Main and Brown Streets.

#### **Seminar Limit: 16**

3 Mondays, June 12, 19, 26 AND 3 Wednesdays, June 14, 21, 28

5-7 p.m., Graul Tennis Complex

Oliver Davis graduated from the University of Dayton in 1983 with a degree in mechanical engineering technology. He has played and taught tennis for over 40 years, Oliver played tennis in high school and still plays this present day. He has coached and trained high-ranked junior and college players. He was an assistant coach at Sinclair Community College for three years, where they were ranked as high as number five in the nation among junior colleges. Oliver also taught tennis classes at Sinclair Community College, and was the coach for the University of Dayton club team for three years.

# TUESDAY SEMINARS

#### So You Think You Know Think<sup>TV</sup> PBS

Most of us have at least one or two favorite programs that we enjoy on our PBS station. But there is a lot more to learn about PBS and Think<sup>TV</sup>, including how they began, their work creating local productions and education content for teachers and students, and involvement with national programming. PBS remains the most-trusted source of children's programming by parents, mosttrusted source of educational materials by teachers and the most-trusted source of public affairs programming by viewers.

Meet staff members from across the organization and go behind the scenes. Enjoy video content and program clips and learn to use the website resources. Engage in discussions to broaden your insights into this amazing education and entertaining community resource.

2 Tuesdays, June 13 and 20

9:30-11:30 a.m., Daniel J. Curran Place

**Laura Letton**, CFRE, is director, Major & Planned Giving, Think<sup>TV</sup> & CET, and works with individual and foundation donors, and manages station events. She has been a non-profit fundraiser for 26 years with experience at visual and performing arts organizations.

Bonnie Shane's many lives include being a weaver/educator in the Washington, D.C. area, a consumer attorney with the Legal Aid Society of Dayton and a professor and chair of the Paralegal Program at Sinclair Community College. Now retired, she volunteers at Think<sup>TV</sup>, fosters dogs for SISCA and travels the world.

### **Summer Walks Through Kettering**

Join Tim as he leads walkers through various parks and the surrounding neighborhoods of Kettering. Walks will average two to three miles, over mostly flat terrain, with an option for a longer distance. Enjoy the summer weather, the colorful surroundings and a rest stop for conversation and to purchase a drink and a snack. Dress according to the weather, wear proper footgear and leave valuables in a safe place.

#### Seminar Limit: 25

3 Tuesdays, June 13, 20, 27 AND 3 Thursdays, June 15, 22, 29

9-11 a.m., Meet at Daniel J. Curran Place

Tim Ziegert is a graduate of the University of Dayton with a BSBA in accounting and an MBA in finance from Xavier University. He is certified in management accounting and in employee benefit management (CMA, CEBS).

Tim is a former comptroller, corporate secretary and director for Leisure Lawn, Inc. He is also a former instructor in small business administration for Urbana University at London Correctional Institution (ODRC) and both Ohio Dominican and Urbana Universities' adult education programs.

### **UDOLLI Goes to the Movies: A Century of Cinema**

Each month we have chosen an actress, actor or theme and will supply a narrative prior to viewing a film related to the subject. There will be onscreen pictures, posters and film clips, followed by the film with the subject.

#### Subjects are:

June: Barbra Streisand

July: Ohio Born Stars

**August: Clint Eastwood** 

Doors will open at 2 p.m. and the program begins at 3 p.m. Concessions will be available for purchase.

3 Tuesdays, June 20, July 18, August 15

3-5 p.m., Plaza Theatre, Miamisburg

**Doug Sorrell** served on the 2014-2015 committee to restore and reopen the 1919 Plaza Theatre. He is a lifelong film buff, former radio and TV account executive, retired retailer and active charity auctioneer. Doug is also a Miamisburg native and president of the non-profit plaza board.

### Travel Is Back With a Vengeance!

Travel is rebounding back to pre-pandemic levels, even despite inflation and, at times, significant operational challenges. Travelers are heading to all corners of the globe and planning seems to be a common theme. Get tips from a panel regarding air travel, international and domestic tours and cruises, road trips including bed and breakfasts and RV traveling. This seminar will renew your focus on traveling.

1 Tuesday, June 27

1-3 p.m., Daniel J. Curran Place

Vicki Gilman, district director at AAA, oversees the day-to-day operations of 12 AAA stores in the Dayton/Columbus area. Her career with AAA began 30 years ago as a travel agent. Prior to AAA, she worked for EF McDonald/Carlson Wagonlit Travel. Her time in the travel industry has spanned over 36 years from handwriting tickets to modern technology.

Leslie (Rosell) Gonya is a native Daytonian and University of Dayton graduate. In 1998 she started Ideal Travel. In 2003 she and her husband, Jeff, opened a bed and breakfast-style property in the Oregon District and then added a wine bar in 2011. At that time, she scaled back her travel business to her favorite - coordinating groups of Dayton Flyers basketball fans to attend road and tournament games.

**Linda Hughes** is the Air Service Development Manager at the Dayton International Airport, After working in banking for 25 years, she began her career in aviation. She worked as General Manager with AirTran Airways for 10 years and in 2008 joined the City of Dayton Department of Aviation. Linda's main role is to communicate with airlines sharing with them the strengths and needs of our community and seeking to bring more airlines and more nonstop destinations to the Dayton market.

Bruce Muir, a retired Naval Commander, has served for 26 years in the Navy traveling up and down both U.S. coasts and overseas under, on top of, and flying over the oceans of the world. Now retired from the military, Bruce is continuing his journeys with his wife utilizing an RV trailer to see the inland portions of this great country.

Carol Bucklew, Moderator, has been a UDOLLI participant for many years. She has been a Board member and currently is a UDOLLI consultant. Since retirement, Carol and her husband have traveled extensively all over the world.

# **WEDNESDAY SEMINARS**

### West Virginia, Mountain Mama, Take Me Home

Here in the Miami Valley we live only a few hour's drive west of the beautiful state of West Virginia. But what do we really know about the troubled yet resilient history of the state that came into existence in 1863 during the strife of the Civil War? John Denver may have sung "take me home, country roads," but what was home really like for most folks in this isolated and economically deprived state during the four decades from the 1920s through the 1960s?

In this seminar we'll speak to absente landlords, those wealthy outsiders who for generations controlled much of the state's natural resources; gun-toting union organizers like Mother Jones; and the Battle of Blair Mountain in 1921 where the United States military attacked its own citizens from the air.

What was the Great Depression like in the hollows of West Virginia and what measures were enacted to combat hunger and hopelessness during that period? Why did so many families have the "holy trifecta"—pictures of Jesus Christ, John L. Lewis, and Franklin Roosevelt hanging on the walls of their humble homes during the 1930s and 1940s?

What about the migrations of West Virginians who sought work in Dayton, Cleveland, Akron, Detroit and other industrial cities between the 1940s and into the early 1960s? And that "War on Poverty" in the mid-1960s targeting West Virginia's economic desolation, what difference did it make in the life of the state? Finally, we'll address the question of whether our neighbor to the east has a future in a time of rapid cultural and technological change.

2 Wednesdays, June 14 and 21

9:30-11:30 a.m., Daniel J. Curran Place

**Dr. Ed Garten** grew up in one of the most poverty stricken counties in southern West Virginia. After college he taught for a summer in one of the state's first federally funded Head Start programs and volunteered in several other Appalachian anti-poverty initiatives. He retired from the University of Dayton in 2007 as an emeritus dean and professor and then joined Walden University where he gave leadership for 10 years to doctoral programs in adult education and higher education leadership. His most recent publications have included a study of school desegregation in West Virginia as well as a study of a southern West Virginia coal company's progressive social experiment turned lasting legacy.



Eggs...Butter...Flour...Yeast...Salt. Join Chef Tom Perry, on Zoom, for two sessions from his home kitchen as he demonstrates some delicious options with these five simple ingredients. Think of it as Food Science meets Cooking 101.

2 Wednesdays, June 14 and 21

1-3 p.m., ZOOM

**Tom Perry** reads and collects cookbooks for fun! He is a passionate "from scratch" hobby chef who has been cooking, grilling and bar-b-queing since age 18. He is a serious bread baker and makes it every two weeks year-round. Tom is also a pie baker, sauce maker, pizza maker, pasta maker, roaster, brasier, broiler, breakfast maker, soup maker and the list goes on and on. He taught in the Dorothy Lane Cooking School in 2006, 2019, and 2020. He was featured in the Food Section of the DDN in 2005 and 2006 for Dutch Oven Gourmet Cooking by Food Editor Ann Heller.

Tom is also an experienced public speaker and performer who plays a serious guitar and sings in his spare time. He is an avid fly fisher and fly tyer. He and his wife have three grown, married daughters and seven grands.

### What the Heck Is Geocaching?

Geocaching is an outdoor treasure-hunting activity that any age can enjoy and is a perfect pastime for grandparents and grandchildren. Geocachers hunt for hidden containers in the great outdoors using a navigational device such as a smart-phone. These hidden objects are literally everywhere around us, in cities and countries all over the world, although in most cases there is no treasure involved. There are thousands in Montgomery County alone. Come to this seminar to learn how you can get involved. If you already own a smart-phone, this is all you need to get started, along with a sense of adventure!

1 Wednesday, June 28

9:30-11:30 a.m., Daniel J. Curran Place

**Mary Riordan** is a retired educator and guidance counselor. She has taught seminars at UDOLLI on several topics including technology, conversation skills, photo books and grandparenting.

### History of Old River Park

In 1939 National Cash Register, NCR, opened Old River Park. Through the years, Old River Park provided an excellent resource for NCR employees to take a break from the offices and factory buildings. With places to exercise and participate in active outdoor activities such as swimming, volleyball and boating, it also was a place for relaxation and entertainment. However, the park proved to be much more than a place for recreation. Through the many parties, banquets, concerts and other events, it provided a canvas on which generations of the extended NCR family had fun and got to know each other better. It was this social interaction in a relaxed setting that contributed to the culture of the corporation over time.

In this seminar, learn more about the history of Old River Park, the impact it had on the community and plans for the future.

1 Wednesday, June 28

1-3 p.m., Daniel J. Curran Place

**Julie Mitchell**, executive director for Special Programs and Continuing Education, received her bachelor's and master's degrees from the University of Dayton and has been associated with UD Continuing Education for 40 years. She has fond childhood memories of spending time in Old River Park which sparked her interest in learning more about its history.



# THURSDAY SEMINARS

### The Dayton Art Institute: Past and Present

The seminar will trace the history, architecture, growth and development of the Dayton Art Institute from its beginning in 1919 as the Dayton Art Museum to today. Day 1 will meet at Daniel J. Curran Place and Day 2 will be a field trip to the Dayton Art Institute for an on-site tour of the building exteriors, interiors and grounds led by the seminar moderator.

1 Thursday, June 15 AND 1 Friday, June 16

9:30 a.m., Daniel J. Curran Place AND 11 a.m., Dayton Art Institute

**Tom Thickel** retired as president of the Dayton architectural firm of Levin Porter Architects Inc., a regional architectural firm with education, medical and cultural projects in Ohio, Indiana and Michigan. A Dayton native, he received his bachelor of architecture degree from The Ohio State University, and served as president of the Dayton Chapter of the American Institute of Architects. He is a member of Holy Angels Parish. In addition to his volunteer involvement in UDOLLI, he currently volunteers as a historical interpreter for Dayton History at Carillon Park, Hawthorn Hill and the Patterson Homestead.

### **Aviation Heritage**

The Wright brothers' lives, careers and their quest to overcome problems in flight have captivated people the world over. Orville and Wilbur Wright's hometown became the base for their efforts to overcome problems in flight and invent the world's first practical airplane. In part due to their early efforts, the Dayton area became a center for innovation and invention and has embraced aviation science and history. This shared heritage of flight has become entwined with Dayton's story and led to the establishment of a national park that connects people with local resources and histories of the Wrights' work and significance.

Join Julie this summer as we visit some of the places in the Miami Valley dedicated to the history of the Wright Brothers and powered flight to include guided tours of the Dayton Aviation Heritage National Historical Park, the WACO Air Museum in Troy, which is celebrating its 100th anniversary this year, and Carillon Historical Park.

Seminar Limit: 35

**Entrance Fee: \$10** 

3 Thursdays, June 15, 22, 29

1-3 p.m., Dayton Aviation Heritage National Park, WACO Air Museum, Carillon Park

Julie Mitchell executive director for Special Programs and Continuing Education, received her bachelor's and master's degrees from the University of Dayton and has been associated with UD Continuing Education for 40 years. She began her interest in the Wright Brothers when she became the UD Elderhostel coordinator in 1988, responsible for a week-long program featuring the Wright Brothers and highlighting Dayton as the birthplace of powered flight.

# FRIDAY SEMINARS

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### **Chi Gong Exercise Routine**

Chi Gong is an exercise routine that incorporates mindful breathing and learning to move the body as a whole. It is suitable for all ages and can be adapted for physical problems.

3 Fridays, June 16, 23, 30

9:30-11:30 a.m., Daniel J. Curran Place

**Gene Idol** has been involved in martial arts practice since 1974. He started in TaeKwonDo, eventually earning his 5th Degree Black Belt. He started practicing Tai Chi in 1977 and continues to this day. He believes Tai Chi and Chi Gong can benefit anyone who is willing to put in a little time and effort.

In addition, Gene is a mental health counselor who works with people who have mental health issues and people in recovery.

### Stay Fit While You Sit

What can you do while sitting (or standing with the optional support of a chair) to improve flexibility, core, breath awareness, balance and stress management through the use of music or contemplative opportunities? Try chair fitness to find out. All abilities welcome. Modifications of stretches, strengthening exercises and postures will be provided so each participant can adapt the class to meet their own physical needs and abilities. Music, meditations and poses may be Christian influenced. It is recommended that, just as with all new exercise regimes, you consult your physician prior. Seminars will be about 50-60 minutes long.

3 Fridays, July 14, 21, 28

9:30-11:30 a.m., Daniel J. Curran Place

**Karla Brun** is a long-time athlete and retired occupational therapist who received her yoga training and certification at Living Waters, a Christian yoga center. She currently teaches chair and mat yoga/stretching/balance activities in the Dayton area.

# **LUNCH AND LEARN**

#### History of the Osher Lifelong Learning Institute at the University of Dayton

How was the Osher Lifelong Learning Institute at the University of Dayton, UDOLLI, established? When did it begin? Who is Mr. Osher and what is the UD connection to the Osher Foundation? Learn the answers to these questions and more.

Julie Mitchell, executive director for Special Programs and Continuing Education, received her bachelor's and master's degrees from the University of Dayton. She has been associated with UD Continuing Education for 40 years and is the founding director of what we now know as the Osher Lifelong Learning Institute at the University of Dayton, UDOLLI.

#### Wednesday, June 14

Auditorium, Daniel J. Curran Place

#### Three Keys to Health, Emotional Wealth and Happiness

Life changes us. How do we change with it? Health, emotional wealth and happiness depend on what we do today. Learn three keys to saying, "Yes!" to life and be our best version of ourselves regardless of the changes.

**Ann Anzalone** is a dynamic presenter specializing in teaching brain-based research, specific movements for learning and effective learning techniques. Her mission is to teach so that others may learn. She currently teaches teacher and senior workshops and maintains her private practice for children and adults.

#### Wednesday, July 12

Auditorium, Daniel J. Curran Place

#### **Lunch With the President**

Come spend time with the University of Dayton President, hear about his exciting vision for the university and how, together, we will make this vision come to life.

**Dr. Eric F. Spina** has served as president of the University of Dayton, since July 1, 2016. He quickly earned a reputation on campus and beyond for his open and collaborative leadership style that led to the development of an imaginative 20-year aspirational strategic vision rooted in the University's Marianist heritage.

#### Wednesday, August 16

Auditorium, Daniel J. Curran Place

Be sure to select your box lunch at the time of registration. Lunches will be available at 11:30 a.m. Presentations begin at noon and finish by 1 p.m.

# SPECIAL EVENTS

Please save the date for these upcoming special events and watch your email for your invitations and registration information.

### **UDOLLI Community Sing-A-Long**

"The hearts of people who sing together beat in unison." For generations people sang together—at family gatherings, around campfires, in church, in social groups and service clubs, around parlor pianos, at rallies in support of causes and among friends in support of shared memories. They sang, joined in recognition of common melodies and words that connected and united generations. They sang songs of faith, struggles, tragedy, yearnings, disasters, love won and love lost.

This one-time summer seminar is meant to celebrate, at least for one evening, the tradition and joy of community singing. Songbooks will be provided containing singable tunes of the 50s, 60s and 70s; classic "folk" and country songs; old-time gospel music and a few vintage "Tin Pan Alley" chestnuts that refuse to die.

If would enjoy raising your voice in song with fellow UDOLLI members, this seminar is for you!

1 Thursday, August 10

7 p.m., Daniel J. Curran Place

Bill Schuerman is a former University of Dayton VP and dean. He has moderated UDOLLI seminars for over 25 years. He would describe himself as "an old folkie from the 60s" when he played in a Queen City Balladeers group called The Sink Top Replacements. Some might, with deep regret, know him from the infamous, less-than-popular Dayton band, The Back Porch Jam. Bill served as song leader for a similar UDOLLI event a number of years ago and has led annual sing-alongs around the campfire for UDOLLI board retreats.

# DATES TO REMEMBER

University of Dayton Osher Lifelong Learning Institute (UDOLLI) **Annual Meeting and Moderator Appreciation Luncheon** June 1, 2023

Prayer Service and Ice Cream Social in Celebration of the UDOLLI 2023-2024 Program Year

September 17, 2023

**UDOLLI Fall 2023** 

September 18-November 3, 2023

**UDOLLI Winter 2024** 

January 16-February 26, 2024

**UDOLLI Spring 2024** 

March 18-May 3, 2024

### ADDITIONAL PROGRAM INFORMATION

Severe Weather and Other Community Emergencies—UDOLLI seminars will be cancelled when the University of Dayton is closed for inclement weather. If the situation is ambiguous, there will be a message on the office phone at 937-229-2347. Listen for details on WHIO-TV or WHIO-AM/FM radio.

**Housekeeping**—We are an organization run mostly by volunteers. Please help by keeping classrooms and common areas clean.

Lunch-Options include the Daniel J. Curran Place cafeteria, ArtStreet Café, Kennedy Union and nearby restaurants—or you may bring a brown-bag lunch.

Quiet in the Halls—Socializing is highly encouraged, but not outside seminars in progress.

Seminar Liaison—UDOLLI members act as seminar liaisons for the moderators, helping to ensure that announcements are made, and equipment is set up and handouts are distributed. Not only are seminar liaisons essential to the smooth functioning of UDOLLI, but volunteering as a liaison also provides an opportunity to become better acquainted with moderators and classmates.

Training will be provided! If you would like to volunteer to be a seminar liaison, please contact the UD Special Programs and Continuing Education at 937-229-2605. Thank you!

### **ATTENDANCE**

We encourage you to attend all seminars and activities for which you have registered. Our moderators volunteer their time so it is important for them to know it is valued and appreciated.

- If you are registered for seminars and circumstances prevent you from attending seminars, before the session begins or after the session has started, please call Special Programs and Continuing Education at 937-229-2347 to cancel your seminar registration.
- An early cancellation helps another member attend a seminar that was full or at its capacity.
- Do not attend a seminar for which you have not registered, because some seminars have seminar limits or recommended text readings or materials.

# **UDOLLI MEMBER MERCHANDISE**

Express your UDOLLI pride with merchandise that has been created with you in mind. UDOLLI has partnered with the University of Dayton bookstore to showcase a collection of apparel and bags that allows you to show your support of this special program in a subtle and professional way. The items from this collection are perfect for the classroom, a Flyers basketball game or any occasion. The proceeds from items purchased from this collection will support UDOLLI initiatives and programming. Items can be purchased online at https://shop.udayton.edu/blog/ udolli-partnership. If you have any questions, please contact the University of Dayton bookstore at (937) 229-3233.

# THANK YOU CONTRIBUTORS

Thank-you to all the life members, distinguished service life members, friends and financial supporters. Your support and hard work have contributed greatly to UDOLLI.

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# OTHER CONTINUING EDUCATION PROGRAMS AT UD

#### SENIOR FELLOWS

If you are 60 years of age or better, you can become a UD Senior Fellow. Membership in the Senior Fellows program includes the privilege of attending any two seminars for which you meet the prerequisite—undergraduate—each term on an audit basis. (Books and special fees are extra.)

#### DAYTON CELEBRATION CHORUS

The Dayton Celebration Chorus is an adult community chorus that serves the city of Dayton and the Miami Valley region. Open to all interested adult singers and requiring no audition, the Chorus sings a diverse repertoire of both sacred and secular choral literature, with an emphasis on American music. Founded in 2003 as the Schuster Center Celebration Choir, the organization was first sponsored by the Victoria Theatre Association. In 2014, the group affiliated with the University of Dayton Office of Special Programs and Continuing Education.

Performance venues have included the Schuster Center for the Performing Arts, Courthouse Square Grande Illumination, Kroc Center, Dayton Art Institute, Victoria Theatre, The Greene, UD Arena, Fifth Third Field, and various churches and retirement communities. Chorus members have enjoyed performance opportunities with the Dayton Philharmonic Orchestra's Holiday Festival Community Chorus, the UD New Horizons Band, the Miami Valley Symphony, and various guest artists and conductors. DCC has been selected annually to sing the National Anthem for the Dayton Dragons at Fifth Third Field.

For registration information, please visit:

Udayton.edu/continuing\_education/noncredit\_offerings/daytoncelebrationchorus/.

#### **NEW HORIZONS MUSIC**

Learn to play music in a band as a senior adult—even if you have no musical experience! Playing music is a special joy that will help you maintain mental and physical health. It is also a way of experiencing life—playing music from the past keeps us in touch with those feelings; daily practice keeps us active in the present; and striving for new goals attaches us to the future. One band member describes it as "serious fun."

As a member of New Horizons Music, you will meet new friends and work with them as a team to learn music for concerts and other performances in the community. New Horizons ensembles typically perform many times each year in venues ranging from formal concerts to shopping malls and from parks to retirement and nursing homes.

UD New Horizons Music offers adults 50 years of age or better the opportunity to begin a musical instrument and provides a re-entry point for those who have been away from active music making for many years. Instruments taught include: flute, oboe, bassoon, clarinet, saxophone, trumpet, French horn, trombone, baritone, tuba and percussion.

For registration information, please visit: https://www.udayton.edu/continuing\_education/senior\_ programs/nhmp/index.php

#### THE FANTASTIC FLYER FOLLIES

The University of Dayton Special Programs and Continuing Education recently launched a traveling performance company exclusively for seniors. Are you a singer, dancer, musician or actor? Join us! No experience? No problem. Just bring your energy, enthusiasm and most importantly your love of musical theater!

Stay active, have fun and be a part of Dayton's Fantastic Flyer Follies!

Enrollment is \$40 for each six-month period.

For additional information and how to register, Contact Jacqueline Heman at 937-435-3353, or Barbara Hayde at bhayde043@gmail.com.

### Osher Lifelong Learning Institute at the University of Dayton

# **CONNECTING GENERATIONS & CULTURES**

#### A TALENT BANK & CLEARING HOUSE PROGRAM

With age comes experience and wisdom that can be priceless when shared with others

#### 1. What Is This Program About?

The UDOLLI Connecting Generations & Cultures (CGC) program connects UDOLLI to the Dayton area community utilizing our vibrant, highly educated, experienced and talented members. Connecting Generations & Cultures is a Talent Bank & Clearing House program for community organizations. We put your talents to work by connecting you to organizations to help carry out their mission. As members of our program, many of you are ready and anxious to share your decades of knowledge, experience and wisdom with those who can benefit.

#### 2. Connecting Criteria

The CGC program has been reaching out to various community groups, and many have reached out to us. We connect to organizations that meet any one of these criteria: is it educational, cultural, civic, social, governmental, inter-generational? Can our members and the organization's members contribute to and benefit from the connection experience? As opportunities come along we promote them to UDOLLI members. Check out our connected organizations at right. Let us know of any organizations you feel would make a good connection with our program.\*

\*NOTE: A recommendation is no guarantee we will make a connection. We carefully review every idea to ensure it fits within UDOLLI's mission and the objectives of the Connecting Generations & Cultures program. Our Executive Director makes all final decisions. All UDOLLI members involved with any Connecting Generations & Cultures program must understand and accept that they represent the Osher Lifelong Learning Institute at the University of Dayton and must adhere to all rules and regulations that may apply to the University and our program.

#### 3. Connecting You

Here's how we get you connected. We communicate an organization's needs in a variety of ways: email, newsletter, seminar announcements, special presentations and promotional flyers. You'll learn about the organization, decide if you're interested and then you reach out to the organization's contact directly. You are then on your way to a new adventure.

Your connection could be for a single project or an ongoing program. For example, you could share your ideas

during a creative planning session

or work with the organization on a regular basis to carry on their mission. There may be several of your fellow UDOLLI members involved in the same activity, or it might be just you. Whatever project or organization you get involved with, you will meet new friends and perhaps build lifelong relationships. You may even find that a connection can be life changing. You may be a senior, but you're not done yet! You can share your years of experience and wisdom to make our community a better place.

#### 4. Our Connected Partners

The following list includes all organizations to-date we have connected with since the inception of CGC in 2013. With some of our connections our members have been deeply involved working on a variety of projects, while with others we are just getting started in making deeper connections. The connection may currently be active or inactive. Our members have contributed their expertise in a variety of ways: teaching, mentoring, donating, facilitating deliberation discussions, and facilitating creative and strategic planning sessions.

- National Issues Forums Institute 1. (Kettering Foundation)
- 2. Mound Street Academies
- 3. Miracle Clubhouse (Miami Valley Goodwill Easter Seals)
- 4. Ohio Law Enforcement Association
- UD Center for International Programs 5.
- UD Center for Human Rights 6.
- 7. UD Alumni Mentoring
- 8. The Collaboratory
- 9. The Dayton Foundation Del Mar Encore Program
- 10. Discovery Lab Global
- 11. Village to Village Network
- Miami Valley Foodbank 12.
- Hillel Academy 13.



# **REGISTRATION AND RELATED INFORMATION**

Remember these helpful tips and important facts as you register.

- The \$50 registration fee per session entitles you to select as many seminars during that session as you wish.
- Payment is due when you register. Your confirmation letter serves as your receipt/invoice.
- You can register for UDOLLI seminars online or by mail, fax or phone. Email requests will not be accepted.
- After registering, a confirmation containing seminar registration will be sent to you.

**About refunds.** To receive a refund of your \$50 registration fee, please notify Special Programs and Continuing Education, 937-229-2347, by June 1, 2023. After that date, refunds are not given.

# **REGISTRATION PROCEDURES**

You can register for UDOLLI seminars online, by mail, fax or phone.

Online Registration—Recommended Registration Option (beginning Monday, May 8th at 9 a.m.) Each registrant will need to have his/her own individual email address. (Payment is required at time of registration.) While there are several methods to register, the online choice is recommended.

Online registration begins Monday, May 8th at 9 a.m.—mail, fax or phone requests will be accepted on/after Monday, May 15th.

Please contact the Special Programs and Continuing Education Office prior to May 8th, for information on pre-registering an online profile if one has not already been created for you. If unsure, the office can assist with information regarding profiles, setting up email accounts or other registration questions.



# TO REGISTER



#### Online (Beginning Monday, May 8th)

#### To access the registration site, there are two options:

- 1. Go directly to the online registration site at: https://udayton.eventsair.com/udolli/Summer23
- 2. Access the main UDOLLI webpage at go.udayton.edu/udolli. Click the navigation link Summer 2023 Seminars. Click Online-Registration, choose the correct prompt to either create a new user account, or sign in with your existing account.



#### Phone and Fax Registration (Beginning Monday, May 15th)

Call 937-229-2347 to talk with the Special Programs and Continuing Education registration specialist. If you receive a recorded message, please leave your name, telephone number and seminar selections, including alternative choices.

If registering by telephone, you may be requested to submit the completed registration form on page 25.

If registering by fax, please fax your completed registration form to 937-229-3500.



#### Mail Registration (Beginning May 15th)

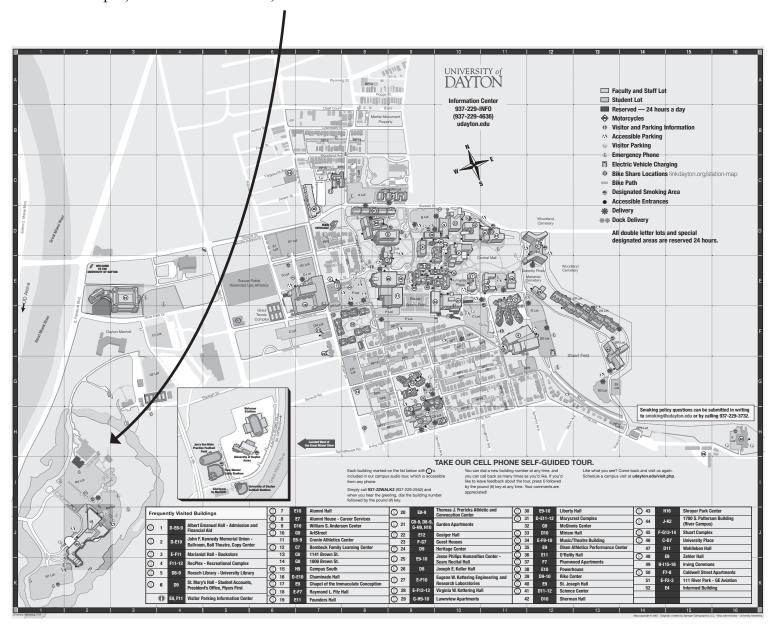
All mail-in registrations must be postmarked after **May 15th**.

- 1. Complete the registration form on page 25.
- 2. If you pay by check or money order, make it payable to "University of Dayton." If you pay by credit card, complete the method of payment information and include your signature.
- 3. Any registrations received before the first date of mail registration will be held for processing on after May 15th.
- 4. Mail to: University of Dayton Special Programs and Continuing Education 300 College Park Dayton, Ohio 45469-7011

"And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer."—F. Scott Fitzgerald

# **CAMPUS MAP**

The Office of Special Programs and Continuing Education is located on the University of Dayton's River Campus, Daniel J. Curran Place, 1700 South Patterson Blvd.







### UNIVERSITY OF DAYTON

# **OSHER LIFELONG LEARNING INSTITUTE**

To respond to	Enclosed is my donation in the amount of \$	
opportunities and	Name	
contingencies beyond	Address	
normal operating	City/State/ZIP	
expenses and to	Telephone	
support scholarships,	Please use my donation for a grant.	
UDOLLI relies on its	I have enclosed a matching gift form yes no	
development fund.	Please accept my gift in honor memory	
Donations, accepted	of	
in any amount, are	Send notification of honor/memory gift to:	
tax-deductible and	Name	
can be made in honor	AddressCity/State/ZIP	
	City/State/ZIF	
of someone. Some	Please check if applicable.	
companies have a	I have included UDOLLI or UD in my estate plan.	
matching fund policy	I am interested in life income or other deferred giving plans.	
for donations. Submit	Please return this form with your check made payable to the	
the completed company	University of Dayton/OLLI to:	
form (if applicable) with	University of Dayton	
the development form.	Special Programs and Continuing Education	
	300 College Park Dayton, OH 45469-7011	
Thank you so much.	To donate online go to:	
-	udayton.edu/give	
Your gifts are critical	Please charge my (check one)	
to our success.	Visa MasterCard Discover	
	Card number	
	3-digit V code (from reverse side of card)	
	Exp. dateSignature	

### **UDOLLI SUMMER 2023 REGISTRATION FORM**

#### I WISH TO ATTEND THE FOLLOWING SESSIONS:

#### **Monday Seminars**

- Creating Paper Crafts/Gifts One-Day Workshop, June 12, 9 a.m.
  - \_\_\_ Box lunch, \$10: ☐ Turkey ☐ Roast beef ☐ Vegetarian
- \_\_\_ Exploring the Mound Cold War Discovery Center, June 12, 10 a.m.
- \_\_\_\_ Senior Yoga, June 12, 19, 26, 1 p.m.
- \_\_\_\_ Tennis Instruction, June 12, 19, 26 AND June 14, 21, 28, (Mon. AND Wed.), 5 p.m.

#### **Tuesday Seminars**

- \_\_\_ So, You Think You Know Think<sup>TV</sup> PBS, June 13, 20, 9:30 a.m.
- Summer Walks Through Kettering, June 13, 20, 27 AND June 15, 22, 29 (Tues. AND Thurs.), 9 a.m.
- \_\_\_\_ UDOLLI Goes to the Movies: A Century of Cinema, June 20, July 18, August 15, 3 p.m.
- \_\_\_ Travel Is Back With a Vengeance! June 27, 1 p.m.

#### **Wednesday Seminars**

- West Virginia, Mountain Mama, Take Me Home, June 14 and 21, 9:30 a.m.
- \_\_\_ Chefery 101, June 14, 21, 1 p.m., ZOOM
- \_\_\_ What the Heck Is Geocaching? June 28, 9:30 a.m.
- \_\_\_ History of Old River Park, June 28, 1 p.m.

### **Thursday Seminars**

- The Dayton Art Institute: Past and Present, June 15, 9:30 a.m. (2-day seminar, second day June 16, 11 a.m.)
- \_\_\_\_ Aviation Heritage, June 15, 22, 29, 1 p.m.

#### **Friday Seminars**

- The Dayton Art Institute: Past and Present, June 16, 11 a.m. (2-day seminar, first day June 15, 9:30 a.m.)
- \_\_\_ Chi Gong Exercise Routine, June 16, 23, 30, 9:30 a.m.
- \_\_\_ Stay Fit While You Sit, July 14, 21, 28, 9:30 a.m.

# Lunch and Learn Noon-1 p.m., with seminars

### Wednesday, June 14

\_ Presenter: Julie Mitchell
Select box lunch: □ Turkey □ Roast beef □ Vegetarian

#### Wednesday, July 12

- \_\_\_ Presenter: Ann Anzalone
  - Select box lunch: ☐ Turkey ☐ Roast beef ☐ Vegetarian

#### Wednesday, August 16

- \_\_\_ Presenter: Dr. Eric Spina
- Select box lunch: ☐ Turkey ☐ Roast beef ☐ Vegetarian

#### PROGRAM REGISTRATION FORM:

# **\_\_\_ \$50** Program fee, includes seminars and Lunch and Learn

One complimentary parking permit, per household, will be provided for the Summer UDOLLI program. Parking location information will be included in your confirmation letter. Please call 937-229-2347 if you have questions or require additional information.

Online Registration begins May 8, 2023

If you do not wish to register for the summer program but would like to attend one or more Lunch and Learns, you may register for them individually. The cost is \$10 per Lunch and Learn.

# \_\_\_ Lunch and Learn Noon-1 p.m., without seminars \$10 Each

#### Wednesday, June 14

- \_\_\_ Presenter: Julie Mitchell
  - Select box lunch: ☐ Turkey ☐ Roast beef ☐ Vegetarian

#### Wednesday, July 12

- \_\_\_ Presenter: Ann Anzalone
  - Select box lunch: ☐ Turkey ☐ Roast beef ☐ Vegetarian

#### Wednesday, August 16

\_\_\_ Presenter: Dr. Eric Spina

Date of Birth \_\_\_\_\_

Select box lunch: ☐ Turkey ☐ Roast beef ☐ Vegetarian

Name\_

FIRST MIDDLE INITIAL LAST (Former, Maiden, etc.)
Address

County

City \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_

Phone \_\_\_\_\_

Emergency Contact Name

Emergency Contact Phone \_\_\_\_\_\_

☐ University of Dayton Alumnus Class of 19\_\_\_\_\_\_

Email Address \_\_\_\_\_□ Will need a tent card.

Online Registration begins Monday, **May 8th**, at 9 a.m. Mail, fax and phone registrations begin on Monday, May 15th. Requests received before that date will be processed on/after **May 15th**.

Method of Payment (Program Fee \$50)

Payment for:

Seminar Fee \_\_\_\_\_  $\hfill \square$  Check/Money order to UD  $\hfill \square$  Life Member

Other Fees \_\_\_\_\_

- ☐ UD/OLLI Tuition Remission
- ☐ Moderator ☐ Spouse of Moderator
- $\square$  Visa  $\square$  MasterCard  $\square$  Discover  $\square$  American Express

Card Number \_\_\_\_\_

Total \_\_\_\_\_ Signature \_\_\_\_