# From Connection to High Performance: The Relationship Advantage

**9/22 - 9:00 AM - 4:00 PM**

***With Morag Barrett***

Today's executives are juggling more than ever, and while the pressure is high, what is often missing is the one thing that makes the weight bearable: genuine connection. This highly practical program equips you with the tools to build and strengthen the relationships that matter most to your success and your team's performance. You will move beyond networking to identify critical stakeholders, map your relationship ecosystem, and take intentional steps to turn adversaries into allies. Through five actionable Ally Mindset™ practices, you will increase self-awareness, improve cross-functional collaboration, and show up as a stronger partner in every interaction. By focusing on strategic relationship building, rather than defaulting to familiar circles, you will boost productivity, reduce inefficiencies, and contribute to a more connected, high-performing workplace. This experience will help you foster trust, improve engagement, and enhance retention by making relationship-building a core leadership skill.

**This program will help leaders:**

- Explain how deepening trust and connection within teams impacts engagement, loyalty, and retention, especially in high-pressure environments.
- Evaluate strategies for reducing leadership isolation and burnout by fostering authentic peer and team relationships that support emotional and mental well-being.
- Design practices to intentionally build high-quality connections that promote psychological safety and strengthen team cohesion.

**Competencies: Customer Focused, Demonstrates Self-Awareness, Drives Engagement, Instills Trust, Interpersonal Savvy**

**Morag Barrett** is on a mission to create cultures of connection in a world of disconnection. As the CEO and Founder of SkyeTeam, an international leadership development firm, she's spent the last 18 years helping leaders and teams elevate results. With more than 15,000 leaders supported across 20 countries and 5 continents, her client list includes Google, Scholastic, Hackensack Meridian Health, and Newmont Mining. A sought-after keynote speaker and executive coach, Morag blends hard-earned business savvy with a refreshingly human touch. Since 2017, she's led immersive leadership programs for senior execs at the SIM Leadership Institute, and now serves as faculty for the Benson Leadership Academy supporting leaders at the Saints and Pelicans. She's also the author of three acclaimed books: Cultivate: The Power of Winning Relationships, You, Me, We: Why We All Need a Friend at Work (and How to Show Up as One!), and The Future-Proof Workplace. Her signature frameworks—the Relationship Ecosystem™ and Ally Mindset™—help teams build trust, psychological safety, and collaboration that actually sticks.