



WE'RE IN THIS TOGETHER.

What's the most effective deterrent to the abuse of drugs or alcohol in college? You are. Your talks with your daughter or son have the greatest impact on their behavior at school—and we're here to help.

YOU MAKE THE DIFFERENCE.

- The more you talk to your child about drinking and drug use, the more likely they are to make safer and healthier decisions.
- Tell your student that alcohol can be fatal when used in excess — drinking games, taking shots and alcoholic energy drinks all increase this deadly possibility.
- Discuss the reasons why he or she may choose to drink or experiment with drugs — understanding can lead to answers.
- The first six weeks of college are critical to success. Ask about his or her academic experience, professors and classes. Remind your child that education is the purpose of college and in order to succeed, they must attend class.
- Make sure your son or daughter knows the penalties for violating laws like underage drinking, public drunkenness, using a fake ID, driving under the influence, assault and other alcohol related offenses.



UNIVERSITY of
DAYTON



STUDENT LIFE

- As your student fills his or her social calendar, talk about the importance of activities that support their life and career goals.
- With dozens of intramural and club sports, immersion trips, service opportunities and more than 200 clubs on campus, there are activities for every interest.

YOU'RE CONCERNED?

- Don't ignore it.
- Express your concerns to your son or daughter. Let them know exactly what worries you and why.
- Call us. While we must protect student's confidentiality, we can set up free consultations by phone or in person.

YOU SHOULD KNOW THIS

- **Community Wellness Services** (alcohol and drug counseling)
937-229-1233 | go.udayton.edu/wellness
- **University Counseling Center**
937-229-3141 | go.udayton.edu/counselingcenter
- **Alcohol & Other Drugs Prevention Education**
937-229-2037 | go.udayton.edu/real
- All students must abide by state laws and University policies (go.udayton.edu/wellness/#4).
- Tragedy can happen to anyone. Please watch Gordie's story (gordiescall.org/haze-the-movie) in a free award-winning documentary.